



THE SCENE AT SUMMIT

Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071

Multi-Platform Sunday Services begin at 10:00 a.m.

Theme: Deep Listening

October 6

“Dream a Little Dream”

KC Marie Pandell, Minister

We continue our work on wondering together about our beloved Summit community, using our thoughts from last month’s cottage discussions as a guide. What sort of things can we dream into reality together, when we take stock of our history, our present, and what we hope may be possible?

October 13

“Soul Deep: Listening to Love”

KC Marie Pandell, Minister

A unique part of humanity is our capacity for understanding, how we learn new information, and come to new conclusions. Sometimes, though, there is a disconnect in understanding one another as readily or fully as we may a scientific advancement. Today, we explore the work of listening to understand, and the practice of deep listening as both community nourishment and spiritual practice.

We will be welcoming new members to Summit during the service.



October 20

“What’s in a Name?”

KC Marie Pandell, Minister

Unitarian Universalists are something of a religious enigma: people from outside this faith have all sorts of ideas about who we are (and we do, too!) But what does it mean when we say "Unitarian Universalist"? Join Pastor KC for an exploration of our varied beliefs, and bring a friend to share this wonderful community with!



October 27

“The ‘Green Washing’ of Actions & Policies”

Jack Shu, Guest Speaker

What often sounds like a good thing for people or the environment turns out to be a disaster. How can we listen, analyze, and ask critical questions when someone presents a solution to a problem or project? Jack will give some examples of economic/environmental justice problems and examine them and how they were falsely presented and sold. Using our core principles, how can we do better in the future?

The Mission Statement of Summit Unitarian Universalist Fellowship

In spiritual community, we commit ourselves to building a compassionate, just and sustainable world.



If you missed a service, or would like to see it again, you can watch it on our [SUUF MEDIA](#) YouTube Channel!



KC's Korner

~ KC Marie Pandell, Minister

Dear Summitarians and Friends:

And just like that, we are already in October (or just about to be, at the time of this writing). With celebrations of life, and rituals, and upcoming community events, it's not really a surprise I've already been back with you all for a month, and yet still, it feels like yesterday I was settling back in for my first meeting.

It's been a delight learning the ropes of Summit through Duncan's eyes: I have heard wonderful reception of his talents and work, and for my own part, I find him to be a wonderful addition to our staff and worship team. I feel our Sunday worship is already richer for his expertise, and I'm grateful to share in this work with and alongside him, as I have been with our entire wonderful staff.

My UUA Transitions course is plugging along, though it will keep me away from the Wednesday morning Zoom gatherings for the entire year. Those of you whom I would see there, please know I am with you in spirit.

My flight to Montgomery, AL for the intensive portion of the class is booked, and I'm excited to be in the time of learning and collegiality in just a few weeks. Please remember that, while I am out of the office from Oct 14-18, and in a different time zone, I am still available and working, should I be of support – it's been a while since I've had intensives AND needed to write a sermon in the same week, but I look forward to the challenge.

A final ask: Please do fill out the questionnaire that was emailed out (and linked on the next page) regarding my Ordination, whether you will be attending in person or not. This will help the team finalize details for rides to Orange

County, and make sure we all get some tacos and cake after the service! If you're interested in putting in some sweat equity, especially day of, please let me, Elinor W., or Stacey S. know, and we'll get you details on how that can happen.

I look forward to celebrating this momentous occasion with you all in just a few short weeks. It's the culmination of more than five years of work (with more academic books than I ever thought possible) and the Summit community has had more than a small hand in helping me to this moment. I am ever grateful to share this loving community with you.

Blessings,

Pastor KC

(714) 869-7645

summitminister@gmail.com

[Calendly Schedule](#)

MINISTER'S OFFICE HOURS

Pastor KC is delighted to receive your calls and emails. Her regular day off is Monday. She checks email on a limited basis on Friday, her study day. She is available for one-on-one meetings by appointment.

In Office Hours:

Tues: 10 am to Noon 2 pm to 5 pm
Thurs: 10 am to Noon 1pm to 5 pm

Zoom/Call/Etc (Zoom preferred):

Wed: 10 am to Noon 1 pm to 3 pm

Schedule an appointment: [Calendly Schedule](#)



The Ordination of KC Marie Pandell

You are invited to be a part of transforming our minister, KC Marie Pandell into "The Reverend KC Marie Pandell"!

We would like to know how many people to expect so we are sure to have enough refreshments, and to coordinate rides to Fullerton, as much as possible.

Please take a moment to RSVP and answer a few questions [HERE](#). All responses needed no later than October 16.



PRESIDENTIAL PONDERINGS

~ DEBBIE WINGARD, BOARD PRESIDENT ~

Dear Friends,

Our minister KC has suggested we consider what Summit means to us, what we are as a community, and what we want to be in the future. While our membership is down since COVID, as it is for most religious communities, I believe we are still a welcoming, loving and resilient community. We have strong lay leadership that led us through our time without a minister and are now stepping into shared ministry with our minister KC (who will be ordained this month!)

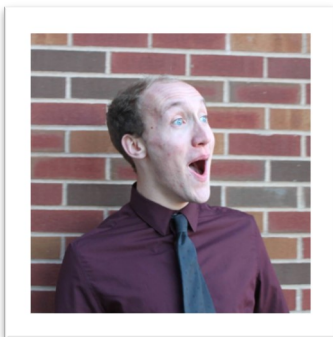
Personally, this has been a very challenging year for me. October 6th marks a year since Pierre's death. Not a day goes by without a reminder of how much I miss him – and not a day goes by without me being grateful to be a part of the Summit community. Our minister KC was with me and my sons in the hospital on the night Pierre passed and worked with me in the creation of a wonderful celebration of his life. Members of my Summit walking/covenant group provided loving support from the first day, checking in regularly to see what I needed, meeting me for lunch, going for walks, including me in activities when I felt up to it. The Choir grieved with me

the loss of our intrepid tenor. The Caring Committee provided wonderful support, including assistance with the reception following the Celebration of Pierre's Life. I can't say how much every word of kindness and support from members and friends at Summit got me through this year. I am so glad I had this community to meet with every Sunday. Even committee meetings have given my days purpose, while keeping me connected.

I know there are others who have lost loved ones in recent years or are facing medical or financial challenges, and it warms my heart to see so many fellow members and friends step in to provide support. This is one of the things I value most about our beloved community. I also value having a community to celebrate life with and have fun, to grow with spiritually, and to face the social and political challenges of our times. I look forward to hearing what Summit means to you and what you would like to see in our future.

With Love and Gratitude,

Debbie



SUMMIT'S MUSIC PROGRAM

DUNCAN MATTHEW, MUSIC DIRECTOR



The Summit Choir is back!

We are once again singing on the 2nd and 4th Sundays of the month. We would love to have more singers - please join us! We sound pretty good, we would sound even better with you!

Rehearsals are in the sanctuary on Wednesday nights
from 6:30-8:00 p.m





LIFESPAN FAITH FORMATION NEWS

MARY CARTER-VAIL, DIRECTOR OF RELIGIOUS EXPLORATION

Welcome to October! This has always been one of my favorite times of year. The hot days are transitioning to cooler weather and its time to think about getting

out the sweaters and rain boots as we get ready for a San Diego winter. While the changes in the environment are not as dramatic as other areas, when we take a pause to listen deeply to the natural sounds around us, we can hear the changes in the air. Welcome to the month of Deep Listening.

Deep Listening: Our theme for this month is an invitation to listen to build connections to each other. What would it be like to listen to understand rather than to respond to what was being shared? Here are a few suggestions for Deep Listening from our RE Soul Matters curriculum to center this theme:

- Deep listening brings us into the realm of compassion by helping us hear others without judgement by enabling us to listen to the calls of our own hearts.
- Listening is a social justice practice. It invites us to listen to those whose voices are often marginalized thereby enabling us to view the world differently and to call others to do the same. Also, not everyone listens in the same way (or physically “listens” at all). And so with this in mind, we encourage you to use the soul work table activities throughout the month to experience the many ways listening can be done.
- Listening is so much more than what we do with our ears.

By listening deeply to each other, we can hold each other in times of sadness and joy, support each other in times of stress and celebration and lean into centering love as spiritual practice. I invite you into a time to listen deeply and discover the wonder in each other’s stories.

Soul Work: Our Soul Work table will continue to be part of the cozy corner in the Sanctuary. We are working on new ideas to add to the table this fall. If you have an idea to share, let Mary know so we

can expand some of the activities on the table. Meanwhile, there is always something available to work with during the service. Take something to your seat as you listen to the service. The Soul Work Table and Cozy Corner are for all ages so please enjoy!

Join us for All Ages Faith Formation at Summit:

VOLUNTEERS NEEDED! We are growing our Religious Exploration program and expanding to an all-ages Faith Formation program. Join us and consider being part of this important part of our congregational life. (Volunteers who work with children will need to be background checked and take Mandated Reporter training.) Contact Mary at summitdre@gmail.com to explore ways you can be part of Faith Formation at Summit.

Our October Theme is Deep Listening.

We will be gathering in RE at 10am on Sundays for Religious Exploration. Our children and youth will participate in the service until after the “Time for All Ages” story. We will then split into age centered groups to engage in our activities in the Religious Exploration area and/or outside (depending on weather conditions). After the service, we will be joining our families in the Salon for sustenance & community social time. Nursery childcare will be available until 12 noon.

October 6 – Listen to Wisdom Within – What is deep listening? We are going to be looking to discover our own inner wisdom through story, games and art this Sunday as we begin to play with a new theme.

October 13 – Listening to the Un-Listened To – In this session, we explore how the practice of deep listening calls us to listen to the Un Listened to, i.e., people whose voices (and selves) are not considered worthy to listen to. We will practice through stories and listening games as an opportunity to practice listening to understand traditionally marginalized voices. We will also prepare for Bring a Friend Sunday next week.

(cont. on next page)

October 20 – Bring a Friend Sunday & Listening to Nature – This Sunday, bring a friend to Summit. We will be practicing our listening skills by listening to the sounds of nature and each other. Our children will be planning some activities to share with their friends and family for our bring a friend Sunday.

October 27 – Spooky Science Sunday – This is our annual Halloween special event! We love science experiments, especially ones with a fun reaction! For our annual Halloween event, we will be setting up fun science experiments for all Halloween adventurers to enjoy. *Help needed – Mary is looking for adults to share a fun science station with our kids. Please, let her know if you can help.*

These are the plans at the beginning of the month, and they may be adapted as our community needs adapt, so please watch the weekly Children's Religious Exploration Email. To receive the weekly email, send your email address to Mary at summitdre@gmail.com.

With deepest love and brightest blessings,

Mary

Mary Carter-Vail
she/they
Director of Religious Exploration

Children's Religious Exploration Committee

Mission Statement:

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

 **COMMUNITY EVENTS** 

October 6 at 11:30am

Getting to Know Us: An Orientation for Newcomers to Summit

Sponsored by the Welcoming & Membership Committee. See page 8 for details!

October 20 11:30am—2pm

Have you ever wanted to be a Bard or a Mage? How about learning what it takes to be a ranger or a shapeshifter? If this sounds like fun join our **NEW Role Playing Adventures Group!** All are invited to create a character and go on an adventure in an imaginary world with Summit families. All ages are welcome as we play together one Sunday each month. This group will meet regularly on the 4th Sunday to play and imagine together. (October and December on the third Sunday due to holidays.)

For more information email Mary at summitdre@gmail.com

October 26 at 11:30am

Spooky Science Sunday

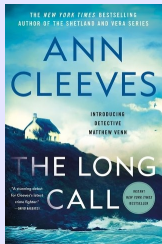
Calling science nerds of all ages. For our Halloween Carnival this year, we are going to create Spooky Science Sunday. Adults are needed to volunteer to share a fun science experiment with our carnival goers. Be part of the fun! Contact Mary at summtre@gmail.com.

∞ ADULT LIFE ENRICHMENT ∞

THE SUMMIT UU BOOK CLUB MULTI-PLATFORM OPTIONS!

The Summit UU Book Club meets on the First Tuesday, at 7pm. The group meets both in person in the Library and via Zoom, hosted by Debbie Wingard.

October 1 we will be discussing
**The Demon of Unrest: A Saga of Hubris,
Heartbreak, and Heroism at the Dawn of the
Civil War**, by Erik Larson.



Next month, on November 5,
we will be discussing **The Long Call**,
by Ann Cleeves.

Everyone is welcome, even new members -
either to participate or listen. If you have any
questions, please ask Cheryl at csmreck@outlook.com



GRIEF SUPPORT GROUP Pastor KC, Facilitator

KC leads a Grief Group for
Summitarians and friends
who are grieving the loss of a
loved one. The group will
meet on the 2nd Sunday (on
October 13) in the Sanctuary
at Noon.



Auction Corner News

Calling all Dragon Lovers!

From the local to the global, our world needs our dragon sense of compassion for humanity.

Member/Friend donations forms are due ASAP!

Now is the time to turn in your personal donation forms! Meals, Game Nights, Movie Nights, Picnics, Teas, and other events are a popular way to support Summit and provide opportunities to have fun with each other throughout the year! Paper forms available at Summit, or even better, use this online form:

<https://forms.gle/ZdnhgKGf7j8hxAE4A>

Your Favorite Business can be OUR Favorite Business!

We need just a few more business donations! For more information or to let us know you have a business willing to donate, please contact Pam Williams or Carol Legard. We can email you the Letter and Form, or you can pick them up from Summit. For phone calls, please leave a message. We will call you back!

Plan to join in the fun!

Online bidding: November 9-15

In Person auction: November 16



WELCOMING & MEMBERSHIP COMMITTEE

The Welcoming and Membership Committee invites you to join us at Summit on the first Sunday of October. The event is

Getting to Know Us: An Orientation for Newcomers to Summit.

Learn more about our Fellowship and Unitarian Universalism!

This will happen on Sunday, October 6th at 11:30 AM in the Summit Library. Our minister KC, Summit leadership, and members of the Welcoming and Membership Committee will be in attendance. There will also be food and beverages available as well.



This “Getting to know us” session will give newcomers and new members a better understanding of Unitarian Universalism and Summit UUF, which we hope will provide an avenue for deeper involvement with the denomination and Summit.

If you have been considering membership at Summit, but haven’t taken the final steps, you still have time to do this before our October 13th service, when we will recognize the new members who have recently joined.

The committee is also looking to re-form a team of Summit members to be at the greeting table Sunday mornings. We had a group of members doing this before we shut down for COVID. It’s a great way to say hi to regulars and get to know visitors. If you are looking for a way to help out at Summit, maybe this is something you would be interested in.

If you are interested in any of these, feel free to contact Jim Weed at HDSurf@aol.com or look for him at Summit on most Sundays.

SOCIAL JUSTICE IN ACTION

The Social Justice in Action Committee meets at noon in the Summit library on the second Sunday of each month. All members and friends interested in taking action on enhancing justice, freedom and the environment are invited to join us. If you would like to learn more, contact summitsjia@gmail.com. Everyone welcome!

The next SJiA meeting will be Sunday, October 13, at 12 Noon
in the Library and on zoom at <https://zoom.us/j/98852027774>

Sponsored by the Social Justice in Action Committee, PFLAG meetings continue on the third Wednesday of the month. All parents, friends, and allies of the LGBTQ+ community are welcome to attend.

For times and location please contact Ryn Corbeil or email eastcountysdc@pflag.com.



IN PERSON MEETINGS WILL BE HELD
MONTHLY STARTING JUNE 20

FOR LOCATION INFORMATION, EMAIL:
EASTCOUNTYSDC@PFLAG.COM

AFFINITY GROUPS

POETRY GROUP

Led by Margo Mariana

Please feel free to bring a short piece you have written to share with the group to get some feed-back support.

We meet in the Summit Library the last Saturday of each month.

Please call Margo Mariana at (619) 312-0903 if you have questions and/or to register.



Next meeting is
Saturday,
October 26,
10:00 a.m.—
12pm

WEDNESDAY MORNING CONVERSATIONS

We meet on Zoom and talk about what is in our hearts

and on our minds. We are open to new folks joining. It's informal - bring a topic you'd like to discuss, or just come in to hang out. It's a good time to be with other Summitarians that you might not get to see otherwise. Spread the word.



Wednesday mornings 9:00-10:00 a.m.

Join Zoom Meeting

<https://zoom.us/j/93838510596>

Meeting ID: 938 3851 0596

If you would like a reminder on Tuesday evening with the zoom link, let Pam know:
SuufVolunteer@yahoo.com

THE SUMMIT TUESDAY NIGHT MEN'S

GROUP Is now hosting open house meetings on the last Tuesday of each month. Any and all men in the Summit community are invited. The next OPEN HOUSE meeting is Tuesday October 29 in the library at Summit.

We are a supportive circle of men who share and listen to each other. We invite you to visit with us.

Interested men may contact Mark Weedman for details, (619) 334-5300 or markatpspectrum@hotmail.com.

MEN'S DISCUSSION GROUP #2

Summit's Second Men's Fellowship and Support Group meets on the 1st & 3rd Wed, from 7-8:30 pm. We invite you to join us if you wish. We are an "open" meeting in the sense that any man who wants to can participate if he so wishes.

Our group is going to start meeting in person, in the Library. If you prefer, you may continue to join us online, too. You can use any Apple or PC/Android device (desktop computer, laptop, iPad or other tablet, smart phone) to access our meeting, but it must have a microphone and a camera.

To get the link, please email Denny at denny.braun@usfamily.net.





Summit Unitarian Universalist Fellowship
 8778 Cottonwood Ave.
 Santee, CA 92071

OFFICE HOURS

Tues & Fri — 9 am to 3 pm
 Wed.— 9am to 1pm

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[Calendly Schedule](#)

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October, 2024



About SUUF Publications

Please send submissions for the monthly SCENE AT SUMMIT NEWSLETTER via e-mail on or soon after the 20th, to summitUUF@gmail.com

Please send submissions for the eNews, the weekly announcements, to SUUFVolunteer@yahoo.com by Tuesday noon. Check the eNews and website for additional news throughout the month.

If you have any questions, call the office, 619-562-0833, or e-mail us at SummitUUF@gmail.com.