

THE SCENE AT SUMMIT
Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071

Vol. 24 No. 9

September 2014

Monthly

Summit's services and programs are held at the address above, phone number, 619-562-0833. Our website is www.summituuf.org, where the Newsletter & Sermons can also be read. Mail should be sent to the office at the above address.

Office hours: Mon. 9:00 am - noon, Tue. - Fri. 9:00 am - 4:00 pm

Sunday Services 10:00 - 11:15 a.m.

Sept. 7th, 2014: "*Children of the Living Tradition*" Rev. Frank Placone-Willey

All Summit Members and Friends are invited to this our annual Ingathering service which marks the end of Summer and the beginning of our fall semester of Religious Exploration. Bring water collected from home and from your travels to share in our Water Communion and come prepared to witness and pledge your loving support to the children of our Fellowship. Come find a welcome resting place for your weary soul and inspiration for what lies ahead!

Sept. 14, 2014: "*Why Commandments are Not Enough*" Rev. Frank Placone-Willey

A famous Rabbi once wrote "The letter of the law kills, but the spirit gives life." Why do we need the law? Why is it not sufficient to the creation of a loving and just society? In this Sunday's reflection Rev. Frank will invite us to consider the ways in which a "rule-bound" conscience is ultimately destructive to the spiritual life, and suggest some practices that can help liberate us from the varieties of legalism and traditionalism that so often hold us down and hold us back.

Sept. 21, 2014: "*Who Wants Gun Violence*" Rev. Frank Placone-Willey

The place and function of guns in our society is just one of the many ideological fault lines that have emerged in recent years. How should we live in relation to guns and gun owners? As always, whatever side you may be inclined to take in this ad nauseum debate, come prepared to have your sacred cows sacrificed to the gods of love and freedom.

Sept. 28, 2014: "*Where Does Religious Consciousness Come From?*" Rev. Don Stouder

In June Rev. Don promised to talk a bit more about his embrace of humanism. One of the things that influenced him was a recent doctoral course on the Paleolithic Origins of Religious Consciousness. Come join us on September 28th as we explore together, in the sermon and discussion afterward, how twenty-first century humanism and the first peoples of millennia ago find common ground.

*The Scene at Summit's **October 2014 edition***

deadline will be *Mon., September 22nd.*

Summit's Office Information

Minister: Dr. Frank Willey: UUFrankPW@aol.com

Emergencies and appointments: 619-889-0312

Office Schedule: Tues. - 12:00 noon - 5:00 p.m.

Thurs. - 12:00 noon - 5:00 p.m.

Children's Religious Exploration: DRE, Mary Carter-Vail, 619-562-0833,

ex. 205 / summitdre@gmail.com

Office Admin.: Linda Peck, 619-562-0833, ex. 202 / summitunitarian@sbcglobal.net

President: Barbara Brooks, bgbrooks@mac.com

FROM THE MINISTER'S ROLLTOP:

“Keeping Musicality Alive”

Our Celebration of Creativity on August 24th was a reminder that we are co-creators of the realities in which we live, work and play. Each of us is a unique channel of what Mother of Modern Dance Martha Graham called “a vitality, a life force” that is available to move in and through us. One of our life's purposes, should we choose it, is to keep this channel open. Another intention our UU principles and purposes invite us to hold individually and collectively, is that of consistently directing the energies that are available to us for the creation and support of beauty, goodness, and truth in our world.

Musicality—the melodies, harmonies, rhythms and sympathetic resonances that move through and ground our existence—enliven us and flow through our lives and communities in many different ways: in song and poetry; through instruments and voices and the liturgies of our Sunday Services; in the empathic vibrations experienced in a caring touch or a warm hug. Without such musicality the unavoidable comings and goings of people allied with our fellowship--through changes in jobs, family circumstances, birth and death--would likely make life that much more difficult to bear for many of us.

Such changes are upon us now. One in particular will significantly affect how we make and experience music together from now on. As most of us know, Jill Reis, our Choir Director for the past four years, has resigned her position in order to prepare for graduate studies in voice education. Though she has left her position with us, she will continue to be a member of Summit until she leaves town next fall. We all bless Jill on her way in this transition, and offer our sincere support in this next phase of personal and professional development.

The Sunday Services Committee, I, and the choir have already begun the process of trying to identify and call a new Choir Director to Summit. If you know of someone who has the training and experience to fill this position, please have them send me their resume, to uufrankpw@aol.com as soon as possible. It would be nice to have the position filled by the end of September, if at all possible, so that, in earnest, we can begin the next new phase in our worship life and music-making together.

Namaste,

Rev. Frank

FROM OUR SUMMIT LEADERSHIP

“Summit UU Fellowship is a spiritual community committed to building a compassionate, just and sustainable world for over 25 years.”

Opening for a Choir Director at Summit Unitarian Universalist Fellowship, Santee California:

- The choir director organizes and leads the Summit Fellowship Choir (a.k.a. *The Summit Singers*), and participates in other aspects of the Summit Music Program.
- The director works in close cooperation with Summit's Minister and Sunday Services Committee, and once or twice a year with the children in our Religious Education program.
- The choir is an all-volunteer group of Summit members and friends who together lead music at our main 10 a.m. service for at least two Sundays per month, from September through mid-June.
- The Director must be available to conduct the choir two Sundays a month and lead choir rehearsals every Wednesday night, from September through mid-June.
- The Director must be personable and hospitable, and be willing and able to work well with our minister and a team of volunteers who vary widely in their talent and understanding of music.
- Experience in choir direction is expected. Knowledge of Unitarian Universalist worship and music is preferred, and participation in the Unitarian Universalist Musicians Network is encouraged,
- This position is for an independent contractor. Pay is commensurate with experience and the current market rate for such a position. While it carries no insurance or retirement benefits, there are funds available for professional development in the UU Musicians Network.

If you are interested in this position, please send your resume to the Rev. Frank Placone-Willey right away at summitunitarian@sbcglobal.net.

Interviews will end by September 15th, 2014

Denominational Connections Committee

San Diego UU Network (SUUN, new name for our Cluster congregations), consists of representatives/coordinators from the five congregations in the San Diego area. A rejuvenated group for more than a year, we are a "working" board (not a policy board) and we meet monthly. Our main goal is to advance common values through cooperation. SUUN is funded by a line item in the budgets of all five member congregations and money collected from sponsored music events. Donna Daum and Jennifer White are currently serving terms as representatives for Summit. Contact either of us for more information.

Last year we sponsored several activities and a couple of music events. The workshops cover topics that the congregations are interested in, along with ways UUs can come together in this area. We are off to a great start in the new year of SUUN (2014 July-2015 June), with a whole new schedule of

workshops, music, and fun events. Watch for more news on future workshops and professional music concerts this Fall. Our first concert is Peter Mayer ("Blue Boat Home") on Oct. 18th at San Dieguito.

We had almost 300 UUs from the Cluster at our Taste of UU- Music and Food Festival Aug. 23rd. Ask any Summitarian who was there and you will hear about the great live music (all UUs) and great time had by all.

A workshop/orientation for board members will be held on Sept. 20th here at Summit. SUUN's website: www.uusandiego.org/

Submitted by Jennifer White, chair of DCC

Board of Directors Meetings

Third Thursday of each month from 7:00 to 9:00 p.m. in the Library at Summit. Observers are welcome. Minutes from recent meetings are posted on our website: www.summituuf.org.

RELIGIOUS EXPLORATION FOR ALL

Children's Religious Exploration News

It is that time of year again when the Summit Children's Religious Exploration new year planning and preparation are in full swing! Our teaching teams are ready and I am making schedules and prepping classrooms for a fun full year of exploration and community building with our children and youth.

This month I would like to share more information on the curricula that our CRE Committee and families chose for the program this year. We met in July to talk about the past year and to plan the upcoming year including curricula, special events, and activities, using our CRE Mission statement as a guide. The group looked at programs used in the past to guide our choices for each age group, to offer our participants a well rounded religious exploration experience. (I have included the Mission Statement at the end of this article.) There was a last-minute change made to one of our curriculums. I discovered a new offering for Middle School that is a much better fit for the group than what we had originally planned. After talking to our past and present CRE Chairs I made the decision to switch. See the details below.

Each program is lead by a teaching team, pairing experienced teachers with new ones, to provide a loving, safe environment for our children and youth as they explore spiritual growth. Below is a description of each age group and their specific programs for this fall:

Summit Nursery

Our Nursery is an important part of Sunday mornings. It offers a loving, fun, and safe place for babies and young children to play while their parents participate in the service and after service Circle discussion. We have a team of qualified volunteers to work with Cathy Young on Sunday mornings from 9:45 to 12 noon. Although there are no formal structured classes for this age there are many age-appropriate story books, interesting toys and activities available.

Pre-Kindergarten to First Grade – Spirit Play & Chalice Children

Spirit Play is a Unitarian Universalist, Montessori method-based program that encourages children to question and wonder about their spiritual home and beliefs. This will be our third year using this program. Class starts with a story told from a story box using felt pieces, figures, and objects that bring the tale to life for the students. After the story, the reader asks “wondering” questions to inspire children to think about what they have heard and to respond from the heart. Children are then encouraged to explore the story in depth using a special activity, art materials, or other story boxes from previous weeks. Each child will be able to choose to work independently from available materials and stories in the room. This is a child-centered spiritual approach that can be very rewarding for both the child and the adult leaders. Find out more at: www.spiritplay.net We will continue to add to our story collection with stories of our UU events and a worship corner.

Second and Third Grade – Moral Tales

Every day our children go forth into a complex world where they are often faced with difficult situations and decisions. *Moral Tales* attempts to provide children with the spiritual and ethical tools they will need to make choices and take actions reflective of their Unitarian Universalist beliefs and values. Stories are woven throughout *Moral Tales* as tools to stimulate the children to learn how to make moral choices. Find out more about Moral Tales at: <http://www.uua.org/re/tapestry/children/tales/index.shtml>

Fourth and Fifth Grade – Spirit of Adventure

Spirit of Adventure is all about discovering what it is to be a Unitarian Universalist through fun hands-on experiences. In this UU Identity curriculum we will explore some famous UU's and learn about members of our own congregation. The units include sports, science, medicine, food, holidays, building, exploration, and the web of life. Some of the activities will be: building Jello sculptures, visiting with animals, making pancakes from scratch, and the famous "take apart party"! There will be lots of adventure to be had while learning how individuals live our faith values and use them to make lasting contributions to the world.

Find out more about Spirit of Adventure at: <http://www.uure.com/spirit.html>

Middle School – Jedi Academy

I discovered a UU curriculum that is really good for this age group and fits our class rotation for well-rounded UU youth: *Jedi Academy*! This is a mindfulness training program that's all about self discovery and self control. The curriculum does draw from the “Star Wars” universe, but knowledge of these tales is not necessary to participate. Throughout the year, youth will work on areas of growth, concentration, and discovery. The main areas of focus are Skill (Physical training, light sabers, peacekeeping), Insight (Big questions – good, evil, death, morality and more), Courage (Mindfulness training), Senses (Connection of the body and physical experience to spirituality) and Spirit (Spiritual practices of the Force). All are approached using UU focus, values and principles as our guide. These are great life skills that all youth can benefit from and are explored through the Jedi lenses making it fun! At the end of the year, a Padawan (youth,) can choose to participate in the Jedi Trials to become a Jedi Knight. May the Force be with us all!

Senior High Youth Group – YRUU

Our Youth Group will continue to follow a rotating schedule which will include working with the Social Action Committee, Popcorn Theology (movie clips and discussion), Fun and Games, and a monthly "Rap Sunday" to just talk about current issues. This year our older youth will continue taking a more active role in planning and facilitating their group meetings. This group has become an active part of the Summit community and we are looking forward to their continued growth and leadership this year. Youth Group Advisers work with the group to guide and empower them on this journey.

There are other classes and activities that are in the works as well. I'll have more detail in next month's newsletter.

Bright Blessings,
Mary Carter-Vail, Director of Children's Religious Exploration

Children's Religious Exploration Committee Mission Statement:

Our Mission is to create a safe and welcoming spiritual home for children & youth through creative exploration of the Unitarian Universalist Principles and Sources.

Adult Religious Exploration

Writers' Workshop/ Lois Santalo: This group meets every Tuesday morning, 9:30 to noon, in the Salon.

Memoir Writing Group / Lois Santalo: Fri., Sept. 12th, 10:00 a.m. to noon, in the Summit Library. This is an ongoing workshop. Everyone is welcome.

Poetry Workshop: Saturday, Sept. 20th at Summit at 10:00 am. Please call Margo Mariana at 619-465-7909 if you interested in participating. All levels of writing experience are welcome.

Meditation- Sunday, 8:00 a.m. -Sanctuary; Wed., 8:30 a.m. -Salon:

Meditation is a practice, and needs to be practiced, like anything worth doing. We sit in chairs, in meditation and/or silent prayer for the concerns of our hearts or of others who have asked to be remembered. We are lifted by the shared intention and spiritual energy of one another. *"Whenever you step out of the noise of thinking, that is meditation, and a different state of consciousness arises."* ~ Eckhart Tolle

Spiritual Practice (Praxis) Group: The Spiritual Practice Group is beginning a new series. The group will meet on the second Tuesday of each month from 7:00 - 8:30 PM in the Summit Salon. The first session will be September 9th, 2014 at 7:00 PM. The primary reference materials will include essays and videos from diverse sources. The book **Writing to Wake the Soul, Opening the Sacred Conversation Within** by Karen Hering will be used as a reference by the facilitator to create optional writing exercises to deepen self-discovery and to enrich the shared experience of the group. (*This book does not need to be purchased by the participants!*) Please contact Theresa Erreca if you are interested in participating and would like more details. Erreca@cox.net

SUMMIT MINISTRIES

Caring Committee

We would like to remind everyone that Juana Page and Janet Dixon are "ride coordinators" for our committee. If you need assistance with transportation to Summit or appointments, call them, preferably a few days ahead of time.

Loving Hands Ministry

We will meet Sat., Sept. 6th at 10:00 a.m. in the Summit library. All are invited! If you like to knit, crochet, or quilt, please join us. The Loving Hands Ministry works on blankets for Linus Project, dishcloths for Crisis House, comfort shawls for Summitarians in need of comfort, and is always open to new ideas for outreach projects. Contact Laurel Bernstein for more information.

Justice Ministry Committee

The Justice Ministry Committee is coming back after resting for a while. The next meeting is this Tuesday, Sept. 2nd at 1:00 P.M. in the Summit Library. Contact Jack Shu if you any questions.

Social Action Corner - *Service Is Our Prayer*

Helping Others in East County and Beyond

Summitarians acting locally:

Esperanza School Collection- August's Social Action collection for the support of a student at the private, nonprofit school, Colegio de la Esperanza netted \$887 toward a full tuition scholarship for Kiara Alia Rodriguez Arteaga, an upcoming third grader at the school. We thank you for your support.

How Can You Help Summit's Social Action Efforts?

Everyday Social Action- the Social Action theme for the coming year is "Everyday Social Action." What do you do to make the world a better place? Summitarians will be sharing their Everyday Social Action practices during the upcoming year- we look forward to hearing your ideas and practices as well! Being water-wise and helping youth are highlighted this month. Here are submissions from two Summit members:

Summitarian Household Is Water-wise – We take quick showers, and collect the shower water into a big bucket while waiting for it to warm up. Then, using a smaller bucket, use the water to flush our toilets. We practice "if it's yellow let it mellow, if it's brown flush it down" as we learned in camp. We turn the water off while brushing our teeth, and wait for a full laundry load and a full dishwasher before washing. The lawn is watered twice a week, early in the morning, and drought tolerant plants have replaced our back lawn. We used to wash our cars on the lawn but now take them to a carwash that uses recycled water. –Anonymous

Summitarian Helps Youths Find Their Way – I always knew I wanted to be a grandma or auntie- without having my OWN kids- but was not sure how. When Mark and I were searching for a spiritual

community, this “intergenerational outreach” became part of our objective. The opportunity to have teenagers in my life all started at Summit!

I have participated in two Coming of Age Programs, but this kind of “every day social action” opportunity seems to have continued and grown naturally from other friendships. And, while the word Mentoring is appropriate, it’s not entirely accurate, because these friendships are not one-way relationships. The role of a non-parental adult in a young person’s life is equally enriching and valuable to both parties!

Right now I am closest with two girls in particular. One is a 16 year old in Arizona who, when only 14, became the most talented apprentice I have ever had in my metals studio. She’s recently been diagnosed with a rare and incurable autonomic dysfunction, and is suffering much continuous pain and anguish. The other is also 16, a self-described nerd, brilliant student underserved by school, society and circumstance, who practices French conversation with me by text, and piano in our house!

In each case I spend focused time with them and try to offer opportunities they would not otherwise have, while learning from them about their own worlds. I am blessed with these friendships, their talents, and love. - Alix Hart

Restorative Justice Training- For anyone interested in getting involved in Restorative Justice work - there is a training available October 23, 24 and 25 for anyone interested in becoming a facilitator of the Victim Offender Dialogues.

The Restorative Justice Mediation Program (RJMP) offers crime victims and juvenile and adult offenders an effective alternative to the traditional criminal justice system. RJMP offers its services to probation, the police, the courts, and other service agencies. RJMP gives offenders a chance to take responsibility and make amends as well as giving the victim a voice and an opportunity to ask questions and to describe the effects of the offense. The process begins the healing for the victim, the offender, and the community.

Victim-Offender dialogue facilitation differs from traditional mediation. It requires offenders to take responsibility for the harm they have done victims. It helps to provide equitable restitution to the victim, and is proven to reduce the probability that an offender will re-offend.

This facilitator training is intended for all persons interested in becoming RJMP facilitators but will benefit teachers, defense attorneys, and others -- especially those involved with children, teenagers and young adults. Trainees who agree to facilitate cases with RJMP will receive valuable experience in conflict resolution and skills transferable to all walks of life. The course includes 20 hours of basic Victim-Offender Mediation/Dialogue Training using lectures, videos, and role play. Instruction, training manual and lunch on Friday and Saturday will be provided.

Sessions are Thursday 6 :00-9:00 pm, Friday 8:30am - 5:00 pm, and Saturday 8:30 am - 5:00 pm.

Location: Roman Catholic Diocese of San Diego Pastoral Center, 3888 Paducah Dr., San Diego, CA 92117

Cost of training: \$150.00, \$75.00 for students with current ID and anyone 65 or over. For more information, contact Andrea Travers.

Social Action Sunday- SAC meets in the Summit library on the third Sunday of the month after the service. We welcome you to join us on September 21st at 11:30 am for the next Social Action Committee meeting. Questions? Contact Gwen Baldwin, SAC chair.

Amnesty International

Hi all! Our next meeting will be on Sept. 29th at 6:30 pm in the Summit Salon. We look forward to seeing you!

WITHIN THE CONGREGATION

Member & Friend News

Please keep the following people in heart and mind:

♥ We send our best wishes and love along with Erin Doherty as she embarks on her next chapter with a new job in San Luis Obispo.

♥ Gloria Gelineau as she continues to undergo cancer treatment.

♥ Richard Wilkie and Elaine Harper, as Richard continues to receive palliative care at home.

♥ Alissa Davis is done with surgeries and went home yesterday. She's not ready for visitors yet, however.

♥ Lynne, John, and Kyle Slaughter. Kyle is back home after rehabilitation for back problems.

♥ Paul Ziemer died the morning of Sunday, August 17th, after a long battle with cancer. He and his wife, Judith had been members of Summit for many years. We are sorry we don't have Judith's contact information at this time.

♥ Erv Metzger died of natural causes, July 15th at his home in Oakland. He was 88. Erv and his wife, Pat were members of Summit for many years and I'm sure many members will remember them well. A celebration of life will be held at 10:00 a.m., August 29th in the Griffin Gate Room in the Student Union at Grossmont College. The family suggests donations to the Erv Metzgar Memorial Scholarship Fund at the Foundation for Grossmont & Cuyamaca Colleges, 8800 Grossmont College Drive, El Cajon, CA 92020.

♥ All in our community who are struggling to make ends meet, find work, and provide for their families in these difficult economic times.

♥ We NEED YOUR PARTICIPATION. Donate an hour or two of work. The Walden Project thrives on a patchwork of stitched-together good-will, cooperative spirits, and helping hands!

Summit Now has a Memorial Garden

It is the patio area under the Chinese Elm Tree between the office wing and the salon. Families can have a paver stone in this garden dedicated to their departed Summit member, by purchasing the engraving for \$150. For this fee the first and last name and the month and year of birth and death would be put on the stone. The letters would be 1 1/2" high. Please contact me if you would like to have a paver stone carved for your loved one. Suzanne McQuaide

SUMMIT'S POTPOURRI OF PROGRAMS

Choir Notes

The Summit Singers rehearsals resumed on Wednesday, August 27th at 7:00 pm. If you like to sing, come join us!

Freethinkers...

Is taking a hiatus for a time. Watch for future postings...really! Contact Wendell Rawlins or Donna Daum if you have a topic you would like to present.

Membership Committee

The Membership Cmte will meet on Tuesday, Sept. 2nd at 2:00 pm in the conference room in the office wing.

Parents & Friends of Lesbians and Gays

We meet in Summit's library at 7:00 pm on the second Monday (Sept. 8th) of each month. PFLAG is an international organization (www.pflag.org) created by families and friends to gain understanding of and support for our gay loved ones. Our mission is to promote the health and well-being of lesbian, gay, bisexual, and transgender persons, their families, and friends through support. For more info contact Bob and Mary Dryden.

The Summit UU Book Club...

On Tuesday, September 2nd at 7:00 pm, the Summit UU Book Club will meet in the Summit library to discuss Vincent Blasco Ibanez' classic 1918 bestselling novel "The Four Horsemen of the Apocalypse," telling the gripping story of cousins who end up fighting on opposite sides during WWI.

This novel is available on line, at no cost, @ www.gutenberg.org.

Piano Club

If you like to play piano, and for others to listen as you do, please join us. Contact Ed Davis, or Roy McDonald, for date information and this month's location.

UPCOMING EVENTS

25th Anniversary Grand Finale

Saturday, September 13th, 6:00 to 9:00 p.m.

Stay tuned for details about this celebratory culmination of our **25th year!**

Hear Ye! Hear Ye! 'tis the Season of Moneymaking!

Let the trumpeters blow their horns and the maidens dance. Hark all Wenches and Goodwives, Goodmen and Laborers!

So shall it is to come soon, thou wilt be summoned to attend the

“2014 Summit Renaissance Faire Auction”

The Date: Saturday's Moon, November 8th

The Hour: 4:30 – 9:00 night fall

(continued...)

Feasting to gorge the belly full, bidding and haggling, Palm Reading for your good or bad fortune to be told. All this and more we look toward two fortnights and setting moons to behold.

There shall be Royal Markets and Peasant's Taverns to take indulge. Muses with flutes, Sorcerers and Jesters, a bawdy and ravenous time!

**Be thinking thou Summit Villagers and Fond Friends,
of the services, items, meals, and fun-times you and
your beloved-kin wish to donate to this year's fine event of merrymaking
whilst fundraising.**

(Donation forms are available in the office and online at summituuf.org.)

Fare thee well 'til the morrow!

Unitarian Universalist Men's Fellowship-2014 Fall Renewal

October 3-5 (Camp Stevens, Julian California)

Theme: "Myths, Lies and Self-Deception"

From the flyer: "Burdened by baggage from the past? Are you ready to move on? Through stories, kinship discussion, and fellowship we will do the inner work needed to address these questions and others. All men in the Church, especially "first timers" and those from 20 to 40 are invited for a relaxing and yet invigorating weekend of recreation, music, meditation, and fellowship in the crisp autumn air of Camp Stevens in Julian, CA. As usual the weekend will include workshops, deep sharing, music and drumming, silence, ritual, songs, laughter and great food. For information please contact Kim [Cohn captainj@lightspeed.net](mailto:captainj@lightspeed.net), 858-384-2209, or John [Holl johnholl@cox.net](mailto:johnholl@cox.net), 619-546-6525."

For more information on the UU Men's Fellowship, please see: <http://www.firstuusandiego.org/mens-fellowship> To download a copy of the registration form, please go to: **UUMF Fall Renewal Registration** (Copies of the registration form are also available on the volunteer desk in the Summit office.) Submitted by: Vic White.

ADDITIONAL INFO

Summit's ONLINE DIRECTORY Needs YOU!

Is your info already in the printed Summit directory? Great! It should be on our new website, too.

Register online & upload your photo:

1. Go to www.summituuf.org
2. Select MEMBER LOGIN
3. Click the red REGISTER link
4. Fill out the Registration form
5. When done, click the blue REGISTER button at bottom of form.

Your Profile Photo

You can add your photo to your profile in the Membership Directory after you have registered (once your registration has been activated). Here's how:

1. Select the photo you want to use and place it on your computer desktop.
2. Log in on www.summituuf.org and you will find yourself in the Member Area.
3. Select "Your Profile" to access the Member Profile page.
4. You'll see "Upload" under the shadow of an image. Click "Upload" to upload your photo from your desktop. **Note:** If you want to change your photo at a later date, just repeat this process with a different picture.

Need help? Email LaMar Rogers at lamarrogers@cox.net.

Another Way to Be Informed

The newsletter you are reading is our monthly Scene at Summit. If you wish to receive our weekly eNews in your email, contact Pam Kerr at Suuf_volunteer@sbcglobal.net and she will be happy to add you to the email list.

If you would like to contribute an article, or classified ad, or 'something of interest' to the eNews, please follow these simple steps:

To add your item to the eNews

- ⊗ Do Not Send attachments. Include your information in the body of the email.
- ⊗ Send your item by 8:00 a.m. Wednesday to be included in that week's eNews.
- ⊗ Only programs, initiatives and events that are sponsored by an established committee or group at Summit may be featured in the main body of the eNews.
- ⊗ Services and goods wanted or for sale and ads relating to member businesses may be featured in the "Classified and Bulletin Board" section at the end of the eNews, at the discretion of the eNews editors.

Send to:**Suuf_volunteer@sbcglobal.net**

Your consideration is Greatly Appreciated, Thanks! ~Pamela Kerr