



THE SCENE AT SUMMIT

Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071

Multi-Platform Sunday Services begin at 10:00 a.m.

Theme: **Mystery**

Dec. 3

Poetry – The Universal Language
Margo Mariana, Liz McHugh, Susan Allen,
Diane Lowrie, Guest Speakers

This lay-led service will celebrate the mystery of poetry, a media that has appealed to all cultures throughout human history.

Dec 10

"A Marvelous Mystery"
RE Children's Holiday Service along with
KC Marie Pandell, Minister &
Mary Carter-Vail, DRE

This year's annual Religious Exploration Holiday service is a collaborative adventure exploring the mystery of the long, dark nights awaiting the return of the light. Our children are working with Pastor KC and our Dir. of Religious Education Mary to create a unique holiday service that will be a gift to all who attend -- there may even be some unusual packages to open! The young and young at heart are all welcome to join us in unwrapping a very special service.

Dec 17

"In Joy and Sorrow"
KC Marie Pandell, Minister

The holiday season is one that is full of laughter & cheer. But sometimes the songs, food, and glittering decorations bring with them sorrow,

when our lives don't look the picture-perfect presentation we've come to expect. Join Pastor KC for our Blue Holiday service, making space for the tender, grieving parts of our souls, gathering together in loving kindness.

Dec 24 at 5 PM

"Of Starlight and Dreamworks"
KC Marie Pandell, Minister



Every generation brings the possibility of new beginnings, of peace and solace. The Christmas story is one of many ways we see our hopes manifest. Join Pastor KC for our annual candlelight Christmas Eve service, exploring how love and hope can guide us when the world feels too big, and too frightening.

Dec. 31

"Songs of Grace"
Grace Lewis-McLaren, Guest Speaker

The very last Sunday of the year! Something different for all ages today. We'll sit facing the piano as Grace Lewis-McLaren, mother of Mary Carter-Vail, leads this service of story and song. Grace is a longtime UU who spends her winters here in California but keeps a single-wide motor home in Brunswick, Maine for the summer months.

The Mission Statement of Summit Unitarian Universalist Fellowship

In spiritual community, we commit ourselves to building a compassionate, just and sustainable world.



If you missed a service, or would like to see it again, you can watch it on our [SUUF MEDIA](#) YouTube Channel!



KC's Korner

~ KC Marie Pandell, Minister

Dear Summitarians and Friends,

I can hardly believe we're reached the end of November already! It seems like it's been the blink of an eye, and yet, it's been full of so much love and care. I continue to be so proud to be a part of this wonderful, plucky little community. My gratitude for your love, support, kindness, and resilience are unmatched. It's been positively delightful to be a San Diegan and have the opportunity to spend time with more of you in person on a weekly basis; Zeus, Vulcan, and I feel so fabulously welcome and at home, and it's a joy to get to know you all in ways more than just in Zoom boxes.

I keep promising the return of Joys & Sorrows, and they will officially return in January: you will be able to share your joys & sorrows with me via email/text throughout the week, as well as have the opportunity to write them on forms in the Sanctuary. You are invited to light a candle as a symbol of your heart's sharing, and either myself or a worship associate will read your sharing aloud during the worship service.

Additionally, look for our new grief group to begin in December, in person at Summit's Library; if you cannot make it in person, please reach out to me at summitminister@gmail.com, and we'll find time for us to touch base; there is a strong possibility we will have a Zoom-only meeting, as well.

The Minister's book group will begin in January, focusing on subjects such as anti-oppression, anti-racism, decentering of whiteness, and many others. We will read one book per month, and meet to discuss in a hybrid fashion, in the Library. Bringing snacks to share will be highly encouraged, tea and instant coffee will be

provided. Our first book will be Danya Ruttenberg's *On Repentance and Repair: Making Amends in an Unapologetic World*, which is this year's Unitarian Universalist Common Read – I completed it a few weeks ago, and I think we will get a lot out of reading and being in conversation together.

We will have opportunities to worship in joy together, in consolation, and in desolation during this holiday season. I know the holidays can be both a time of joyous excitement, as well as painful tenderness. There is space for all of our emotions, particularly the tricky ones. As always, my door is open for a chat, a warm drink, and space to just **be**. Please see [my Calendly](#) for appointment booking: Tuesdays and Thursdays are my regular in-office days, so feel free to swing by for your appointment in person; all other appointments are on Zoom unless otherwise discussed. Appointments after worship on Sunday may also be held in my office.

Looking forward to the rest of the year and seeing what the new year has in store for us all, including the upcoming Auction in January; please reach out to our Auction team if you'd like to volunteer to help our Summitopolis!

Blessings, and all of good thoughts,

Pastor KC

(714) 869-7645

summitminister@gmail.com

[Calendly Schedule](#)



Message from the President

Hello members, friends, and staff of Summit,

I'm happy to be offering my first column as acting President. A little bit anxious, but also happy to be involved; looking forward to working with our wonderful new minister, KC and the Summitarians who are bringing the fun and fellowship back to our community.

It's December! I am like a lot of people who for whatever reason do not love this season. I usually approach the holidays with a mix of anxiety and depression. This year I'm missing my mom, who passed away in March, and friends from Summit who are no longer with us. The commercialization and crazy length of the holiday sales season gets to me. I try to let go of expectations for how the holidays should be. These days I try to find those moments of joy in daily life and pause and take them in. I'll try to remember to pay attention when I see a beautiful sunrise, a scrub jay on the back porch, or drive by an over-the-top Christmas light display. The other thing I've done this year is volunteer to take on more at Summit.

Volunteering, especially if I am working with others, almost always lifts my spirits and pulls me away from my self-involved belly-gazing. I hope that if you need a lift this year that you will consider finding something to volunteer for at Summit. We need help with many things that don't require a huge commitment: For example, donate something for the upcoming auction, be a Sunday morning usher, volunteer once a month with the Religious Education program, or help with setting up or cleaning up for the Sunday Café.

Also, please stop by and visit the Summit UUF booth at Lakeside's Spirit of Christmas on Saturday, December 2, 3:00-7:30 pm. We'll be on Maine Avenue, just off Lakeshore Drive.

To all of you, Merry Christmas, Happy Hanukkah, Happy Kwanzaa, and Good Joy for whichever holidays you celebrate this season.

Carol

The Summit Board of Directors meets in-person (in the Library) and virtually on the third Thursday of the month at 7 pm.

WhaleCoast Alaska - A More Authentic Travel Experience



Two unique, exciting fundraising tours organized by 4 Alaska UU congregations are being offered again next summer by WhaleCoast Alaska. Experience majestic scenery, wildlife, Denali National Park, Alaska Native culture, glaciers, and UU homestays. For 30 years, WhaleCoast Alaska tours have been



the BEST way to visit Alaska. Register now for this amazing experience!

Details: www.WhaleCoastAK.org Questions: whalecoastak@gmail.com



RELIGIOUS EXPLORATION/FAITH FORMATION NEWS

MARY CARTER-VAIL, DIRECTOR OF RELIGIOUS EXPLORATION

As we move through the longest nights of the year, we are invited to discover the restful beauty of the dark and anticipate the return of the light as days lengthen after the Winter Solstice. It can feel like a time of wonder and anticipation, especially for the youngest, as we enter a season of holy days that celebrate the mystery of the season. Many of us can get caught up in the trap of being busy as we get ready for the various holidays and celebrations. The invitation of the long nights, however, is to take a moment to stop, reflect, wonder, and even rest. Let us embrace the gift of mystery together.

The Gift of Mystery: A child's work is to learn about the world through exploring. When children play, they are doing this work as they figure out, through playful exploration, how to be in community with others and how to be true to who they are. This is a process that we are each invited to continue throughout our whole lives. For some, mysteries are meant to be solved and many faith communities offer a whole variety of answers for those who need them. One of the biggest gifts and challenges of Unitarian Universalism we are each invited on a personal faith formation journey while covenanting to be in a shared faith community. We all experience mystery throughout our lives. The "play" of exploring mystery together at Summit is the gift that is extended to each of us. Let us play together.

Soul Work: Last month we introduced the Soul Work Table in the Sanctuary. If you have not gone to explore the offerings, I encourage you to venture over and see what a month of

Mystery has to offer. You can make a snowflake to add to our tree or create a scratch art ornament. The stained-glass coloring pages and embroidery hoops are still available as well. Take something to your seat as you listen to the service. The Soul Work Table is for all ages so please enjoy!

An Update from Mary: I am back from my second hip surgery so both sides are done! Yay! I will still be moving a bit slowly as I continue to build strength and learn to use the new joint. You may also notice that I have a very small shadow named Peanut. This small puppy is my new companion. My neighbor gave him to me after her pug and cattle dog/healer, had a litter of eight pups. (I call him a Hug.) He is just what I need now as I continue to grieve the loss of my partner, Paul.

Join us for All Ages Faith Formation at Summit: We are growing our Religious Exploration program and expanding to an all-ages Faith Formation program. On Dec 3, after the service, we are gathering with Pastor KC, Mary C-V and Elinor Weed to create what is next as we expand to all ages. (Watch your remail for more details.) Join us and consider being part of this important part of our congregational life. (Volunteers who work with children will need to be background checked and take Mandated Reporter training.) Contact Mary at summitdre@gmail.com to explore ways you can be part of Faith Formation at Summit.

Our December Theme is The Gift of Mystery. We will be gathering in RE at 10 am on Sundays for Religious Exploration on Sundays for our activities. Our children and youth will participate in the service until after the "Time for All Ages" story. We will then split into age

centered groups to engage in our activities in the Religious Exploration area and/or outside (depending on weather conditions). After the service, we will be joining our families in the Salon for sustenance & community social time. Nursery childcare will be available until 12 noon.

December 3 – Creating Mystery Together – We will begin to explore mystery by creating a mystery service for our annual Children’s Holiday Service on Dec 10. This week we will be preparing the service elements with some surprise gifts for all ages at the service next week. Come help us to get ready for a really fun service.

December 10 – “A Marvelous Mystery” All Ages RE Holiday Service – This year’s annual Religious Exploration Holiday service is a collaborative adventure exploring the mystery of the long, dark nights awaiting the return of the light. Our children are working with Pastor KC and our Director of Religious Education Mary to create a unique holiday service that will be a gift to all who attend -- there may even be some unusual packages to open! The young and young at heart are all welcome to join us in unwrapping a very special service.



December 17 – Making Mystery to Share – Most of us love the mystery of opening a gift. Even better is the anticipation of giving a handmade gift to someone you care about. This Sunday we will explore the mystery of the Winter Solstice and make gifts for loved ones. Abby will be taking the lead as participants choose from many fun creative gifts to make-and-take for giving.

FULL FELLOWSHIP SERVICES — NO RE CLASSES

December 24 – Christmas Eve Service ONLY at 5 pm – There will be no morning service of RE this Sunday so that we can all be together for the vespers service. (There will be no nursery care during this service and children of all ages are most welcome to the service.)

December 31 – Songs of Grace Service – All ages will be together for the service as songwriter and musician, Grace Lewis-McLaren, aka Mary’s Mom, leads us in song from the piano. Grace has a collection of songs to share that are fun and easy to sing for all ages. Come sing out the old year as the new one approaches.

These are the plans at the beginning of the month, and they may be adapted as our community needs adapt so, please watch the weekly Children’s Religious Exploration Email. To receive the weekly email, send your email address to Mary at summitdre@gmail.com.

With deepest love and brightest blessings,

Mary

Mary Carter-Vail
she/they

Director of Religious Exploration

Children’s Religious Exploration Committee Mission Statement:

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

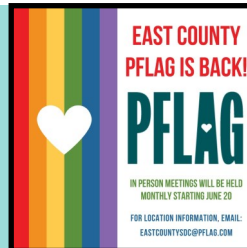
SOCIAL JUSTICE IN ACTION

Social Justice in Action meetings are held the 2nd Sunday of the month. If you would like to learn more, contact summitsjia@gmail.com. Everyone welcome!

General meeting — December 10, 12:30 pm <https://zoom.us/j/98852027774>

Sponsored by the Social Justice in Action Committee, PFLAG meetings continue on the third Tuesday of the month. All parents, friends, and allies of the LGBTQ+ community are welcome to attend.

For times and location please contact Ryn Corbeil or email eastcountysdc@pflag.com.



Mark Your

Calendar... Summit will be hosting the Interfaith Sheter guests from **March 9th to 23rd, 2024**. We are excited that Becca and AI will be taking the lead on this special project! In the new year, watch for sign-ups for meals, clean-up, rides to the trolley/laundromat, etc. This year we will be using an app to schedule all of you wonderful volunteers! Watch for more news.



SJiA has arranged for Summit to have a booth at the **Lakeside SPIRIT OF CHRISTMAS** celebration on Saturday, Dec. 3, from 3 to 7:30 pm. If you attend the event, please stop by and say “Hi!” This is Summit’s first outreach event in several years!

WELCOMING & MEMBERSHIP COMMITTEE HAPPENINGS



On Sunday, Dec. 10, the Welcoming and Membership Committee will be providing refreshments for Social Hour in the Salon. Join us for a bowl of chili, following the RE Holiday Service!

MEET OUR NEW MEMBERS!



Stacey Sasaki

I am a second generation San Diegan raised in Alpine back when Alpine was truly a one horse town. I spent my days exploring the many acres out back, riding a number of horses, and hanging out with our multitude of animals – goats, a jersey cow named Honey, dogs, cats, chickens,

ducks, and even a racoon named Buzzy. I was in the first graduating class of Valhalla and was raised as one of Jehovah’s Witnesses, which I consider a cult, so my life truly started when I left that organization. People who leave are shunned, even by your family, so friends are very important to me.

Upon escaping, I immediately enrolled in college, something entirely discouraged by Jehovah’s Witnesses. I put myself through school and graduated at the tippy-top of my class in 2001, with a bachelors degree in Education. It was in

school in the early 90's that I was introduced to Summit and UU's when a classmate asked me to work in the nursery on Sundays. I was later asked to become the children's DRE. I went on to receive my masters and worked in low income schools that had a disadvantaged population. I loved my job and miss it greatly. I am still in contact with many of my former students, and one of those students became our son, Joshua, whom we adopted when he was 11. Joshua is now 21 years old and is working and attending college. I am so proud of the fine man he has become.

I retired in 2017 and since have been busy traveling, making art and music, and reading. I met my husband in 2001 and we have been together ever since. In the last twenty years, we have traveled to seven countries, ten states, and all the Hawaiian islands. I love Summit because, unlike the cult in which I was raised, it's heart is open to all. I love that UU tenets are guided by a quest for truth and meaning; I have always liked the questions more than the answers. I missed all the beautiful people of Summit, and now have returned to what I consider home.

Glenn Sasaki

I was raised in Berkeley and went to college there, followed by grad school at MIT/Woods Hole Oceanographic. Throughout the years, I found out I like startups where I'm not just another cog in the wheel. I morphed from a marine biologist to a molecular biologist to a design/mechanical/systems engineer. I'm still working at a biotech where I get to invent, design and develop new kinds of research instruments and gadgets.



Married twice. A daughter and adopted son with my first wife and adopted son with Stacey. My first marriage was a white knuckle roller coaster that I barely survived and my second marriage is with the love of my life.

Fishing has become my main source of relaxation and navel gazing. Mainly trout and ocean pier with an occasional splurge on a charter fishing boat. A previous job involved travel all through the U.S., Asia and Western Europe because an instrument I helped design was unnecessarily way too complicated and I ended being the only one who could install and service it. It did have the side benefit of traveling to places I never would have thought to go. I hope to resume such travel in retirement.

I had never heard of UUs until Stacey introduced me to it when we met. I was instantly attracted by its philosophy and emphasis on human rights and equality and that it is open to all without judgment. Summit has a special community of people of which I'm thrilled to be a part.

Barbara Scheidker

I discovered Unitarian Universalism after a lengthy period of religious experimentation. I felt that I had spiritually outgrown the Lutheran church that my family attended, the Baha'i group that I checked out wouldn't have welcomed my LGBTQ friends as warmly as they welcomed me, the Jewish congregation that I considered joining made a big deal out of dressing up for services, and I was being shamed (in good humor, but still...) by a friend who would ask me how the Religion of the Month Club was going. I joined First UU twenty years ago, and have grown tremendously through my association with that church, but have found Summit to be an even better fit for my eclectic and essentially non-theistic spirituality, and was delighted to discover that I could be a member of both congregations!



I like the way Summitarians dive into projects. The whole community chips in, when there is work to be done. There is a feeling that everyone is important, and everyone is needed.

Carolyn Woodbury

In elementary school I attended different Christian churches with my friends because I wanted to be



like everyone else. By Junior High I couldn't accept some of the Christian teachings. My parents helped me find a religion our family could feel comfortable with.

The very first time I visited the Unitarian Church in downtown San Diego I

knew it was where I belonged. At 16 I joined the First Unitarian Universalist Church in Hillcrest and was happy there until the construction and Interim ministers came in 2002. It was also about that time when the pay portion of SR 125 was put in close to my house. The drive to Summit became easier and quicker than to Hillcrest.

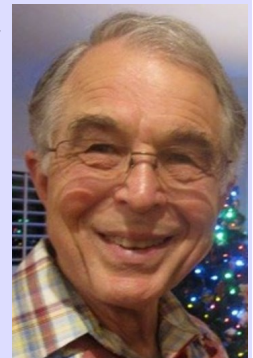
The people here were friendly. Everything was more relaxed. I already knew many of the congregants because they had come from First Church. For years I only participated in some Sunday services and social activities. Then when First Church stopped having covenant groups I joined one here. I participated in the homeless shelter and annual auctions. Gradually I realized that I cared deeply about the social and spiritual life at Summit and began pledging. When I learned that it was OK to be a member of both First Church and Summit I wanted to officially join you. Thank you for continuing to make this a place where everyone feels welcome.

In my life outside of church I graduated from San Diego High School, UC Berkeley and earned a teaching credential and MA from San Diego State. I met my husband, Peter, while working as a computer programmer at UCSD and social justice work to improve our environment. My other employment includes teaching dance and math and real estate.

Peter Woodbury

I became a Californian in the fall of 1968 because my car broke down on a post college tour of the U.S. with a friend. I was in San Diego, broke and living with my aunt, so I got a temporary job editing technical manuals and stayed a while. Shortly thereafter I read a Sunday paper article about the Deep Sea Drilling Project at Scripps Institute of Oceanography. I had always wanted to work in oceanography, but didn't think it would happen. Having read that article as well as a bit of luck landed me a great job with DSDP which lasted over 15 years.

Fast forward to the 1980's. Around the time DSDP was winding down my wife, Carolyn and I became latter day parents, by adopting two children. During that process Carolyn suggested that we attend First UU San Diego where she had been a member since 1960. I had grown up Episcopalian but soon found that, as many people do, that I had been a UU without knowing it.



Carolyn and I began to attend at Summit during a major construction project at First UU, which had disabled the meeting house. We instantly felt welcomed and I, being a small-town guy, was more comfortable there than at "the big church".

We are now members at First UU and Summit and enjoy participating in both congregations. As to a vision? I will be very happy if Summit continues to be the welcoming and supporting congregation it is.



AFFINITY GROUPS

THE SUMMIT WOMEN'S GROUP

This multi-generational group is open to all interested Summit women and their friends. The group will meet via Zoom. If you would like to be added to the e-mail list to get the Zoom link, please contact Carolyn Woodbury at cbwoodbury@gmail.com if you have questions.

Contact Carolyn to find out the date of our next meeting.



MEN'S DISCUSSION GROUP #2

Summit's Second Men's Fellowship and Support Group meets on the 1st & 3rd Wed, from 7-8:30 pm. We invite you to join us if you wish. We are an "open" meeting in the sense that any man who wants to can participate if he so wishes.

Our group is going to start meeting in person, in the Library. If you prefer, you may continue to join us online, too. You can use any Apple or PC/Android device (desktop computer, laptop, iPad or other tablet, smart phone) to access our meeting, but it must have a microphone and a camera.

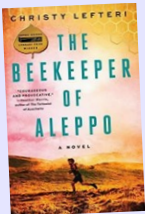
To get the link, please email Denny at denny.braun@usfamily.net.



THE SUMMIT UU BOOK CLUB MULTI-PLATFORM OPTIONS!

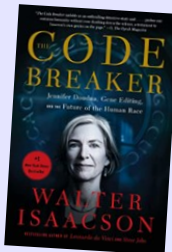
On Tuesday, December 5, at 7 pm, the Summit UU Book Club will be meeting both in person in the Library and via Zoom, hosted by Debbie Wingard.

We will be discussing **THE BEEKEEPER OF ALEPPO**, by Christy Lefteri



This unforgettable novel puts human faces on the Syrian war with the immigrant story of a beekeeper, his wife, and the triumph of spirit when the world becomes unrecognizable.

In January, 2024, we will be discussing **THE CODE BREAKER: JENNIFER DOUDNA, GENE EDITING, AND THE FUTURE OF THE HUMAN RACE**, by Walter Isaacson



Everyone is welcome, even new members - either to participate or listen. If you have any questions, please ask Cheryl at csmreck@outlook.com

- Cheryl Smrek

WEDNESDAY MORNING CONVERSATIONS



We meet on Zoom and discuss what is in our hearts and on our minds. We are open to new folks joining. It's informal, bring a topic you'd like to discuss, or just come in to hang out. It's a good chance to hang out with other Summitarians that you might not get to see otherwise. Our minister, KC Marie Pandell, will be joining us on the 3rd Wed. of the month. Spread the word.

Wednesday mornings 9:00-10:00 a.m. PDT

Join Zoom Meeting

<https://zoom.us/j/93838510596>

Meeting ID: 938 3851 0596

One tap mobile

+16694449171,,93838510596# US

+16699006833,,93838510596# US (San Jose)

If you would like a reminder on Tuesday evening with the zoom link, let Pam know:

SuufVolunteer@yahoo.com

CALLING ALL SUUPER HEROES!



**WE ARE GATHERING AT
SUMMITOPOLIS
ON JANUARY 20, 2024!**

OUR WORLD, FROM THE LOCAL TO THE GLOBAL, NEEDS OUR POWERS OF INTERDEPENDENCE, JUSTICE, GENEROSITY, TRANSFORMATION, EQUITY, PLURALISM AND LOVE *LIKE NEVER BEFORE!*

ARE YOU UP FOR THE CHALLENGE?

Folks at Summitopolis are hard at work gathering donations for the Auction, which will provide us with the means to make our world, near and far, a better place. Have you turned your donation(s) in yet? If not, please print as many copies of the donation form (on the next page) as you need and turn in your donations to the Summit office by **Dec. 31, 2023.**



DON'T KNOW WHAT TO OFFER?



Is there an activity you enjoy you would like to share with others? Go on a hike? Wine tasting? Give a ride to the airport? Share a craft you have made? Host a dinner, or lunch, or brunch? How about a movie night? The possibilities are endless—use your imagination and see what you come up with!

We will have our silent auction bidding open for online bids from January 15-19. On Saturday, January 20, we will gather in-person for the final bidding—both silent and live. We will have appetizers available during the silent bidding from 3-4:30 pm, and desserts available to enjoy during the live auction starting at 4:45 pm. Beer, wine and soda will be available for purchase. Childcare will be available for our younger SUUPER Heroes, too!

SILENT AUCTION
Online Bidding
Jan 15-19, 2024

In-Person Bidding
Jan. 20, 2024

LIVE AUCTION
Jan. 20, 2024
(in person only)



**WHAT IS YOUR
SUUPER POWER?**



CALLING ALL SUUPER HEROES!

**SUMMITOPOLIS
NEEDS YOUR HELP!**



**Gathering on
January 20, 2024**

AUCTION DONATION FORM

Donor's Name(s): _____

Phone Number: _____ Email: _____

DONATION INFORMATION

Fair Market Value: \$ _____ per donation per person Quantity: _____

Description: _____

Restrictions: _____

Expiration Date / Date of Event: _____

Please email a photo of your item or an image to represent your event to:
SummitUUAuction@gmail.com by **January 4, 2024**.

Delivery Method:

_____ Item / Gift Certificate enclosed _____ Auction Committee to create Gift Certificate
_____ Auction Committee to pick up _____ Donor will deliver to Summit UU Fellowship

Donor Signature: _____ Date: _____

THANK YOU!

Summit Unitarian Universalist Fellowship is a 501(c)3 non-profit organization.
Donations are 100% tax deductible at their fair market value.

Return Donation Forms to Summit Office: 8778 Cottonwood Ave. • Santee, CA 92071
or email to: SummitUUAuction@gmail.com



Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave.
Santee, CA 92071

OFFICE HOURS

Tues, Wed, Fri — 9:30 am to 2:30 pm

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[Calendly Schedule](#)

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December 2023

About SUUF Publications

Please send submissions for the monthly SCENE AT SUMMIT NEWSLETTER via e-mail on or soon after the 25th, to SUUFSceneNuus@gmail.com.

Please send submissions for the eNEWS, the weekly announcements, to SUUFVolunteer@yahoo.com by Tuesday noon.

Check the eNEWS and website for additional news throughout the month.

If you have any questions, call the office, 619-562-0833, or e-mail us at Summituuf@gmail.com.