summituuf.org June 2024



THE SCENE AT SUMMIT

Newsletter of Summit Unitarian Universalist Fellowship 8778 Cottonwood Ave., Santee, CA 92071

Multi-Platform Sunday Services begin at 10:00 a.m.

June 2

"Indian Country: Exploring Indigenous Theologies & Colonization" KC Marie Pandell, Minister

Osage scholar George Tinker stated that many indigenous Americans "found solace" in the religions of their colonizers, in no small part due to trauma and despair. Today, Pastor KC explores the realities of the theologies of indigenous Americans, and how they have been shaped into the future.

June 9

"What in Carnation: The History of the Flower Communion" KC Marie Pandell, Minister Mary Carter-Vail, DRE

The Flower Communion is one of this faith's most popular past times, but where does it come from? Join Pastor KC, our Dir. of Religious Exploration, Mary, and Summit's children & youth, on an exploration of the history of one of Unitarian Universalism's most beloved annual rituals. Please feel free to bring flowers to share.



June 16

Theme: Renewal

"Lessons from Dad: The Wisdom of Our Fathers"

KC Marie Pandell, Minister

Sometimes, fathers can feel mysterious and enigmatic. But we can learn a lot about them when they drop the odd pearl of wisdom. On this Father's Day, we reflect on the lessons of those who father, and how they shape us.

June 23

"Rebel Yell: Igniting a Turning Point in the Fight for LGBTQ+ Rights" KC Marie Pandell, Minister

Nearly 55 years after the Stonewall Uprising, misconceptions and misunderstandings still abound. Today, we examine the stories and the place the uprising holds in history and ask ourselves how we can use the same spark in today's fight for LGBTQ+ justice.

Our Annual Congregational Meeting will follow the service.

June 30 "Rise Up"

Swamini Adityananda Saraswati

Sometimes, we may feel that we are burning in the fire of life: burdened by troubles, personal upheaval or grief. Join us for an inspiring Sunday with global interfaith leader, Swamini Adityananda Saraswati, who is currently serving as First UU Church of San Diego's intern minister. In this hour of togetherness, she will share profound stories, and even provide possible answers for getting through.

The Mission Statement of Summit Unitarian Universalist Fellowship

In spiritual community, we commit ourselves to building a compassionate, just and sustainable world.





If you missed a service, or would like to see it again, you can watch it on our <u>SUUF MEDIA</u> YouTube Channel!



KC's Korner ~ KC Marie Pandell, Minister

Dear Summitarians and Friends,

As I sit here reflecting on the last year, I'm reminded that (as of this writing), a year ago today I was touching down in Chicago to attend the graduation ceremony for my Masters of Divinity, a joyous occasion where I was finally meeting my small cohort of exceptional ministerial colleagues after 3 years of digital, Pandemic grad school. I had already come to meet many of you a few weeks before, and I was eager and anxious to get here and begin the good work of shared ministry together. Now, a year later, we have grown and changed and loved each other into new places, and can enthusiastically look forward to more years of ministry and covenant together.

It cannot be understated that, unlike many other faith communities where the governing body decides who can become "Reverend," "Father," or "Rabbi," in Unitarian Universalist spaces the power of ordination rests solely with our congregations. Only you have the power to grant this spiritual title to a minister, and that is something I can joyfully share that Summit has agreed to do, in partnership with my beloved home congregation, the UU Congregation in Fullerton, CA. It is a celebration of the heart, mind, and spirit. It is a joyous occasion, and something that is once-in-a-lifetime for the ordinand (that's me!). Sharing this moment with Summit will hold a special place in my heart that will never fade, for as long as I live. I am grateful, honored, and humbled to be honored by you all; it has been scheduled for October 26 and I look forward to sharing details soon.

The last 10 months together have been illuminating, enlightening, heartening, and so delightful, despite no small modicum of challenges, losses, and missteps. No ministry is perfect, and I appreciate so deeply that none of us expect perfection from each other. We have

dreamed big, and sometimes fallen short. We have aimed for the stars, and while we haven't landed (yet!), we have explored so much together. We can continue to look forward to new ways of thinking, dreaming, and being together, and in the world. As I depart at the end of June for some time of rest, rejuvenation, and my own spiritual exploration and fulfillment, I look forward eagerly to my return, knowing I have the pleasure of returning to the wonderful Summit community, where we have many moons worth of really wonderful, fulfilling, deep work together. I can't wait to see where the next few years take us. Thank you for choosing me to be your minister.

Blessings, and all my love,
(Almost Rev, but in the meantime)

Pastor KC

(714) 869-7645 summitminister@gmail.com Calendly Schedule

PS: My dates away for the summer are June 24 - August 20.

MINISTER'S OFFICE HOURS

Pastor KC is delighted to receive your calls and emails. Her regular day off is Monday. She checks email on a limited basis on Friday, her study day. She is available for one-on-one meetings by appointment.

In Office Hours:

Tues: 10 am to Noon 2 pm to 5 pm Thurs: 10 am to Noon 1pm to 5 pm

Zoom/Call/Etc (Zoom preferred):

Wed: 10 am to Noon 1 pm to-3 pm

Schedule an appointment: Calendly Schedule



LIFESPAN FAITH FORMATION NEWS

MARY CARTER-VAIL, DIRECTOR OF RELIGIOUS EXPLORATION

It's the end of the school year for some families and a great time for this month's theme: Renewal. We are in a process of

renewal throughout our lives as we grow and recover from life's many changes and challenges. It's when we have a place like Summit to hold us in celebration and in tender times that we receive the blessings of renewal through the companionship of community. Let us experience renewal together.

The Gift of Renewal: This past year we have been exploring ways to engage our RE children with the UUA's proposed new Article II values and inspirations statement. Having already explored all of the Article II values, we turn this month to the Article II Inspirations section and its talk of the experience of Renewal. Here is the wording that is used:

"Direct experiences of transcending mystery and wonder are primary sources of Unitarian Universalist inspiration. These experiences open our hearts, *renew our spirits*, and transform our lives."

Please note that these are big concepts for our youngest children so we will be exploring them in age-appropriate ways. We will start by creating our own understanding of these values and then dive a bit deeper as we work towards the promise of a Beloved Community.

This month we will be exploring Renewal as we bring the Religious Exploration year to a close. We begin by celebrating Pride month and working together with Pastor KC to plan our annual RE Sunday which will include the Flower Communion this year.

Soul Work: Our Soul Work Table has new content this month with the theme of Renewal. There will be materials to make Rainbow Pride bracelets along with flower crown making on RE Sunday. The stained-glass coloring pages and embroidery hoops are still available as well. Take something to

your seat as you listen to the service. The Soul Work Table and Cozy Corner are for all ages so please enjoy!

OWL – Our Whole Lives for Upper Elementary continues: Our OWL program has been going strong for the 4th, 5th & 6th graders at Summit. We have 5 children participating with a group of 8 adult leaders rotating to teach this important program on health and puberty. Thank you to all who are making this possible.

Summer FUUN in RE starts on July 7. We will be exploring UU Values through community play using LEGO, robotics & other building manipulatives and materials. It's going to be a creative & playful time and may even include some cooking with Mary. Want to help? Let me know if you want to be part of creating a fun summer.

Join us for All Ages Faith Formation at Summit:

We are growing our Religious Exploration program and expanding to an all-ages Faith Formation program. Join us and consider being part of this important part of our congregational life. (Volunteers who work with children will need to be background checked and take Mandated Reporter training.) Contact Mary at summitdre@gmail.com to explore ways you can be part of Faith Formation at Summit.

Our June Theme is The Gift of Renewal.

We will be gathering in RE at 10 am on Sundays for Religious Exploration activities. Our children and youth will participate in the service until after the "Time for All Ages" story. We will then split into age centered groups to engage in our activities in the Religious Exploration area and/or outside (depending on weather conditions). After the service, we will be joining our families in the Salon for sustenance & community social time. Nursery childcare will be available until 12 noon.

June 2 – Many Views: "We Need Each Other to Perceive The Whole!" In this session we will be exploring how each of us may see something different even while looking at the same thing. We will then create some art as we share our different ways of seeing and how each of our ideas is part of the whole.

June 9 – RE Sunday with Flower Communion – Our children and families are working with Pastor KC and I to create a special service that includes this 100-year-old, uniquely UU ritual, the flower communion. Join us for this very special day and make a flower crown to wear home. Bring flowers to add to the communion ceremony.

June 16 - Re-Embody! Renewing our spirits through nature and our physical being. Join us on this Father's Day for some fun and games as we connect with the natural world and get moving.

June 23 – Reconnect! Renewing our spirits through community. We will be connecting and renewing our connections by making friendship bracelets and playing friendship games. Following this service will be our Annual Meeting. Childcare will be provided for the meeting so that our parents can attend.

June 30 – Refresh-ment! Renewing our spirits through ice cream!. This week is going to be our annual Sundae Sunday! Our children and families will be playing games and celebrating the beginning of summer in a refreshing way: with Ice Cream and non-dairy options. Join us for some sticky fUUn.

These are the plans at the beginning of the month, and they may be adapted as our community needs adapt; so, please watch the weekly Children's Religious Exploration Email. To receive the weekly email, send your email address to Mary at summitdre@gmail.com.

With deepest love and brightest blessings,

Mary

Mary Carter-Vail she/they Director of Religious Exploration

<u>Children's Religious Exploration Committee</u> <u>Mission Statement:</u>

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

Lifespan Faith Formation - for All Ages

Accessing the Gifts of your Intuition Saturday June 15, 2024 10 a.m.-Noon in the Library

We all are intuitive. Our brains have a left and right lobes---the left lobe is the rational, logical part of our mind; the right lobe is the intuitive-psychic, creative, empathy part of our mind. We also have many other kinds of intelligence: ESP--what we can "know" through our emotions, our senses and perspectives widened by using them. In this workshop we will explore your abilities to get attuned to these parts of self to learn how to "tune into", be more aware and sensitive to self and other people, situations, to become more conscious for the sake of higher growth for all.

➢ COMMUNITY EVENTS ←

Summit Lifespan Religious Exploration Youth & Young Adult Social with Pastor KC & Mary -Sunday, June 9, 2024 @ 2 pm

Join Pastor KC and Mary for a special afternoon social of food and mocktail making for Summit Youth and Young Adults. This is for our youth and young adults as a special time to get to know KC and to connect with each other. Pastor KC was a professional bartender and will

be teaching us some fun mocktails so we can make alcohol free yummy beverages. Mary will be bringing her chef skills and teaching us how to make veggie spring rolls to enjoy. We will be gathering in the Salon on June 9th at 2 pm to make our creations and have some social time together. Open to all teens and young adults at Summit. (Young Adults in UU spaces are ages 18 to 35.)



Summit's next Auction will be held on November 16, 2024

ADULT LIFE ENRICHMENT ←

THE SUMMIT UU BOOK CLUB MULTI-PLATFORM OPTIONS!

The Summit UU Book Club meets on the First Tuesday, at 7 pm. The group meets both in person in the Library and via Zoom, hosted by Debbie Wingard.



June 4 we will be discussing <u>West With Giraffes</u>, by Lynda Rutledge

Next month, on July 2 we will be

<u>The Darkness: A Thriller: Hidden Iceland Series, Book 1,</u>

by Rangar Jonasson

Everyone is welcome, even new members - either to participate or listen. If you have any questions, please ask Cheryl at csmreck@outlook.com



GRIEF SUPPORT GROUP Pastor KC, Facilitator

KC leads a Grief Group for Summitarians and friends who are grieving the loss of a loved one. The group will meet on the 2nd Sunday (on June 9) in the Sanctuary at Noon.

> WELCOMING & MEMBERSHIP COMMITTEE -

Juana Page has been the tireless queen of the Salon for years, ensuring that the space is ready for everyone to socialize after the service. I'm always amazed with the time and effort she puts into this for Summit Fellowship. While never complaining, I know she appreciates it when she gets assistance from Summit members and friends.

I think that supporting her with guaranteed help would help show her how much we appreciate her efforts by having a consistent group of people helping her. The Welcoming and Membership Committee has committed to the fourth Sunday of the month to provide the extra hands she needs. That's why I'm challenging other committees, covenant groups and organizations to do the same, to commit to one Sunday a month to help. I know I enjoy having a place to visit with people after the service and helping her will go a long way to show her how much her work means to us. If you can help, look for a sign-up in the Salon after the service and commit to one Sunday to help.

Jim Weed, Chair, Membership & Welcoming Committee <u>HDSurf@aol.com</u>.

SOCIAL MEDIA AS A WAY TO GROW SUMMIT!

Unitarian Universalism is the best kept secret. Yet we have something amazing to offer so many people! We are launching our Social Media Committee so Summit can have a team working in a coordinated effort to get the word out about our community. This includes preparing items to post and keeping our website up to date. If YOU are interested in working on these kinds of projects, please contact Elinor Weed at meweed97@gmail.com.

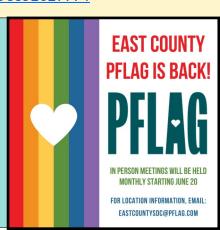
> SOCIAL JUSTICE IN ACTION <

Bring your hearts and minds to our monthly SJIAC Meeting. Join us the second Sunday of the month at 12pm in the library. A hybrid format utilizing Zoom will be available. If you would like to learn more, contact summitsjia@gmail.com. Everyone welcome!

The next SJiA meeting will be Sunday, June 9, at 12 Noon in the Library and on zoom at https://zoom.us/j/98852027774

Sponsored by the Social Justice in Action Committee, PFLAG meetings continue on the third Wednesday of the month. All parents, friends, and allies of the LGBTQ+ community are welcome to attend.

For times and location please contact Ryn Corbeil or email eastcountysdc@pflag.com.



Santee Pride Walk: Saturday, June 22nd, 10:00AM

Santee's 2nd Annual Pride walk on Saturday June 22nd at 11AM. This LGBTQ2+ walk is sponsored by the Santee Methodist Church. Last year, over 25 friends and members of SUUF supported the walk with over 300+ people. Join us and other Summitarians in our show of support for this important walk in East County. There will be food trucks and many guest speakers. For more information on the event, please see the QR code below.







Please come and join us even if you are unable to walk the 2 mile route. We will have some great speakers and information tables from local groups as well as food trucks.

Volunteers Needed for SUUF Table and with Traffic Control at Santee Pride Walk:

Summit will "host" a table at Santee's Pride Walk. We will need to arrive by 9AM in the parking lot of Santee Methodist Church. A canopy, table, SUUF info material, and "goodies" will need to be supplied at the table. This will be a chance for outreach here in the East County community. All are welcome to help or generate ideas for Summit's table. The Santee Methodist Church also need assistance with: Traffic control, monitors for the "walk" to keep people out of the road and assisting when in crosswalks. Please reach out to Erin (erindoherty1@yahoo.com) for more information.

➢ AFFINITY GROUPS ≪

THE SUMMIT WOMEN'S GROUP

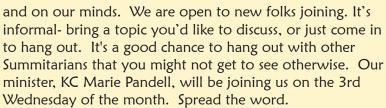
This multi-generational group is open to all interested Summit women and their friends. The group will meet via Zoom. If you would like to be added to the e-mail list to get the Zoom link, or if you have questions, please contact Carolyn Woodbury at

cbwoodbury@gmail.com

Contact Carolyn to find out the date of our next meeting.

WEDNESDAY MORNING CONVERSATIONS

We meet on Zoom and discuss what is in our hearts



Wednesday mornings 9:00-10:00 a.m. PDT

Join Zoom Meeting https://zoom.us/j/93838510596

Meeting ID: 938 3851 0596

If you would like a reminder on Tuesday evening with the zoom link, let Pam know:

SuufVolunteer@yahoo.com

THE SUMMIT TUESDAY NIGHT MEN'S

GROUP Is now hosting open house meetings on the last Tuesday of each month. Any and all men in the Summit community are invited. The next OPEN HOUSE meeting is Tuesday June 25 in the library at Summit.

We are a supportive circle of men who share and listen to each other. We invite you to visit with us.

Interested men may contact Mark Weedman for details, (619) 334-5300 or markatpsectrum@hotmail.com.

MEN'S DISCUSSION GROUP #2

Summit's Second Men's Fellowship and Support Group meets on the 1st & 3rd Wed, from 7-8:30 pm. We invite you to join us if you wish. We are an "open" meeting in the sense that any man who wants to can participate if he so wishes.

Our group is going to start meeting in person, in the Library. If you prefer, you may continue to join us online, too. You can use any Apple or PC/Android device (desktop computer, laptop, iPad or other tablet, smart phone) to access our meeting, but it must have a microphone and a camera.

To get the link, please email Denny at denny.braun@usfamily.net.





DON'T' FORGET!

Summit's annual Congregational Meeting will follow the service on Sunday, June 23 in the Sanctuary. Members will be voting to approve the 2024-25 budget, and affirming our new slate of Board officers. If you are a member of Summit, please attend and make your vote count! Look for an email with all the details to come.

Denominational News YOU -> Summit UU Fellowship -> SD Cluster ->

Pacific SW Service Area -> Pacific Western Region -> Unitarian Universalist Association



UUA GENERAL ASSEMBLY VIRTUAL GA · JUNE 20 - 23, 2024

GENERAL ASSEMBLY REGISTRATION IS OPEN LOVE UNITES, STORIES IGNITE

In a world filled with division and challenges, the theme for this year's General Assembly is a powerful reminder of the core principles that unite us as Unitarian Universalists. "Love Unites, Stories Ignite" celebrates the profound impact of love as a binding force that transcends boundaries and fosters connections within our faith community and beyond.

Our faith has always been rooted in the power of storytelling, and this year we'll explore how our stories can ignite change, inspire compassion, and help us build a more just and equitable world. Through storytelling, we share our experiences, our dreams, our struggles, and our triumphs. It is through these stories that we can find common ground, deepening our understanding of one another and the world around us.

The 63rd General Assembly will take place virtually Thursday, June 20 through Sunday, June 23, 2024. Registration is open – through May 15 it is \$315 and provides access to over a hundred workshops, special lectures, worship services, and (new) cohort groups – over a dozen groups where you can virtually gather with others interested in similar areas of congregational life. Or you can register to attend the business sessions-only for a donation. If you would like to vote in the business meetings, contact Carol Legard to ask about being a Delegate for Summit (we get 3)!

You may now <u>view the GA schedule</u> to see the lineup of informative workshops, inspirational worship services, and

more!



OFFICE HOURS

Tues, Wed, Fri — 9 am to 2 pm

MINISTER KC Pandell

714-869-7645

SummitMinister@gmail.com

Calendly Schedule

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About SUUF Publications

Please send submissions for the monthly SCENE AT SUMMIT NEWSLETTER via e-mail on or soon after the 20th, to summitUUF@gmail.com

Please send submissions for the eNews, the weekly announcements, to **SUUFVolunteer@yahoo.com** by Tuesday noon.

Check the eNews and website for additional news throughout the month.

If you have any questions, call the office, 619-562-0833, or e-mail us at **SummitUUF@gmail.com**.