

THE SCENE AT SUMMIT
Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071

Vol. 25 No. 5

May 2015

Monthly

Summit's services and programs are held at the address above, phone number, 619-562-0833. Our website is www.summituuf.org, where the Newsletter & Sermons can also be read. Mail should be sent to the office at the above address.

Office hours: Mon. 9:00 am - noon, Tue. - Fri. 9:00 am - 5:00 pm

Sunday Services 10:00 - 11:15 a.m.

May 3: *Coming of Age* Mary Vail, DRE, Parents and Young People

This year four of our Summit young people make the transition from youth to young adulthood in our Coming of Age Celebration. Grace Engleman, Nick Crowe, Autumn McKinney and Lucas Weed will be sharing their credos, their parents and mentors will honor them, and the congregation will offer its blessing to them in this celebratory ritual of transition. Come and be inspired, moved, and welcoming of these young people into this new phase in life's journey.

May 10: *"How Much is Your Life Worth?: A Mother's Day Reflection"*

Rev. Frank Placone-Willey

Are you--woman or man--a good mother? This might seem a strange question, but it is one that comes from Rev. Frank's study of the work of Sara Ruddick, late 20th century feminist philosopher and peace advocate. This question is an important one for someone who has birthed and/or raised a child, who has been devoted to the work of mothering, and knows the value of a life in ways no one else can. Come celebrate Mother's Day!

May 17: *A Celebration in Music* Summit Members and Musicians

A potpourri of music and song, this service will lift your spirits, move you to contemplation, and otherwise invite you to follow the life path that makes your heart sing. Come one and all!

May 24: *"In Your Hands: The Spirituality of Touch"* Adam Dyer, Ministry Intern

What does it mean to hold hands? How do we use our hands as tools of communication to build and strengthen our spiritual community? This sermon comes from my experience teaching a course under the same name at Starr King School for Ministry. In the class we explored touch as an expression of language, ethics and spirituality. Today, we specifically look at holding hands and contact through our hands as a deeply spiritual connection to one another.

May 31: *"Beyond Fear"* Rev. Frank Placone-Willey

Change is an inevitable fact of life. Impermanence is fundamental to our mortal, embodied existence. When we resist change, we increase our suffering. When we ignore change, we can fail to realize our fullest potential as inhabitants of this world. When we learn to dance with change, rather than react in fear to it, we will be as free as we can be to express ourselves, and to take the risks that come with

growth and self-transcendence. If you are completely at peace with change and handle it well, the rest of us need your loving support!

*The Scene at Summit's **June 2015 edition***

deadline will be *Tues., May 26th.*

Time for a new Summit Directory!!

We have many new faces at Summit and the old directory is out of date. There are print outs of Summit's members and friends in the greeting room. Please check them for your name and contact info. Make any corrections necessary on the list. If it is correct, print your initials next to your info. If you are not on the list and wish to be, add your name and contact info including email address.

Summit's Office Information

Minister: Dr. Frank Willey: UUFrankPW@aol.com

Emergencies and appointments: 619-562-0833, ex. 203

Office Schedule: Tues. - 12:00 noon - 5:00 p.m.

Thurs. - 12:00 noon - 5:00 p.m.

Children's Religious Exploration: DRE, Mary Carter-Vail, 619-562-0833,
ex. 205 / summitdre@gmail.com

Office Admin.: Linda Peck, 619-562-0833, ex. 202 / summitunitarian@sbcglobal.net

President: Barbara Brooks, bgbrooks@mac.com

Property Steward: Mark Weedman, markatspectrum@hotmail.com

Lost & Found

Over the months an accumulation of cooking ware and food containers has overrun the salon storage capacities. **PLEASE** look for your pieces SOON! At the end of May anything still in the Salon will be donated to a nonprofit. Thank you! SUUF Organization Committee

FROM THE MINISTER'S ROLLTOP:

“Interconnection, Innovation, and Impact”

At our recent Covenant Group of Newcomers I came away awed by the talent, diversity, knowledge, and rich experience of some of our newer Summit members and friends around the table. Present were:

- A self-identified Texas-Born Chicano with a deep commitment to liberation theology.
- A veteran of the Labor movement who has been integrally involved in Union organizing and labor relations work in Washington, DC.
- A life-long student of history and politics.
- A retired professor of English literature involved in numerous charitable efforts and justice-related causes.
- A Utah-born artist and sculptor who was raised as a Latter Day Saint and left that religious community as a young man.
- A self-described atheist who is passionate about social justice.
- A septuagenarian ex-Catholic who has finally found something of what she has been looking for much of her life, in our heretical community.
- An engineer-mathematician who teaches non-violent communication.
- A life-long Unitarian Universalist who grew up in the deep South with a devotion to social justice and racial equality.

Honoring and bringing to consciousness our profound interconnectedness is at the heart of our UU theological vision and practices. If beautiful people like these—along with others of us who are a part of the Summit Community—can continue to explore, deepen and realize our profound interconnectedness within the web of life of which each of us is a part, then we are well on our way toward the fulfillment of our mission.

At a recent assembly of UUs from our Pacific Southwest District we were invited by our leadership to recognize, affirm, and promote our *interconnectedness* as individuals and congregations. We also were encouraged to *innovate* and to be mindful of the creative and healing *impact* our UU communities can have in a world where there is so much unnecessary human-caused and human-allowed suffering.

I saw these qualities of *interconnection*, *innovation* and *impact* both potentiated and expressed in our community at this meeting of newcomers. It encouraged my faith and confidence. Come and see for yourself what we are doing at Summit. Come and be a part, and you may well find the faith and confidence you yourself are searching for.

Namaste, Rev. Frank

FROM OUR SUMMIT LEADERSHIP

From Your President

Summit's participation in the 2015 Interfaith Shelter confirms our expressed commitment to live our mission statement: in spiritual community we are committed to building a compassionate, just and sustainable world. Summit was supported again this year by loving, giving community groups (the

Baha'i Faith, Buffalo Soldiers of San Diego, Chaldean Community Services, Chinese Community Church, El Cajon Masjid Al Salam Mosque, Japanese American Citizens League with ZS Associates Global Marketing, Parents and Friends of Lesbians and Gays: PFLAG East County. We had up to 12 guests, including one woman and one 17 year old. Because his foster program had recently ended, the Shelter became a bridge for the 17 year old teen to becoming 18 years old and then living on his own. Our guests are persevering, despite challenges, to find employment, a place to live and stability in their lives. CHANCE: accident, luck, possibility, contingency, gamble, fate, good luck, bad luck, heads or tails, take a chance, one more chance. Chance, a provocative word, which with the substitution of just one letter, one Shelter program, becomes CHANGE. During their participation in the Shelter program, the guests moved forward toward positive change. Our guests participated in an excellent Business Workshop at Summit, by Interfaith Shelter presenters, emphasizing budgeting (start with what you have NOW) and the skills and information needed to find jobs as well as housing. We had success stories small and large with several guests finding employment and housing, as well as one who was accepted at the San Diego Art Institute.

Recently, during our April Summit Memoir Writers' meeting, I revisited a prose poem that I had written in 2011. My poem is an ode to Summit and Unitarian Universalism. It was inspired by Rev. Frank's workshop highlighting the Rev. Curtis Reese, including his phrase: "in the building of free and positive human souls". Here are excerpts.

*Diverse voices, ages ago, Unitarian Universalists to be, building, remodeling their home.
Wielding words, like hammers and chisels, tools of the mind,
artists envisioning the future. Carving the granite of how things are,
into a vessel from which rise tendrils, green, soft, tenacious tendrils,
bearing unexpected blossoms. Sturdy seed pods ripen, take root and greet us daily.*

*Stars and planets surround us, diamonds, rubies, opals glimmering
in the deepest, blackest void. Or, flip the coin, earth is immersed,
a fat-cat fish, in a celestial pond, water roiling with companions, electrons, quarks, spirals, dark
matter, dimensional branes,
shot through by the arrow of time. Our exotic, exuberant home.*

*And here, 7.3 billion pairs of eyes wake each morning,
to life, in hues of amethyst, apple green, cerulean blue, umber,
carnelian red, butter yellow. Deserving to live, cheering, waving at the windows, to live, in a
building of free and positive human souls.*

Barbara Brooks, February 2011, with thanks to Stephen Hawking for the words "shot through by the arrow of time", chapter title in [A Brief History of Time](#).

Summit is a treasure, offering a heartfelt "welcome home" to those who enter our brick and mortar building, as well as striving to build, both in the present and for the future, a planet home of loving souls.

Barbara Brooks, President of the Board and Congregation

From Your Office Administrator

Hi, We are continuing to look for ways to save on our bills. It has come to my attention and the Finance Cmte's that Summit is being charged for multiple 411 calls from the volunteer desk phone. We need to ask that no personal calls are made from any of Summit's phones. Thank you for your support and understanding.

Yours in faith, Linda Peck

NOTICE: Summit is a smoke free campus. Please refrain from smoking while you are here.

Thank you! Staff

Board of Directors Meetings-Third Thursday of each month from 7:00 to 9:00 p.m. in the Library at Summit. Observers are welcome. Minutes from recent meetings are posted on our website: www.summituuf.org.

RELIGIOUS EXPLORATION FOR ALL

Children's Religious Exploration News

Our Sunday school year is almost over and it's time to start preparing for a magical summer! This year we have two programs planned for Summit; *Hogwarts Summer School* and *In the Garden with Eric Carl*. Both will be a fun way to explore our UU principles through experiential play. Each will be age focused and inclusive so that older and younger children can work together. I am currently looking for volunteers to help out on one or two Sundays this summer. Read on to see what we are planning and let me know if you are interested in being part of the fun.

In the Garden with Eric Carl will be a full summer focused on exploring the natural world. Geared toward our younger children, we'll be using the beautiful Eric Carl classics like "The Very Hungry Caterpillar", "The Tiny Seed" and "The Grouchy Ladybug" as gateways to deeper discovery of the natural world around us. Plans include:

- Planting and nurturing container gardens in the pots outside of RE.
- Watching worm's compost food scraps.
- Observing the lifecycles of butterflies and ladybugs.

I am working with Dr. Melissa James, Director of Children and Family Ministry at FUUSD to create a unique summer program that will be used at several SD Cluster churches. She has lots of organic gardening knowledge and experience to share, too!

Last spring I had three stuffed birds appear on my desk with hand-written notes to "Headmistress Carter-Vail" requesting a return to *Hogwarts Summer School*. We have a new group of children who haven't participate in our magical summer experience last time because they were too young. So, we are getting the capes and hats out for another summer of immersion in the Wizarding World of Harry Potter. Using the world created by JK Rowling as a guide, we will explore divination, potions, magical creatures and more. Each week while experiencing the lessons and learning from our Professors, we will also be reflecting on key concepts of our UU faith. This class is perfect for children in 3rd grade or higher. Are

you an adult HP fan? Have you ever aspired to be on staff at Hogwarts? Stop by the RE area to talk to Headmistress Carter-Vail on Sunday to take your qualifying OWL.

In addition to all of the summer programming at Summit, we also have many children and youth going to UU Camp and General Assembly this summer! I am so excited to see so many participating in faith formation activities at Summit and in the broader UU community. This illustrates the commitment of our families to provide true Religious Exploration opportunities for their children.

Bright Blessings,
Mary Carter-Vail, Director of CRE

Adult Religious Exploration

"Waking UP": On Friday, May 1st, from 6:30-8:00 p.m., Ben Smith and Jerilyn Harris will co-facilitate this monthly "spiritual-but-not-religious" meet-up group centered around a deep reading and personal exploration of chapter #4, "Meditation," of Sam Harris's latest book, *Waking Up: A Guide to Spirituality Without Religion*. Everyone is welcome to attend, but it is requested that participants read the book in order to participate meaningfully in the group conversation. Bring one quote that you find particularly encouraging, troubling, or challenging, to share with the group.

Writers' Workshop: The group is taking a hiatus. Watch for further notice about when they will resume.

Memoir Writing Group / Lois Santalo: Fri., May 8th, 10:00 a.m. to noon, in the Summit Library. This is an ongoing workshop. Everyone is welcome.

Poetry Workshop: Saturday, May 16th, at Summit at 10:00 am. Please call Margo Mariana if you interested in participating. All levels of writing experience are welcome.

Meditation- Sunday, 8:00 a.m. -Sanctuary; Wed., 8:30 a.m. -Salon:

Meditation is a practice, and needs to be practiced, like anything worth doing. We sit in chairs, in meditation and/or silent prayer for the concerns of our hearts or of others who have asked to be remembered. We are lifted by the shared intention and spiritual energy of one another. *"Whenever you step out of the noise of thinking, that is meditation, and a different state of consciousness arises."* ~ Eckhart Tolle

SUMMIT MINISTRIES

Caring Committee

We would like to remind everyone that Juana Page is the "ride coordinators" for our committee. If you need assistance with transportation to Summit or appointments, call her, preferably a few days ahead of time.

Loving Hands Ministry

If you like to knit, crochet, or quilt, please join us on May 2nd at 10:00 am in the Summit Library. The Loving Hands Ministry works on blankets for Linus Project, dishcloths for Crisis House, comfort shawls for Summitarians in need of comfort, and is always open to new ideas for outreach projects. Contact Laurel Bernstein for more information.

Justice Ministry Committee

Summit's Justice Ministry Committee will meet on Tues., May 5th at 1:00 pm in the Library. Formally known as the Legislative Ministry Committee, the work of this group will focus on social justice issues such as immigration, income equality and environmental justice. Rooted in our UU faith and "Standing on the Side of Love" the committee will soon give us more opportunities for us to "Pray with our Feet."

Social Action Corner - *Service Is Our Prayer*

Helping Others in East County and Beyond

Summitarians acting globally:

Interfaith shelter donations- Thank you for your generosity! We collected a total of \$940 to support our 2016 interfaith shelter. Your donations will go towards food (breakfasts, lunches and snacks for our guests for two weeks) and replacement supplies (air mattresses, tape and plastic to cover windows, blankets), among other things, for our guests.

Heartfelt thanks to all of you (and there were SO many) who worked in ways large and small to make Summit's shelter weeks a success, and deepest gratitude to Barbara Brooks for her leadership and compassion, not to mention hours of hard work.

Baby goods collection- The Social Action Committee (SAC) collection for May (May 17) will be a collection of baby care needs- baby food, formula, diapers, baby clothes, etc., which will be taken to Crisis House. These items are desperately needed by parents facing homelessness or housing instability. Please consider buying one or two items in the coming weeks to put in our collection boxes on May 17th.

Summitarians acting globally:

Nepal earthquake aid- Our thoughts are with the people of Nepal, and many of us wish to send financial contributions as well. There are a number of organizations already set up and working to get aid to Nepal. These include [Doctors Without Borders](#) and [International Relief Teams](#). We recommend using [Charity Navigator](#) to help identify and choose other reputable, highly rated aid organizations. In addition, the Unitarian Universalist Service Committee and the Unitarian Universalist Association (UUA) UUSC specializes in relief efforts and human rights, have on their home page a donate button specifically for relief in Nepal. <http://www.uusc.org/>

NEW MEETING TIME FOR SAC!!!- The Social Action Committee has changed its meeting day and time. We now meet on the second Sunday of each month at 8:30 a.m. in the Library. We welcome you to join us on **May 10th at 8:30 a.m.** for the next meeting. Questions? Contact Gwen Baldwin, SAC chair.

Amnesty International...

...meets every month (May 25th) to help foster human dignity, respect, and the rights of all people. We write letters to various government leaders around the globe regarding certain people we have learned about; some of them about to be executed, some of them unjustly held in prison, others subject to public lashings or punishment--all prisoners of conscience. We have seen amazing results from our work, and I consider it one of the highlights of my social action. We meet the **last Monday of every month at 6:30 pm**. Please contact **Renée Altson** for more info. Be the change you want to see in the world!

WITHIN THE CONGREGATION

Member & Friend News

Please keep the following people in heart and mind:

- ♥ Linda, Keith, Charlotte and Dillon Ullrich and their extended family, at the death of Linda's mother Alice.
- ♥ Marla Liso as she and Simon look forward to settling into new living quarters.
- ♥ Wendel Rawlins, as he continues treatment.
- ♥ Harriet Nissenbaum, for continued support, love and encouragement.
- ♥ Harriet Wright as she receives palliative care. Her Summit Friends are welcome but please call ahead of time.
- ♥ Gloria Gelineau as she recovers from surgery. Her correct email address is gloriagelineau@gmail.com.
- ♥ Richard Wilkie and Elaine Harper, as Richard continues to receive palliative care at home.
- ♥ Chris Wetzal, and her son Peter, as she remains fairly restricted to home.
- ♥ Val Sims as she continues to live her life to the fullest.
- ♥ Virginia and Roy McDonald, as they settle into their new digs.
- ♥ Juana Page, at the recent death of her father-in-law.
- ♥ A huge thank you to all who have contributed to the Helping Hands Fund, Rainbow Salad camp scholarships, and Summit's participation in the Interfaith Shelter.
- ♥ All in our community who are struggling to make ends meet, find work, and provide for their families in these difficult economic times.

Summit's Memorial Garden

It's the patio area under the Chinese Elm Tree between the office wing and the Salon. Families can have a paver stone in this garden dedicated to their departed Summit member, by purchasing the engraving for \$150. For this fee the first and last name and the month and year of birth and death would be put on the stone. The letters would be 1 1/2" high. Please contact me if you would like to have a paver stone carved for your loved one. Suzanne McQuaide

SUMMIT'S POTPOURRI OF PROGRAMS

"Poetry is a life-cherishing force. For poems are not words, after all, but fires for the cold, ropes let down to the lost, something as necessary as bread in the pockets of the hungry." ~ Mary Oliver in A Poetry Handbook Theme for this month: *Trees*

Please join us for the first meeting of our **Poetry & Cake Society**
Friday, May 1st, 7:00 p.m., in the Salon

Find a poem related to the month's theme, then bring it to the salon where we will eat cake and share the poems.

Choir Notes

The Summit Singers rehearsals are on Wednesdays at 7:00 pm. If you like to sing, come join us!

Choir Director: Carly Newman carlynewman1021@gmail.com

Freethinkers

We haven't scheduled a presentation at the time of this writing. However, watch for possible announcements for the month of May.

Membership Committee

The Membership Cmte will meet on Tuesday, May 5th at 2:00 pm in the conference room in the office wing.

The Summit UU Book Club...

will meet on Tuesday, May 5th at 7:00 pm in the UU library to discuss Louis De Bernieres' "CORELLI'S MANDOLIN" (also titled CAPT. CORELLI'S MANDOLIN).

Washington Post Book World describes the book as " brimming with all the grand topics of literature - love and death, heroism and skull-duggery, humor and pathos, not to mention art and religion....A good old-fashioned novel."

Piano Club

If you like to play piano, and for others to listen as you do, please join us. Contact Ed Davis or Roy McDonald for date information and this month's location.

UPCOMING EVENTS

Join us for Bunco!!

Friday, May 8, 7:00 p.m., in the Salon

Easy to learn, fun to play!

This is a free and family-friendly event. (Children as young as 4 have been known to be great Bunco players.)

Please email by Tuesday, May 5, if you can bring along a card table.

A Rare Evening
Jim Hinton and Paul Espinoza In Concert Together!



Friday, May 15th, 7:00 p.m.

Presenting the fabulously talented

Jim Hinton (formerly of Everyman Gypsy Band and Paradise Street Band) **and Paul Espinoza** (formerly of Everyman Gypsy Band and now Golden Bough)

\$10.00 Doors open at 6:30

Come! Bring your friends! Support music at Summit!

Economic Summit

Bridging Inequality through Justice

**First Unitarian Universalist Church
of San Diego, Bard Hall**

Saturday, May 9th 8:30 a.m. - 2:00 p.m.

4190 Front Street in Hillcrest (across from the UCSD Medical Center)

Topics will include Economic Justice and:

Immigration

Income Inequality

Racism

Climate Change

Learn how we can promote Economic Justice locally

Sponsored by the Economic Justice Action Group of First UU and UU Justice Ministry of California.
Light refreshments will be provided. For more information contact john@schaibly.com or 858-453-5990

Summit Women's Retreat — Autumn 2015

2015 is upon us so it's time to think about this year's women's retreat! Come be a part of "Stars Among Stars in the Universe." Join us for a relaxing, personally-enriching weekend Oct. 2 to 4, 2015, at beautiful Camp Stevens in Julian. Enjoy communing with nature, dining on organic, home-cooked meals, and sharing new experiences with the women of Summit.

The cost is \$145 per person which includes dinner on Friday, three meals on Saturday, and breakfast on Sunday. We need to collect full payments from eight of us as soon as possible for the deposit. Sign up early as there are only 28 spots and 15 lower bunks available.

We will be staying in the Lax Sadler Lodge again this year. Make your checks out to "SUUF" and include "Women's Retreat" on the memo line. For more information, please contact Cindy Hopkins. We hope you will consider joining us this year.

ADDITIONAL INFO

Job Posting—Chalice Unitarian Universalist Congregation

Position: Office Administrator, Monday through Friday (doesn't impact church attending ability!)

Contact: Rev. Sharon Wylie, Minister - revsharonwylie@gmail.com

Chalice Unitarian Universalist Congregation

Escondido, CA 92029

Dear Summit Members and Friends,

In January, I volunteered to oversee the completion of the Walden Project. For those of you who do not know, The Walden Project is a grassroots, congregation-based, inter-generational learning project of Summit Unitarian Universalist Fellowship.

You can read all about this project and see some great photos at www.TheWaldenProject.org. The project - to build a small, moveable, sustainable home - will draw local, national and international attention to issues important to Unitarian Universalists, including the right to shelter, alternative housing, residential applications of green technology, spiritually-grounded activism, and voluntary simplicity. In the fall of 2011, many Summit Volunteers began building the tiny house that now sits in the Summit parking lot. The house is built on a trailer designed and built by FE Trailers, a family company of the McQuaides, who are members of our Fellowship.

Thanks to all the Summit Volunteers, the "bones" of Walden have been built and all the necessities (like a toilet, shower, solar inverter, heater, and water system) installed.

In January, a friend of the Fellowship, Terry Hagberg, of Hagberg Construction, was recruited to help us

with completion of the project. Terry agreed to volunteer his time and bring in his own contractors to finish the project. Terry is helping us turn the skeleton of the tiny house into a livable home on wheels. We still have much to do.

Walden Tour https://www.youtube.com/watch?v=TQu2oNQ49B4&feature=em-upload_owner will provide a video update on this wonderful project. (Try not to laugh; it's my first video.)

I will be keeping you all connected to this project, please feel free to ask me any questions when you see me at Summit.

-Pilar Placone-Willey

The Summit Planned Giving Committee

...would like to start a conversation about legacy giving among Summit's members. Including Summit in your estate planning and charitable life income plans can help us sustain our mission—in perpetuity—for a more compassionate, just and sustainable world. Unlike regular annual giving through pledges, such gifts can help Summit pay off its mortgage, insure that we keep our property well-maintained, fund special programs and projects, and maintain financial stability in hard economic times.

What is planned giving? Planned gifts are usually funded from assets accumulated over a person's lifetime or from life insurance. Most planned gifts are deferred, meaning Summit will enjoy the financial benefits of the gift after the donor's death. They include:

- Naming Summit as a beneficiary in a will, living trust, life insurance, 401(k) or 403(b)
- Naming Summit as the recipient of a tax-free rollover from an IRA
- Donating appreciated stock or real estate to Summit
- Designating Summit as a beneficiary of a charitable gift annuity or charitable remainder trust
- Naming Summit as a secondary beneficiary of any of the above

Planned gifts are not a substitute for annual pledges toward the operating expenses of the church.

How can a planned gift be useful to the donor?

- The enjoyment that comes from making a significant gift to the organizations you love that you would not have been able to make during your lifetime.
- Tax deduction or reduction of capital gains, estate, or gift taxes.
- Increased income from low-yielding assets
- Asset management for someone who is not able to manage financial affairs.
- The pleasure of knowing that your philanthropic dreams will be fulfilled.

If you are considering a planned gift, please speak with a member of the Planned Giving Committee or our minister. The UUA Office of Legacy Gifts can also assist in establishing charitable gift annuities, and can be reached at (888) 792-5885, or giftplans@uua.org. If you have already established a planned gift with Summit named as the beneficiary, please let the Planned Giving Committee know by e-mail to Carol Davis.

Our Website has all the Summit information: summituuf.org/

Summit has a Facebook page!

<https://www.facebook.com/SummitUUF>

The monthly newsletter from the Unitarian Universalist Association: [UU Bulletin](#).

Summit's ONLINE DIRECTORY Needs YOU!

Is your info already in the printed Summit directory? Great! It should be on our new website, too.

Register online & upload your photo:

1. Go to www.summituuf.org
2. Select MEMBER LOGIN
3. Click the red REGISTER link
4. Fill out the Registration form
5. When done, click the blue REGISTER button at bottom of form.

Your Profile Photo

You can add your photo to your profile in the Membership Directory after you have registered (once your registration has been activated). Here's how:

1. Select the photo you want to use and place it on your computer desktop.
2. Log in on www.summituuf.org and you will find yourself in the Member Area.
3. Select "Your Profile" to access the Member Profile page.
4. You'll see "Upload" under the shadow of an image. Click "Upload" to upload your photo from your desktop. **Note:** If you want to change your photo at a later date, just repeat this process with a different picture.

Need help? Email LaMar Rogers at lamarrogers@cox.net.

Another Way to Be Informed

The newsletter you are reading is our monthly Scene at Summit. If you wish to receive our weekly eNews in your email, contact Pam Kerr at Suuf_volunteer@sbcglobal.net and she will be happy to add you to the email list.

If you would like to contribute an article, or classified ad, or 'something of interest' to the eNews, please follow these simple steps:

- Ⓢ Do Not Send attachments. Include your information in the body of the email.
- Ⓢ Send your item by early Wednesday morning to be included in that week's eNews.
- Ⓢ Only programs, initiatives and events that are sponsored by an established committee or group at Summit may be featured in the main body of the eNews.
- Ⓢ Services and goods wanted, jobs wanted or services offered, or for sale and ads relating to member businesses may be featured in the "Classified Ads and Bulletin Board" section at the lower end of the eNews, at the discretion of the eNews editors.

Send your items to: Suuf_volunteer@sbcglobal.net

If you usually receive the eNews and suddenly do not, please let me know, it is sent every Thursday.

Thanks! ~Pamela Kerr

Staff Notes:

"Shake, Rattle, *then* you can Roll!"

This is Summit's slogan to remind everyone about making sure all doors are locked before you leave the campus. The doors must be pushed and pulled to verify they are actually locked in place. Please be mindful of this practice.

Parking Notice: Please park only in designated parking spots. Additional parking is available in the lot immediately to the east across the street from the Salon as well as the doctor's office at 10158 Buena Vista Ave. (Sundays only). The driveway areas need to be kept clear in case of emergencies.

Senior and Visitor Parking: We would like to ask our able-bodied members and friends to use the above-mentioned parking areas and leave the lot spaces for our designated seniors and visitors. Thank you. SUUF Staff