



THE SCENE AT SUMMIT

Newsletter of Summit Unitarian Universalist Fellowship 8778 Cottonwood Ave., Santee, CA 92071

Multi-Platform Sunday Services begin at 10:00 a.m.

Theme: Vulnerability

March 5 "The Wisdom of the Wilderness" Peter Bolland, Guest Speaker

Summit Friend, Peter Bolland, will again be gracing our pulpit. He will be sharing how time spent in the wilderness restores us. He'll be referencing Thoreau, Emerson, John Muir, Thich Nhat Hanh, and reading

a poem by Mary Oliver.

Peter Bolland is professor of philosophy and humanities and department chair at Southwestern College. He received his BA in religious studies from UC Santa Barbara and an MA in Philosophy from SDSU. In addition to



his college commitments, he lectures in a wide variety of venues on philosophical, spiritual, and mythological subjects. His talks through Oasis and Osher are typically sold out, and he has participated in services and workshops and retreats at several UU congregations.

March 12 "Accepting Interdependence" Rev. Jennifer Channin, Guest Minister

What does it take for an idea that we agree with in our heads—like the "interdependent web of life"—to take root in our hearts, our bodies, and our actions? Reflections on an imperfect—and perhaps impossible—quest for wholeness



Rev. Jennifer Channin is a UU Minister who has served congregations in San Diego and Ottawa. She is the Executive Director of a nonprofit called the Better Food Foundation that "incubates novel strategies for diet change" and envisions a more compassionate and ecologically sustainable world where plant-based food is the norm. Jennifer is learning how to live in an off-grid home in Julian, CA, with her partner, Aaron, their dog Buddy, and the family of turkeys, bobcat, mule deer and woodpeckers who lived there first.

March 19 "Learning to Live with Less and Why it Matters" Amy Carstensen, Guest Speaker

For some of us our possessions hold too much power over us. Clutter often impedes us from living our best lives. Summitarian and Professional Organizer, Amy, Carstensen, will discuss some of the financial and psychological costs that clutter can have on our personal and professional life. She will share a few solutions to help us declutter and be motivated to discard unneeded "stuff" that may be holding us back.

March 26 "Invulnerable Vulnerability" Pierre Vaughn, Guest Speakers

Pierre Vaughn will explore the meaning of this phrase, and how it may relate to his own history.

Pierre Vaughn and his wife, Debbie Wingard, have been members of Summit since 2004. They have two sons involved in the arts. Pierre has a law office in Mission Valley.

If you missed a service, or would like to see it again, you can watch it on our <u>SUUF MEDIA</u> YouTube Channel!



Join us for a fun evening of I rish music with the wonderful Dennis Gilmore

Dennis discovered his passion for Irish music during his time with Charley MacGowan. His love of the Irish traditional music was born, he has been involved in many Renaissance Faires, small shows carrying the fine tradition of Irish folk music.

Saturday, March 11th, doors open at 6:30 p.m., concert starts at 7:00 p.m. Tickets \$15



Thank you to the following Businesses who were Corporate Donors to our Back in the Swing Auction!

Belmont Park Camp Stevens Coronado Playhouse Fleet Science Center Greg's Automotive IN and OUT Burger Lamb's Players Theatre Lamplighters Community Theatre Maritime Museum Orfila Vineyards & Winery Poway ONSTAGE Rodney Kawano Farms San Diego Air and Space Museum San Diego Junior Theatre San Diego Model Railroad Museum San Diego Museum of Art San Diego Natural History Museum San Diego Oasis San Pasqual Winery Santee Drive-In Movie Theatre Stanley Steemer Starbucks

Covenant of Care

At our Board meeting last month, the Board discussed the masking policy. What we decided is that masking in the sanctuary will be OPTIONAL, mask if you feel the need. We still encourage everyone to be vaccinated and boosted, for your protection.

We ask that if you are feeling sick with anything contagious, please stay home. Thanks to having Zoom option, you won't be missing the service. If the County Health Department advises us to all mask up again, our policy will match those recommendations.

We thank you for your care. 🔍 🎔 🎔



RELIGIOUS EXPLORATION NEWS—FOR ALL AGES MARY CARTER-VAIL, DIRECTOR OF RELIGIOUS EXPLORATION

My heart is full as we end our month of Love and start to explore a new theme for March, Vulnerability. This feels like an especially appropriate theme for our Fellowship as we prepare to support families experiencing homelessness through the Interfaith Shelter Network. I will be working with our Religious Exploration families to

prepare the classroom spaces as we prepare to share our space and our hearts. My heart is also aching as I see the outrageous attacks, even in Santee, against LGBTQ+ folx and the Jewish communities here and across the nation. To love is to be vulnerable. When we are willing to be vulnerable, to live our values, to care for and act in love, that is when the fullest and most powerful promise of the beloved community can be realized. Let us be loving and vulnerable together.

Vulnerability: As we begin to engage our new theme, vulnerability, take a moment to think about what feelings this word brings up for you. Are they feelings that evoke weakness or strength? Our experience of these feelings can frame our perceptions and guide us to avoid or to seek out opportunities to be vulnerable. Being vulnerable is a common experience. It is how we approach these moments that informs their impact on who we are and the impact we have on the world around us. I invite us to be open to vulnerability and the opportunities that the experience offers us. For example: when we welcome a newcomer, we open to new experiences through a new friendship. We will be exploring this theme in our stories during the service and with our children, youth and families as we prepare for the Interfaith Shelter at the end of the month.

Mary's Surgery: Speaking of vulnerability, I am having hip replacement surgery on April 3rd. (That is the current plan) This will be the first of two hip replacement surgeries. The second will be late summer/early fall. I will be on medical leave for most of April while I heal and rebuild my strength so that I can return to my full self. Each of our regular families will be leading an activity for one of the 3 Sunday's that I am gone so our children will have some fun things to look forward to and I will be back before long. Please let me know if you want to help at this time. (The Sundays that RE help is needed are April 16, 23 & 30.)

Our March Theme is Vulnerability.

We will be gathering in RE at until 10 am on Sundays. Our children and youth will participate in the service until after the "Time for All Ages" story. We will then engage in our activities in the Religious Exploration area and/or outside (depending on weather conditions). We have a special snack provided by one of our families after our exploration time that we share outside under the shade canopy until we are finished at 11:30 am.

March 5 – Vulnerability When We Seek Friendship – We will begin with a leap into new friendships as we leap like a frog. Meeting a new friend is like taking a leap and we will be making a friendship obstacle course for our frogs and talk about the challenges of friendship and how we can navigate them with love as our guide.



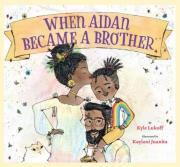
Page 3

March 12 – Vulnerability When We Can't Do It On Our Own – We will be learning about homelessness through stories as we begin to prepare to share our space with the Interfaith Shelter. Children are curious and may have questions or worries so we will have time to talk about them and make patterned "worry stones" using polymer clay. Mary, a former professional polymer clay artist, will teach some cane making to interested artists.



March 19 – Vulnerability When We Hope – When times are tough and we are in a place of vulnerability we lean into hope and even the smallest actions can begin the changes that make a difference. We will play with the "Little Parrot Story" once again as we find hope one drop of water at a time. After the story & activities, we will begin to pack up the classroom materials for the Shelter.

March 26 – Vulnerability When We Show Our True Selves – As we finish our month of exploring the theme vulnerability, we will share the story <u>When Aiden Became a Brother</u>, as we prepare for Transgender Day of Visibility on March 31. This sweet story is an age-appropriate celebration of a child being their authentic self. After the story we will work together to pack up our classroom spaces to prepare for the Interfaith Shelter to move in the following week.



These are the plans at the beginning of the month, and they may be

adapted as our communities needs adapt so, please watch the weekly Children's Religious Exploration Email. To receive the weekly email, send your email address to Mary at summitdre@gmail.com.

With deepest love and brightest blessings,

Mary

Mary Carter-Vail she/they Director of Religious Exploration

Children's Religious Exploration Committee Mission Statement:

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

Page 4

Message from the President of the Board

Dear Summitarians and Friends,

Our theme for March is vulnerability.



I joined the Board three years ago as Vice President. When I agreed to serve, I thought Rev. Frank's retirement was going to be the biggest issue to navigate over the next year or two. Nationally, we have been dealing with more vulnerability in our world over these past three+ years than we have for most of our adult lives – in many areas of society, including the pandemic shutdown, access to reproductive health care for people with uteruses, attacks on marginalized communities of color and on the LGBTQIA+ community, white supremacy and Christian nationalism, just to name a few.

The global pandemic, which shut things down started just months before I joined the Board, and we thought it might last months. I never imagined years. For these three years, I have been so impressed by the dedication of all the Board members I have had the privilege to work with – making hard decisions which were in the best interest of the Fellowship, rather than what was popular or easy. Staying virtual when other businesses started opening up. Keeping masked when the rest of the country thru caution to the wind. And recently, as conditions showed that vaccinated people were not getting seriously sick from COVID, making masks optional. Through it all, you have continued to be a part of the Summit family. We thank you for your continued commitment and dedication to and participation in Summit UU Fellowship during these vulnerable and challenging times.

We, your Board members, thank you for the trust you have placed in us.

Peace, Elínor Weed She/They (meweed97@gmail.com)

The Summit Board of Directors meets virtually on the third Thursday of the month at 7 pm. If you would like to attend, please email Elinor to request the link at <u>meweed97@gmail.com</u>.

SOCIAL JUSTICE IN ACTION

Social Justice in Action meetings are held the 2nd Sunday of the month. If you would like to learn more, contact our Chair, <u>RynCorbeil@gmail.com</u>. Everyone welcome! General meeting — March 12, 12:30 pm <u>https://zoom.us/j/98852027774</u>

SUMMIT UU FELLOWSHIP HOSTING INTERFAITH SHELTER—APRIL 1-14, 2023

This year Summit will once again host guests in the Interfaith Shelter Network's program. There are a variety of ways that you can help. Below you will find a list of some ways you can participate beyond bringing meals. To sign up, you can either sign up on Sundays at the Fellowship, or call, text or email:

Al Mork—619-402-3737—allanmork@yahoo.com Liz McHugh—619-402-5449—elizmch47@hotmail.com

Evening Activities

Dinner Set-up and Break-down:

- Be at Salon at 5pm. Unload dishwasher if necessary.
- Make sure there is a chair by each place. Put Napkins, plastic silverware, and glasses on large table.
- Make decaf coffee and put out cups and condiments by coffeemaker. Put Instant coffee by cups.
- Put water, any beverages, and any leftovers on
 large table. After supper rinse dishes and load dishwasher. Wipe tables. May leave at 7 pm or stay and socialize.

PM Drivers:

- Be at Summit at 5 pm. If needed, pick up Summit Sign in box by office door.
- Go to Santee Tolley Stop by Bagel Shop and park and get out and walk around with sign so guests can see who you are.
- Bring guest or guests back to Summit. May stay for supper at 6 pm or leave if it appears there will be no more guests needing rides.

Salon Monitor:

Be there by 7 pm or earlier if you care to dine.
 Socialize or read until 9:00 Salon will be locked at that time by overnight hosts.

Thursday Laundry Transport:

• Be at Summit by 7 pm Thursday night (or a while before if you care to dine with the

guests).

- Drive guests to laundromat on Broadway and stay with them while they wash their clothes.
- When finished, transport guests back to Summit. Leave.

Overnight Activities

Overnight Hosts:

- Be at Summit by 7 pmor before if you care to dine. Bring a sleeping bag and pillow.
- After supper, be in RE in case any guests have any questions. Lock up Salon at 9 pm and RE at 11 pm.
- May care to get 2 pots of regular coffee ready so all you need to do is plug them in at 6 am. Open Salon at 6 am. Make sure guests are up by 7 am, as they have to leave by 7:30 am.

Morning Activities

AM Driver:

- Be at Summit by 6 am.
- Take any guests to Santee Trolley Stop if necessary.
- May leave by 7 to 7:30 am.

Morning Set-Up and Clean-Up:

- Be at Summit at 6am.
- Put out foodstuffs for breakfast and sandwiches.
- When guests are done, clean up, rinse dishes and load dishwasher.
- Wipe tables. Leave when finished.

ADULT LIFE ENRICHMENT-AFFINITY GROUPS

The Summit Women's Group

This multi-generational group is open to all interested Summit women and their friends. The group will meet via Zoom. If you would like to be added to the e-mail list to get the Zoom link, please contact Carolyn Woodbury at <u>cbwoodbury@gmail.com</u> if you have questions.

Contact Carolyn to find out the date of our next meeting.



MEN'S DISCUSSION GROUP #2

Summit's Second Men's Fellowship and Support Group meets on the 1st & 3rd Wed, from 7-8:30 pm. We invite you to join us if you wish. We are an "open" meeting in the sense that any man who wants to can participate if he so wishes.

Our group is going to start meeting in person, in the Library. If you prefer, you may continue to join us online, too. You can use any Apple or PC/Android device (desktop computer, laptop, iPad or other tablet, smart phone) to access our meeting, but it must have a microphone and a camera.

To get the link, please email Denny at <u>denny.braun@usfamily.net</u>.



The Home That Love Made, Rev. Amanda Poppei *

This is the home that love made.

It is full of the love that the founders felt, when they planned out these walls and raised these beams above us.

This is the home that love made.

It is full of the love of all who have worshiped here; those who have celebrated and grieved here; the babies dedicated, couples married, and family members mourned here.

This is the home that love made.

It is full of the love of our children, as they learn and laugh together, and our youth, as they grow into their own sense of purpose and meaning.

This is the home that love made.



It is full of the love of the staff who have served it, full of their hopes for this congregation, their hard work and their acts of dedication.

This is the home that love made.

It is full of the love of the choir, the love made so clear in the voices lifted here on Sunday morning.

This is the home that love made.

It is full of our love: the love of this community, despite our differences and our disagreements; the love that holds us together as a people.

This is the home that love made.

Can you feel it? May the love be with us always. Amen.



Article II Commission has been assigned the task of re-evaluating and re-forming our guiding principles. Here is their draft—in a nutshell. It will be voted on at General Assembly, in June.

Image Description: This image is of a chalice with and overlay of the word love over the flame, with six outstretched arms that create a circle around each of the core values and form a six-petal flower shape. Each arm is a different color and clockwise they are: Interdependence (Orange), Equity (Red), Transformation (Purple), Pluralism (Dark Blue), Generosity (Teal), and Justice (Yellow).

Interdependence. We honor the

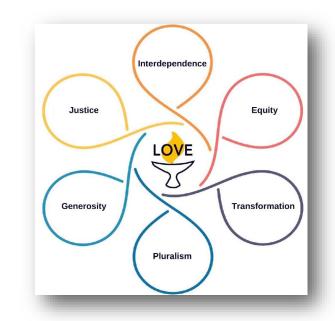
interdependent web of all existence. We covenant to cherish Earth and all beings by creating and nurturing relationships of care and respect. With humility and reverence, we acknowledge our place in the great web of life, and we work to repair harm and damaged relationships.

Pluralism. We celebrate that we are all sacred beings diverse in culture, experience, and theology. We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

Justice. We work to be diverse multicultural Beloved Communities where all thrive. We covenant to dismantle racism and all forms of

systemic oppression. We support the use of inclusive democratic processes to make decisions.





Transformation. We adapt to the changing world. We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

Generosity. We cultivate a spirit of gratitude and hope. We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

Equity. We declare that every person has the right to flourish with inherent dignity and worthiness. We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.

See the full report: <u>https://www.uua.org/</u> <u>files/2023-01/a2sc_rpt_01172023.pdf</u>

Page 8



Join together at Unitarian Universalists San Luis Obispo April 21-23, 2023

for the Pacific Southwest Service Area Assembly

Proudly sponsored by Camp de Benneville Pines <u>Click this link for complete information</u> uucamp.org click on calendar

Come share in the assortment of workshops, two keynote speakers, meals, wine tasting, nature preserve walk, worship and song. Find places to stay and dine, delegate information, financial assistance, vendor information and other needed details on the link above.

Price per adult is \$75/\$100

Two Esteemed Keynote Speakers



Speaker Chairwoman, Violet Sage Walker of the Northern Chumash tribal Council (NCTC) will speak on the formation of a Chumash Heritage Natural Marine Sanctuary.



Mona Olivas Tucker, Tribal Chair of the ytt Tribe will speak on tribal history and the fight to recover tribal lands.

JR. & SR. HIGH YOUTH: JOIN THE YOUTH CON

REGISTRATION OPENS AT 7AM SATURDAY MARCH 4, 2023 Please help sponsor a youth to come to the assembly!

Click here —>	Contact Laura Chamberlin	registrar@uucamp.org
	for registration questions	

Click here —> <u>Contact Marianne Swift-Gifford</u> cm@uucamp.org for youth related questions



In the tradition of our beloved PSWD annual assembly, the 2023 PSWSA assembly is hosted by UU's of SLO





Summit Unitarian Universalist Fellowship 8778 Cottonwood Ave. Santee, CA 92071

OFFICE HOURS Tues, Thurs, Fri — 9:30 am to 2:30 pm

PASTORAL CARE MINISTER (FEBRUARY) The Rev. Tania Márquez RevTaniaMarquez@gmail.com 619-245-1476

DIRECTOR OF RELIGIOUS EXPLORATION Mary Carter-Vail 619-562-0833, ex 205 SummitDRE@gmail.com

OFFICE ADMINISTRATOR Nelwyn Del Frate 619-562-0833, ex. 202 Summituuf@gmail.com

PROPERTY STEWARD Mark Weedman markatspectrum@hotmail.com

WEEKLY ENEWS EDITOR Pam Kerr: SUUFVolunteer@yahoo.com

SCENE AT SUMMIT NEWSLETTER EDITOR Elinor Weed: SUUFSceneNuus@gmail.com

Board of Trustees

Elinor Weed—*President* Jenny Saar—*Vice President* Erin Doherty—*Secretary* Brenda McGuinness—*Treasurer Directors;* Ryn Corbeil, Seraphina Galante, Sally Jackson, Al Mork, Mark Wheeler,

March

About SUUF Publications

Please send submissions for the monthly SCENE AT SUMMIT NEWSLETTER via e-mail on or soon after the 24th, to SUUFSceneNuus@gmail.com.

Please send submissions for the eNEWS, the weekly announcements, to **SUUFVolunteer@yahoo.com** by Tuesday noon.

Check the eNEWS and website for additional news throughout the month.

If you have any questions, call the office, 619-562-0833, or e-mail us at **Summituuf@gmail.com**.