



THE SCENE AT SUMMIT

Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071

Multi-Platform Sunday Services begin at 10:00 a.m.

August 4
“Righting History”
Rev. Everett Howe

How do we come to know about certain stories and people from history, but not about others? In this service we’ll consider some examples of forgotten or mis-remembered people and events from the liberal religious tradition. These stories lead to ethical and theological reflections that may help change how we listen to — and how we talk about — history.

August 11
“Close Encounter: A Personal Journey”
Alan McQuaide

Alan McQuaide will reveal how a close encounter with Earth and Mars changed him from an armchair astronomer to a visual astronomer. Alan developed a love for optics and he has shared the drama of the night sky with Summit at auction star parties. “We live in the golden age of astronomy,” according to Alan.



August 18
“Music Sunday”
Summit Musicians

Join Summit musicians Laurel and Sandy Bernstein, Ryn Corbeil, Karen Follingstad, Lisa Garvey, Suzanne McQuaide, Stacey Sasaki, Barbara Scheidker and Brendan Vaughn for an all-music service! Come join us, make yourself comfortable and enjoy the music.



August 25
“Why I Am a Unitarian Universalist”
Mark Weedman

Summitarian Mark Weedman will share how he came to Summit, and came to embrace the Unitarian Universalist religious tradition. Part biography and part theological reconstruction, Mark will share an update of his personal evolution on a path of religious liberalism.

The Mission Statement of Summit Unitarian Universalist Fellowship

In spiritual community, we commit ourselves to building a compassionate, just and sustainable world.



If you missed a service, or would like to see it again, you can watch it on our [SUUF MEDIA](#) YouTube Channel!

A MESSAGE FROM OUR SUMMER PASTORAL CARE MINISTER



Dear Summitarians —

Hello! My name is Rev. Everett Howe (he/him), and those of you who were members or friends between 2020 and 2022 will remember me as Summit's half-time minister during those years. I am grateful to be able to serve Summit again in a new way this summer, as your pastoral care minister while Pastor KC is away.

I will be working as an hourly employee as needed. Pastor KC and I agreed that rather than having specific "office hours," I will instead be available for pastoral calls throughout the week and weekend, with the understanding that I may not be able to respond immediately. My goal is that if you contact me in the morning or early afternoon I will call or write back by the evening, and that if you contact me in the evening or night I will respond by the following morning.

To reach me, you can email me at rev.everett.howe@gmail.com, or call or text my pastoral care number: 619-648-9287. If your call gets sent to voicemail, please leave a message!

Please don't hesitate to get in touch with me if you find yourself facing a situation or feeling something that a pastoral conversation might help you deal with, or better understand, or just come to accept.

I am looking forward to connecting with you!

For those who don't know me, or who would like an update on what I've been doing, here's a little background information.

I'm a 59-year-old white man, married and with two grown children, who has lived in San Diego since 1996. My first career was as a research mathematician, and even though I am no longer employed in that field, I still spend about 20 hours per week doing mathematical research as an independent scholar. I graduated from Starr King School for the Ministry in 2019 and was ordained by the First UU Church of San Diego in May 2020; currently I am an affiliated community minister at First UU. I started my work at Summit in July 2020 and helped lead the fellowship through the first two years of the COVID pandemic.

This summer I will be continuing my part-time work for the UUA as the [WorshipWeb](#) assistant, working as camp chaplain for elementary camp as I mentioned above, providing summer pastoral coverage for the UU Fellowship of San Dieguito as well as for Summit, and preaching at several congregations in Southern California, including Summit on August 4.

Yours in faith,

Rev. Everett



PRESIDENTIAL PONDERINGS

~ **DEBBIE WINGARD, BOARD PRESIDENT** ~

Dear Friends,

Things are happening!

We have new members. We have new families.

We are recruiting a Music Director and Social Media Consultant.

Many of us participated in the Santee and San Diego Pride Parades.

Our minister KC is being ordained on October 26th and an especially fun-filled Auction is coming November 16th!

How can you join in the excitement?

Watch the eNews and participate in events!

Share your talents and get to know more Summitarians!

If you love meeting people, consider becoming a Sunday greeter or helping the Sunday Café.

If you love engaging with people, consider joining the Membership Committee.

If you love helping people, consider joining the Caring Committee.

If you love to organize parties, consider the Hospitality Committee.

If you love gardening, consider volunteering to help our Property Steward Mark.

If you love spreadsheets (some of us do!), consider joining the Finance Committee.

If you love music, consider joining the Music Committee and/or Choir.

If you are passionate about Social Justice, consider the Social Justice in Action Committee.

If you are a fan of online connections/social media, consider the Media/Website Committee.

If you love to decorate/organize/have fun, contact Shannyn Allen or me about the Auction.

If you love to cook, contact Connie Henry who is organizing food for the Auction.

Have another skill but not sure where it would help? Contact me and we can discuss options! Not sure how to contact any of the above? Contact Nelwyn in the office or me. We'd be happy to help you get connected.

With love and appreciation for everyone in this great community,

Debbie Wingard





LIFESPAN FAITH FORMATION NEWS

MARY CARTER-VAIL, DIRECTOR OF RELIGIOUS EXPLORATION

Our beloved DRE Mary broke her right arm and had surgery on her elbow recently. This has made typing a tedious one-handed process, so we don't have a full update from her this month. We are all sending her healing energy for a quick recovery!



At the end of July, Mary, Elinor, and KC travelled to Meadville Lombard in Chicago to participate in the Lifespan Faith Formation intensive class with teams from four other congregations. We look forward to hearing about all they learned!



Children's Religious Exploration Committee

Mission Statement:

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

SOCIAL MEDIA AS A WAY TO GROW SUMMIT!

Unitarian Universalism is the best kept secret. Yet we have something amazing to offer so many people! We are launching our Social Media Committee so Summit can have a team working in a coordinated effort to get the word out about our community. This includes preparing items to post and keeping our website up to date. If YOU are interested in working on these kinds of projects, please contact Elinor Weed at meweew97@gmail.com.

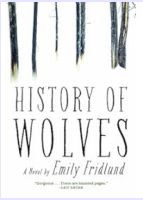
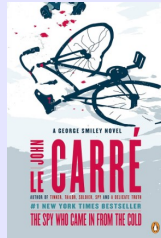
ADULT LIFE ENRICHMENT

THE SUMMIT UU BOOK CLUB MULTI-PLATFORM OPTIONS!

The Summit UU Book Club meets on the First Tuesday, at 7 pm. The group meets both in person in the Library and via Zoom, hosted by Debbie Wingard.

August 6 we will be discussing
The Spy Who Came in From the Cold,

by John LeCarre



Next month, on September 3,
we will be discussing
History of Wolves, by Emily Fridlund.

Everyone is welcome, even new members -
either to participate or listen. If you have any questions,
please ask Cheryl at esmreck@outlook.com

– Cheryl Smrek



GRIEF SUPPORT GROUP Pastor KC, Facilitator

KC's Grief Group is on
hiatus for the summer. It
will return September 8th!



Auction Corner News

Save the Date Nov 16th

Auction Business Committee would like your help!

Your Favorite Business can be OUR Favorite Business!

Auction collections start Summer 2024!

For information on how to help, contact Co-Chairs, Pam Williams and Carol Legard.

Want to Know this Year's Auction Theme?

Agree to help us and the Secret Will be Revealed to You!

Auction Committee seeks Chair Apprentice

Co-chairs, Shannyn Allen and Debbie Wingard seek an enthusiastic individual to assist in coordinating the details for this year's annual auction fundraiser. You will be learning skills in preparation to assist in future auctions. Benefits of co-chairing an auction include picking future themes, witnessing firsthand the generosity and skills of members, and contributing to the financial stability of our beloved community.

We guarantee a good time, good food and good luck in this year's rewarding auction season.

For email inquiries, please use summituuauction@gmail.com

☞ WELCOMING & MEMBERSHIP COMMITTEE ☞

Greetings, I'm Jim Weed, the chairperson of the Welcoming and Membership Committee. I hope this finds everyone enjoying the summer!

The Welcoming and Membership Committee is taking a break from our monthly meetings the last two months and will start up in August. We think it's important that everyone involved with the committee have a break and recharge themselves for the next year of the fellowship. This doesn't mean we are not busy in the life of the fellowship during this time. We're still helping Juana once a month in the salon and keeping track of both online and in person visitors. It's been great to see a steady stream of both, with many becoming regular attendees.

The committee hosted two Getting to Know Us events during the last year which were well attended. These were great opportunities for our regular visitors to get to know us better and to ask questions about Unitarian Universalism. We hope to plan for another one this fall.

We are excited about our 5 new members which we are tentatively planning to recognize during our October 13th service. If you feel you are ready to become a member of Summit and would like to become one and take part in the ceremony, feel free to contact me at HDSurf@aol.com.

I'll end this by thanking everyone at Summit for helping our fellowship in being the welcoming place it is.

☞ SOCIAL JUSTICE IN ACTION ☞

The Social Justice in Action Committee meets at noon in the Summit library on the second Sunday of each month. All members and friends interested in taking action on enhancing justice, freedom and the environment are invited to join us. If you would like to learn more, contact summitsjia@gmail.com. Everyone welcome!

The next SJiA meeting will be Sunday, August 11, at 12 Noon
in the Library and on zoom at <https://zoom.us/j/98852027774>

Sponsored by the Social Justice in Action Committee, PFLAG meetings continue on the third Wednesday of the month. All parents, friends, and allies of the LGBTQ+ community are welcome to attend.

For times and location please contact Ryn Corbeil or email eastcountysdc@pflag.com.



Come help Get Out the Vote for the November election!

We finally have a date for our Postcarding party! It's **Sunday August 18th** right after service and cafe time. We will have pizza and drinks. Feel free to bring anything you would like to share.

We will be writing postcards for campaigns in different swing states. Sandy Housley, from the group Change Begins with ME, will be there to get us ready and started. She will give us ideas to enhance our postcards.

Donations of postcard stamps or funds to buy them will be accepted gratefully, whether or not you can attend the party (a collection box will be available in the office.)



Feel free to contact Nathalee Johnston with any questions: 858-717-499.
Luvmyrc41@yahoo.com

Bring friends and family and let's party!

Hosted by the Social Justice in Action Committee



San Diego Pride Parade:

Summit members joined in the annual San Diego Pride parade on July 20th in Hillcrest. We marched as part of the UU float along with other San Diego County congregants. We also had a contingent of SUUF onlookers cheering us on. The event drew 250,000 participants! A wonderful and spirited time was enjoyed, along with a chance to mingle with so many in the community who are supporting LGBTQ+ pride.



AFFINITY GROUPS

POETRY GROUP

Led by Margo Mariana

Please feel free to bring a short piece you have written to share with the group to get some feed-back support.

We meet in the Summit Library the last Saturday of each month.

Please call Margo Mariana at (619) 312-0903 if you have questions and/or to register.



Next meeting is
Saturday,
August 31,
10:00 a.m.—
12pm

WEDNESDAY MORNING CONVERSATIONS

We meet on Zoom and talk about what is in our hearts

and on our minds. We are open to new folks joining. It's informal - bring a topic you'd like to discuss, or just come in to hang out. It's a good time to be with other Summitarians that you might not get to see otherwise. Spread the word.



Wednesday mornings 9:00-10:00 a.m.

Join Zoom Meeting

<https://zoom.us/j/93838510596>

Meeting ID: 938 3851 0596

If you would like a reminder on Tuesday evening with the zoom link, let Pam know:
SuufVolunteer@yahoo.com

THE SUMMIT TUESDAY NIGHT MEN'S GROUP

Is now hosting open house meetings on the last Tuesday of each month. Any and all men in the Summit community are invited. The next OPEN HOUSE meeting is Tuesday August 27 in the library at Summit.

We are a supportive circle of men who share and listen to each other. We invite you to visit with us.

Interested men may contact Mark Weedman for details, (619) 334-5300 or markatpspectrum@hotmail.com.

MEN'S DISCUSSION GROUP #2

Summit's Second Men's Fellowship and Support Group meets on the 1st & 3rd Wed, from 7-8:30 pm. We invite you to join us if you wish. We are an "open" meeting in the sense that any man who wants to can participate if he so wishes.

Our group is going to start meeting in person, in the Library. If you prefer, you may continue to join us online, too. You can use any Apple or PC/Android device (desktop computer, laptop, iPad or other tablet, smart phone) to access our meeting, but it must have a microphone and a camera.

To get the link, please email Denny at denny.braun@usfamily.net.





Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave.
Santee, CA 92071

OFFICE HOURS

Tues, Wed, Fri — 9 am to 2 pm

MINISTER

KC Pandell

714-869-7645

SummitMinister@gmail.com

[Calendly Schedule](#)

DIRECTOR OF RELIGIOUS EXPLORATION

Mary Carter-Vail

619-562-0833, ex 3

SummitDRE@gmail.com

OFFICE ADMINISTRATOR

Nelwyn Del Frate

619-562-0833, ex. 1

SummitUUF@gmail.com

PROPERTY STEWARD

Mark Weedman

markatspectrum@hotmail.com

WEEKLY ENEWS EDITOR

Pam Kerr: SUUFVolunteer@yahoo.com

SCENE AT SUMMIT NEWSLETTER EDITOR

Nelwyn Del Frate: summitUUF@gmail.com

Board of Trustees

Debbie Wingard—*President*

Carol Legard—*Vice President*

Dan Hand—*Secretary*

Brenda McGuinness—*Treasurer*

Directors:

Ryn Corbeil, Sally Jackson, Al Mork,

Jenny Saar, Suzanne McQuaide



August, 2024

About SUUF Publications

Please send submissions for the monthly SCENE AT SUMMIT NEWSLETTER via e-mail on or soon after the 20th, to summitUUF@gmail.com

Please send submissions for the eNews, the weekly announcements, to SUUFVolunteer@yahoo.com by Tuesday noon.

Check the eNews and website for additional news throughout the month.

If you have any questions, call the office, 619-562-0833, or e-mail us at SummitUUF@gmail.com.