

THE SCENE AT SUMMIT

**Newsletter of Summit Unitarian Universalist Fellowship
8778 Cottonwood Ave., Santee, CA 92071**

Vol. 23 No. 6

June 2013

Monthly

Summit's services and programs are held at the address above, phone number, 619-562-0833. Our website is www.suuf.org, where the Newsletter & Sermons can also be read. Mail should be sent to the office at the above address.

Office hours: Mon. 9:00 am - noon, Tue. - Fri. 9:00 am - 4:00 pm

Sunday Services - 10:00 am

June 2: *"Mission Impeccable"*

Rev. Frank Placone-Willey

How can we engage in transforming the realities of sin and evil in the larger world? In our families? In our communities? In ourselves? One important aspect of spiritual community is that, when rightly practiced, it provides the guidance and opportunities we need to resolve such basic questions. Rev. Frank will invite us to consider how we are doing, individually and collectively, in fulfilling our Fellowship's mission to build a compassionate, just and sustainable world. NOTE: The service will be shortened significantly to accommodate the Annual Congregational Meeting.

June 9: *"The Fruits of Religious Exploration"*

Mary Carter-Vail, DRE and Summitarians of all Ages

This will be an intergenerational celebration of the end of our Fellowship's religious exploration year. A veritable cornucopia of entertaining and inspiring skits and art, and the recognition of our RE teachers and volunteers—this service will give Summit members and friends an opportunity to witness first-hand the personal and faith development of our congregation's children and middle-school youth.

June 16: *"For Argument's Sake"*

Rev. Frank Placone-Willey

As psychologist-philosopher Jonathan Haidt points out, American's have been well trained to argue—often to the detriment of ourselves and our relationships! This is especially true among us UU types. In today's reflection, Rev. Frank will explore our penchant for arguing, protesting and attacking, and invite us to engage in spiritual practices that can help us cultivate a disposition that is, on the one hand, less defensive and less interested in winning, and on the other, more empathic and more responsive to all that is good and beautiful in ourselves and others. Come prepared to disagree vehemently!

June 23: *"Acting in Our Own Drama"*

Rev. Jim Grant

Suppose I'm at the Old Globe enjoying a play, when suddenly the action is interrupted by an announcement: "IS JIM GRANT IN THE HOUSE?" I am Jim Grant! It continues: "Please report to the stage for an act only you can perform!" When we worship together on June 23, I will suggest that one of the problems we have with ancient stories is thinking they deal only with ancient people. However, many of those stories are applicable to our lives--our lived drama. This is true about stories in the Bible, but too often we either ignore the Bible, or, as some suggest, the Bible has all the right answers, when in fact it is the place to get the right questions.

June 30: *"Our Spiritual Home"*

Rev. Frank Placone Willey

Home, for too many of us, has been a place of dysfunction and unhappiness. Does our history have to determine our destiny? Can you and I salvage and reconstruct the meaning and experience of home for ourselves and in our relationships with others? We will explore the implications of our life and work

together as we attempt to do something that no other type of organization is committed to doing, namely, building a community that is free of every obstacle that would prevent us from loving ourselves, one another, and our world as fully and completely as possible.

~ **ATTENTION** ~

*The Scene at Summit's July 2013 edition deadline will be **Mon., June 24th**.*

FROM THE MINISTER'S ROLLTOP:

A Summary Review of this Fiscal Year

We've experienced and accomplished a great deal of growth and change in the last fiscal year. Since space does not allow me to list everything that has happened that is worthy of note, a few examples of our progress and development will have to suffice:

- 1) We've sustained a series of important initiatives in social action, among them:
 - continuing our support of Crisis House,
 - stepping up our support of the UU Legislative Ministry,
 - hosting our second, and longer, interfaith shelter for the homeless, and
 - doubling our original collection goal for the Santee Food Bank.

- 2) We've been enriched by a variety of programs in adult education and development, including:
 - Our celebration of the spirituality and witness of Dr. Martin Luther King, led by the Rev. Dr. Will Coleman,
 - A well-attended series of regular "I'm Not Done Yet" educational and support group offerings,
 - An active Free Thinkers group, that continues to explore some of the deepest questions, most interesting phenomena, and greatest challenges facing us and our world today,
 - A variety of educational and practice-based programs organized around topics like, "Why Good People are Divided about Religion and Politics," Religious Humanism, Spiritual Praxis, Global Warming, and Conflict Transformation (Pt. 1),
 - Twelve Summit men have established a weekly Men's Group that is going strong, and we are open to establishing another should there be any interest.

- 3) We've added much-needed Committees in the areas of Planned Giving and Denominational Connections, and an active UU Legislative Team.

4) Under the able leadership of Mary Carter-Vail and the Religious Exploration Committee we have seen a significant increase in the numbers of children and youth participating in religious education and other Summit-related activities.

5) We have been refining how we function as an intentional community, guided by four objectives set by the Board of Directors for our current fiscal year, ending June 30th:

- Develop and refine democratic processes and procedures.
- Create a covenant of right relations.
- Review and recreate a comprehensive five year plan.
- Be more effective at internal communication – keeping the congregation informed.

We're seeing some results from our efforts to meet these priorities, for example:

-Feedback from every member of the congregation has been solicited regarding how Summit could change for the better through 1) the Salon Tree, 2) focused committee planning, 3) small group meetings, 4) open meetings with the minister, and 5) congregational surveys. All of this information has been forwarded to the Strategic Planning Committee as it seeks to set some ambitious, yet realistic goals for the next five years. A draft of the Strategic Plan will be presented to the community for additional response, discussion and refinement this fall.

-In response to input from congregational members, policies and procedures regarding the nomination of Board members and other leaders have been refined to make the nominations process more transparent and available to interested members.

-With the able help of Vice president and volunteer Parliamentarian Jennifer Gorman and member Laurel Bernstein, the Board has developed some proposed changes in our bylaws that promise to make our voting practices more democratic and efficient. These changes will be voted on at a congregational meeting called for that purpose early in the new Fiscal Year.

-The congregation will be presented with a proposed Covenant of Right Relations for adoption at its Annual Meeting this month.

-A list of "Frequently Asked Questions" with answers will be published sometime in the next few

months. This will help members, friends and guests navigate their way more easily as they seek to become more integral to our life and work together.

-Through multiple avenues of communication, including public announcements, a beautifully upgraded weekly enews, monthly newsletter and website, we are doing a better job of keeping members and friends of the congregation in touch with Summit-related happenings.

But there is certainly more to be done in every area of our Fellowship's life and work together. Here are a few highlights of things to come:

- A series of events to celebrate our 25 years as a UU fellowship will kickoff at our Service of Ingathering on Sunday, September 8th.
- We will be providing a variety of continued and new Adult Education opportunities in the new Fiscal Year, including an ongoing Spiritual Praxis group, Conflict Transformation seminars on mediation and non-violent activism, a day-long seminar focused on end-of-life issues, and a monthly series beginning in September entitled "The Big Questions," that will focus on some of the most significant questions about religion, science, and morality we human beings face.
- As our Committee on Public Outreach and Communications becomes more active and involved in helping us better manage and monitor every aspect of internal and external communication and publicity, we will have even readier access to information about everything that's happening in our congregation and its outreach to the surrounding community.
- As we move toward completion of our Walden tiny house, we'll begin to garner some international attention for Summit and Unitarian Universalism which, I anticipate, may enable us to engage in some social action initiatives on a much larger scale than ever before. (Go to TheWaldenProject.org for current information.)

Finally, I want to thank you and every other member and friend for your generosity in contributing time, talent and money to help us fulfill our Fellowship's mission and vision. Stay tuned, as we "**Climb On!**"

Namaste, ~ *Rev. Frank*

FROM OUR SUMMIT LEADERSHIP

Annual Congregational Meeting, Sunday June 2nd, 2013:

All Summit members are invited and encouraged to attend the meeting immediately following Sunday Service. Among other things we will be voting to elect our leaders and ratify our budget for the fiscal year 2013-14 (which begins on July 1).

From Your Office Administrator

Hi again,

I did it! By the skin of my teeth the directory was finished in May! They are HOT pink and in the office. Remember, the first one is free to members and friends and any thereafter are \$2.00 each.

Take care! Linda Peck

From your Legislative Ministry Team (LMT)

* Two of Summit's LMT members attended justice-related events in May 2013.

1) Jennifer White attended a day of Justice training and dinner, preceding the weekend of the District/Regional Assembly in San Jose. The Justice day event was organized by UULM CA.

2) Linda Ullrich attended the 17th Annual Immigration Day at the state Capitol in Sacramento. There were just over 70 UUs in attendance, as well as different workers' groups. There were approximately 150 people total. The day began at 9:30 a.m. with a blessing and singing, followed by a walk around the large grassy area in front of the Capitol building while singing different songs. Following the "march" we heard a number of speakers, including the Presidents/Vice Presidents of Legislative Caucuses (Asian, Latino, and African-American), a Union President, immigrant workers, and others. Everyone who spoke supported the rights of immigrant workers and undocumented immigrants. That was very exciting to hear!

Following the speeches, it was time for our visits to our Legislators. Linda was with a group from San Diego speaking with a Legislative Aide in the office of Assembly member Toni Atkins. The group was made up of people from 5 different organizations. We were well received and were given helpful feedback suggesting that we contact the Governor's Office. We were also assured that Ms. Atkins would continue to support these issues.

The next Summit LMT meeting will take place on Weds., June 26 at 1 p.m., in the Summit Library.

Denomination Connections Committee

DCC Mission is to educate and inform Summit members about the UU Association and to encourage

our congregants to participate in the activities of the UUA.

In April, a District Assembly was held in San Jose with 400+ UUs attending. Our district is Pacific Southwest. Rev. Frank, 3 adults, and 1 youth represented Summit in a new Regional Pacific Western Assembly which includes 12 states.

The theme was “Big Faith-No Borders” which included 3 choices of all day workshops.

One of us went to either “Growing Leaders”, “Get Religion”, or “Cross Borders/Beloved Community.” We brought back materials to share with you. There were many worship services, speakers, celebrations, individual District meetings, and information tables on different UU groups.

In late June, the General Assembly will take place in Louisville, KY for 5 days with 3 Summitarian lay delegates and Rev. Frank, who also attends Minister Association meetings. About 4,000 UUs join together and share daily services, witnessing, special lectures, and workshops.

The theme for GA is “From Promise to Commitment.” At The UUA business meetings, we will be voting on changes to the bylaws, whether to continue the Regional Assemblies, and choice of a new Moderator of the UUA Board and GA.

The most time will be spent discussing and choosing 1 new Congregation Study Action Issue out of 6 social action issues, which will progress for 4 years. Currently, the CSAIs are Reproductive Justice (first year), Immigration as a Moral Issue (third year), and Ethical Eating (fourth year). They will be presented in a final document and be voted on as a Statement of Conscience.

DCC thanks Summit for supporting our delegates with reimbursement from a leadership fund of \$1000. One delegate received a GA scholarship in addition and our youth representative received a District scholarship.

See below to get more information about a July event which will show the video of Ware Lecturer Eboo Patel.

So much more to tell, not enough space this month. Watch for news, check out the campus kiosk, and or talk to a DCC member (Jennifer White, Linda Ullrich, Vic White, and Jennifer Gorman, our Board liaison). Coming up July 7, after we return from GA, will be a service about our attendees’ denominational experiences.

Watching General Assembly 2013 Online: In general, all GA events that happen in the main hall this year in Louisville (Opening Celebration, major worships, plenary business sessions, Candidates Forum, the Ware Lecture, and Closing Celebration) will be streamed live. 1.5Mbps or greater download speed is recommended. Live-streaming video is not captioned. Your browser must have [Flash Player](#) version 9.0.115.0 or higher (a free download from Adobe). Consider installing the free [Google Chrome](#) browser, which includes Flash. Be sure your browser allows pop-up windows and JavaScript from the UUA GA site. GA Online will be available Wednesday June 19th through Sunday June 23rd at: <http://www.uua.org/ga/virtual/>.

Sponsored by SUUF DCC

Save This Summit Date: Saturday, July 27th

When: 1:00 – 4:00 pm and **Where:** SUUF Sanctuary

What: UUA General Assembly 2013 Ware Lecture **Presenter:** Dr. Eboo Patel

Note: After the showing of the Ware Lecture, there will be a discussion of **Sacred Ground**, by Eboo Patel, published by Beacon Press.

“With Sacred Ground: Pluralism, Prejudice, and the Promise of America, Eboo Patel establishes himself as the preeminent voice of the interfaith movement. The book is about the ‘promise of American pluralism...’ It surveys: the history of religious bigotry in American politics, the sociology of nonprofits in the United States, and the ‘science of interfaith cooperation’ and ‘religious diversity.’ Eboo grew up Muslim in Chicago and did his doctorate in religion and sociology at Oxford.” (Beacon Press).

Board of Directors Meetings

Third Thursday of each month from 7:00 to 9:00 p.m. in the Library at Summit. Observers are welcome. Minutes from recent meetings are posted on our website: www.suuf.org

RELIGIOUS EXPLORATION FOR ALL

Children’s Religious Exploration News

A Year of Religious Exploration

It is hard to believe that another Children’s Religious Exploration (CRE) year has flown by. Curriculums are being finished up and our children are working on plans for Children’s Sunday and their end of the year class parties. Many adults from our Fellowship are involved in the program somehow, by being part of a teaching or youth adviser team, helping with a special event, by serving on the CRE Committee, and even getting children here consistently each week. All are important to developing the spiritual lives of our children and encouraging a lifelong participation in our faith. This is the time when we look back with gratitude on what has been accomplished.

Our Nursery was reopened last November. We now have one paid Nursery Caregiver, Cathy Young,

who is with our youngest children each Sunday. She works with a volunteer each week to provide a fun, caring, creative place for infants to 3 year olds. We now have children in the nursery consistently each week. Thank you to our Nursery volunteers: Hayley Lekven, Easton Basjec, Teresa Palombo, Jon Kent and Anya Vail. They give one Sunday a month to working with Cathy to care for our youngest children.

This was our first year using the *Spirit Play* program for our youngest classroom. This is a Montessori-based classroom where our pre-kindergarten to first grade children are encouraged to wonder and to explore. Each week children are greeted by a Door Keeper who welcomes them to the classroom. They sit in a circle while the Story Teller shares a tale that illustrates one of our UU Promises (principles) or a holiday story. Each story ends with a time of wondering that acts as a foundation for their work time. During work time children get to use art materials, games, or past stories to explore. Some incredible art has been created by this group this past year. Our Spirit Play Teaching Team includes: Christian Spring, Shannyn Fowl, Karol Miller, Alan McQuaide, Betts McQuaide, Esther Quinn, Mary Ellen Danforth, Jon Kent and Doris Wascher. They have all done an incredible job with this new program.

In the second and third grade group we use the *Moral Tales* curriculum. This program uses folk tales and stories to help children work through moral issues. Each week they learned a new characteristic that can guide them through life's challenges and they have built a "moral compass" to help them. In addition they have participated in the Gems of Goodness project. Each week children shared good acts that they observed or preformed with the group to add to the Gem Jar. They're filling the jar to earn an end of the year ice cream party for the class. We had a wonderful, patient, enthusiastic and caring teaching team for this class. Thank you to Michelle Beauchamp, Mary Ellen Danforth, Jana Spring, Mark Weedman, Sekou Wilson, Jon Kent and Brenda McGuinness – you are amazing!

Tool Box of Faith was the curriculum used by our upper elementary class. Our fourth and fifth grade group spent the year learning about different tools and how to use them as their spiritual lives develop. Each new tool represents a faith skill used by Unitarian Universalists as they approach daily life. Tools are explored both figuratively and metaphorically. For example, the compass is for integrity. In learning about the compass we heard the folk tale "Fire, Water, Truth and Falsehood." The group also used compasses and a GPS to search for local Geo-Caches. The Hammer is the symbol for power. We hammered nails into wood and learned about Pete Seeger and protest songs like "If I Had a Hammer" and how they were and still are used to stand up for something that we believe in. Using Gloves as a symbol for love we heard the tale of the Two Brothers who each made a sacrifice to help the other, and we made pretzels using loving hands. There are 16 different tools in all. The Tool Box teaching team was lots of fun to work with. Thank you to Brett Lynam, Shelley Lekven, Kerstin Crowe, Terry McGuinness, John McQuaide, Robert Lekven, Stacey Kaiser and Joe Felix. They made this class rock.

Learning about world religions was the focus of our middle school youth group this year. The *Building*

Bridges curriculum was used to explore many world religions. This was such a full, rich curriculum that we had a few adults crashing the class. The group started the year exploring their own faith leaning by taking the Belief-O-Matic quiz at BeliefNet.com. Then each workshop explored various faiths in depth. Members of our Fellowship who had experience with a faith or drew from a faith tradition were invited to join them for workshops. While we did not go as a group to visit any other houses of worship, we did attend a virtual evangelical service and use other digital resources. There were many deep discussions where questioning, wondering and exploration were encouraged. Some of the faiths explored included Indigenous Religions, Hinduism, Buddhism, Islam, Paganism, Judaism, Humanism, and several paths of Christianity. Thank you to the following guests for sharing with this class: Jai Ghorpade, Lynn Manyfires, and M.J. Hashemi. The teaching team for this group was both well qualified to teach and inspired by the youth in the group. For one session there were three university professors working with three youth! The Building Bridges teaching team includes Angela Asuncion, Erin Doherty, Jana Spring, Scot Danforth, Mark Wheeler, Elinor Weed and Kim Collins. They are all incredible!

Our youth group was very active this year helping the Fellowship with events, working on service projects, attending cluster events with other UU youth and building the scholarship fund for UU Camps. The group decided not to work with a curriculum this year – they have that all week at school. They chose to have a blend of activities each month. Each Sunday starts with a chalice lighting and check in followed by a discussion either of a topic that is brought up in check in something that has been brought to the group by a youth or adviser, a game or activity. They also worked on several special projects this year including the holiday children’s service and Prom camp fundraiser. They helped serve the All Church Breakfast, prepared the classrooms, blankets and hygiene packs for the Interfaith Shelter, planned and shared the Youth Sunday service and attended three cluster “Cons” and Sr. High Winter Camp at deBenneville Pines. They had a really wonderful youth adviser team supporting them this year. Our youth advisers include: Jim Weed, Gary Baldwin, Jennifer White, Leslie Robard, Pam Highfill, MJ “Max” Hashemi and for one Sunday – Christian Spring. A big thanks and group hug to these awesome adults!

Our Religious Exploration program is only possible with the support of parents, grandparents and volunteers from our Fellowship. It is so wonderful to see the diversity of our teaching teams! We have over 38 volunteers who give the gift of their time to the children and youth in our program. Team members range in age from 16 to 90! Some are parents of children in the program, many are not; all are dedicated to supporting and nurturing the faith development of our young people. From the bottom of my heart – thank you for your time, gifts and willingness to live the principles of our Unitarian Universalist faith.

Bright Blessings, Mary Carter-Vail / Summitdre@gmail.com
Dir. of Children’s Religious Exploration

Summer Teaching Teams are forming:

Artists and Art Enthusiasts Wanted! Volunteers with a passion for sharing and encouraging creativity

are needed for Masters Art Camp this summer. Each week teaching teams will work together to support students as they explore the world of art and artistic expression.

Theater Geeks wanted for this summer program. Adults needed to support our director and theater troupe. Come be part of the fun this summer and play, laugh and create big smiles.

Traveling this summer? New to teaching Religious Exploration? No problem! Just help one or two Sundays. Lessons and materials are ready for you and we partner experienced volunteers with new so you can get to enjoy creative time together.

The summer schedule is ready to be filled. If you are interested in being part of either program let Mary Cater-Vail or Elinor Weed know. Together with Summit's children and youth, we can get creative this summer!

Adult Religious Exploration

Writers' Workshop/ Lois Santalo: This group meets every Tuesday morning, 9:30 to noon, in the Salon.

Memoir Writing Group / Lois Santalo: Friday, June 14th, 10:00 a.m. to noon, in the Summit Library. This is an ongoing workshop. Everyone is welcome.

Poetry Workshop: Saturday, June 15th, 10:00 am in the Library. Come play with words and discover the poet within. All levels of writing experience welcome. If you have any questions please call Margo Mariana. No registration necessary.

Spiritual Praxis Group: Starting with the Four Agreements

We meet on the Second Tuesday (June 11th) of each month, from 6:30-8:00 p.m. in the Salon. Rev. Frank facilitates an experiential group for people who are interested in UU-friendly spiritual practices. The group has begun with an in-depth study and application of some of the practices behind Miguel Ruiz's best-selling book, *The Four Agreements*. Warning! This group is intense and personal and only of interest to people who want to go deep and find a greater degree of personal freedom in their lives.

Meditation- Wed., 8:30 a.m. -Salon; Sunday, 8:00 a.m. -Sanctuary

Why meditate? "It's like coming home." We meditate to find, to recover, to come back to something of ourselves we only dimly and unknowingly had and have lost without knowing what it was or where or when we lost it.

Meditation is a practice, and needs to be practiced, like anything worth doing. We sit in chairs, in meditation and/or silent prayer for the concerns of our hearts or of others who have asked to be remembered. You needn't be experienced. We are lifted by the shared intention and spiritual energy of one another.

Spirituality Focus Groups are Still Happening at Summit:

Rev. Frank has been hosting Spirituality Focus Groups here at Summit to help him and our community learn more about the religious, spiritual, and philosophical backgrounds, interests and practices of Summit Members and Friends. If you have not yet participated in one of these focus sessions, hang on, because you will be invited to do so sometime soon.

SUMMIT MINISTRIES

Caring Committee

We would like to remind everyone that Juana Page, and JoAnn Swanson, are the "ride coordinators" for our committee. If you need assistance with transportation to Summit or appointments, call them, preferably a few days ahead of time.

Loving Hands Ministry meets Tues., June 4th at 1:00 p.m.

If you like to knit, crochet, or quilt, please join us in the Salon. The Loving Hands Ministry works on blankets for Linus Project, dishcloths for Crisis House, comfort shawls for Summitarians in need of comfort, and is always open to new ideas for outreach projects. Contact Laurel Bernstein at laurelbernstein@yahoo.com for more info.

Social Action Corner - *Service Is Our Prayer*

Helping Others in East County and Beyond

Summitarians acting locally:

UULM- SAC's May collection benefited Summit's Legislative Ministry Team (LMT). The collected funds will be shared with the California Legislative Ministry agency (UULM CA), and will be used by Summit's LMT to help defray costs of sending Summit members to Justice Trainings and justice actions in other areas. Thank you for your support!

How Can You Help Summit's Social Action Efforts?

Scholarships for youth camp: June's SAC collection (June 16) will provide scholarships for Summit youth to attend camp at DeBenneville Pines, helping our young people develop UU identity and leadership skills. You've heard our teens tell us how much camp means to them. Let's help them to go again this year!

Environmental: Bring your used household batteries to Summit and we'll dispose of them safely for you. Look for the collection basket in the greeting room.

Social Action Sunday: The third Sunday of the month (June 16th) is Social Action Sunday. We now meet after the service! We welcome you to join us on that day for the next Social Action Committee meeting in the library at 11:30 a.m. Questions? Contact Rosemary Morrison at rosemary.grace@gmail.com.

Summit's East County Amnesty International group won't be meeting this summer. They are in the process of finding another coordinator. Viraj Ward has done this for several years and has decided to step back. Thanks you Viraj for all you have done and continue to do! Watch for more info later in the summer.

WITHIN THE CONGREGATION

Member & Friend News

- ♥ Hal Summers is recovering at home from his emergency appendectomy. Cards are welcome.
- ♥ Linus Senhen lost his sister recently. Please remember him and his family in your thoughts and prayers.
- ♥ Lisa Garvey is at home recovering from back surgery. Remember her and Jeff as they work through this difficult time.

Summit Now has a Memorial Garden

It is the patio area under the Chinese Elm Tree between the office and the salon. If families would like to have a paver stone in this garden dedicated to their departed Summit member they may purchase the engraving for \$150. For this fee the first and last name and date of birth and death would be put on the stone. The letters would be 1 1/2" high. Please contact me or Linda Peck if you would like to have a paver stone carved for your loved one. Suzanne McQuaide

Jenny Sarr needs volunteers to help with Sunday Café...

...for the next three months (Just on Sundays). No need to bring anything. Refreshments are provided. She just needs help setting up and cleaning up the salon and putting out the chairs and umbrellas. Contact Jenny or sign up on Sunday, Thanks!!!

Who will next be caught Standing on the Side of Love?

Who would you like to nominate? If you would like to recognize someone for their loving and faithful service in our Fellowship, please send an e-mail (or fill out a form, available in the office or the Greeting Room) to member Donna Daum describing who you would like to have publicly acknowledged and why. The acknowledgement takes place during Community News time in the Service on the 2nd Sunday each month.

Did you know Summit has its own Facebook page?

Check it out! (And feel free to add your voice to the mix!) Don't worry -- we'll "Friend" you!! <http://www.facebook.com/SummitUUF> Questions? Contact Trish Ladd, Summit's Facebook guru.

To add your voice to the eNews

Send your item to Suuf_volunteer@sbcglobal.net by Wednesday morning

- * Include the day, date, time, location, and contact information.
- * Send your information in the body of the email
- * If you have a picture, include it. If you don't, feel free to suggest one, or leave it up to me.

Editor: Pam Kerr, Suuf_volunteer@sbcglobal.net

Classifieds in the eNews!

We've added a new "Classifieds" section, at the end. (Scroll down if you want to read it. Don't scroll down if you're not interested.) Here, you'll find services offered, items for sale, Summit-related announcements, etc. Email your submission to suuf_volunteer@sbcglobal.net, and I'll print it in next week's eNews. (Note: It will appear only once. If you want it to appear each week, you'll need to re-submit each week.) **Deadline:** Submit your item Wednesday evening of each week.

SUMMIT'S POTPOURRI OF PROGRAMS

Choir Notes...

We will be taking our summer break beginning in mid-June. Watch the Scene at Summit for the start-up date in August. Have a great and song-filled summer! Jill Reis

Freethinkers...

On **Friday, June 21st**, Neal Biggart will bring more information on **Ethical Eating**. The topic will cover genetically manipulated (GM) seeds along with Monsanto, and the Study on the China Diet (how to be healthy on a vegetarian diet). We will meet in the Salon at 7:00 pm.

I'm Not Done Yet! (a.k.a. INDY) ...

Will meet Tues., June 25th, 2013, at 2:30 pm in the Salon. At this month's meeting we will discuss how to keep or find your sense of value as you age. Bring your concerns, ideas, and knowledge to share.

Parents & Friends of Lesbians and Gays

We meet in Summit's library at 7:00 pm on the second Monday (June 10th) of each month. PFLAG is an international organization (www.pflag.org) created by families and friends to gain understanding of and support for our gay loved ones.

Our mission is to promote the health and well-being of lesbian, gay, bisexual, and transgender persons, their families, and friends through support. Our role is to be good listeners, to share some of our experiences when appropriate, and to acquaint them with other resources. For more info contact Bob and Mary Dryden at r.dryden@cox.net.

Book Club

Tuesday, June 4th, 7:00 p.m., Salon. We will be discussing the mystery "*Case Histories*," by Kate Atkinson. Stephen King calls it "the best mystery of the decade." Janet Maslin of the New York Times says it "grabs hold of the reader and doesn't let go." Contact: Cheryl Smreck, csmreck@aol.com

Piano Club

If you like to play piano, and for others to listen as you do, please join us on June 20th, at 3:00 at a Club member's home. Contact Ed Davis, or Roy McDonald, for information and this month's location.

Tai Chi Chih is available on Tuesdays

...from 8:30 a.m.- 9:30 a.m. Join us in the Salon as we improve our flexibility, strengthen our balance

and de-stress. You'll be glad you did! (Thursday classes will return at a later date)

DID YOU KNOW?: Harvard Woman's Health states that: In a UCLA study of 112 healthy older adults with moderate sleep complaints, 16 weeks of Tai Chi improved the quality and duration of sleep significantly more than standard sleep education.

UU Bible Study and Table Fellowship

The UU Bible Study Class for Seekers and Skeptics has moved to the third Monday (June 17th) of every month in the SUUF Library from 7:00 pm to 8:30pm. Led by Rev. Don Stouder, the group explores the historical, literary, and spiritual roots of the bible and how they apply in our culture and daily lives. Currently, the group is following the John Buehrens text titled "Understanding The Bible: An Introduction for Skeptics, Seekers, and Religious Liberals." Anyone is invited to join the group at any time; we promise to bring you up to speed! For more information, send an email to Don at dstouder@ucsd.edu.

Till next time, Namaste. Don Stouder

UPCOMING EVENTS

Auction 2012! Get Connected! Look for the sign-up sheets in the Salon.

The following events still have openings:

Night Club Two-Step Dance Workshop -

\$15. for single person; \$25 per Couple

Offered by light-footed Juana and Mike Page. 8 openings Date: TBA

Summer's Eve SD Harbor Cruise , Evening of Friday, August 23rd

- \$40 ea. person 28 openings

Come join the merriment on the Summit Fellowship Dinner Cruise!!

(an auction item - all proceeds go to Summit!)

We will depart aboard the Mission Belle from Pt. Loma Landing to enjoy a delicious dinner (ask the folks who've joined us in the past - catered dinner including wonderful chowder, calamari sandwiches to die for - new this year, scandalous dessert) and ride into the sunset. We'll cruise out of San Diego Bay around Pt. Loma and return as the (almost) full moon rises over the city skyline. BYOB
Contact Roberta Osuyos to reserve a place or inquire.

UUA News Alert!!

CBS News recently created a [documentary](#) called *Religion & Spirituality in a Changing Society* to explore the dramatic changes in Americans' religious behavior. They interview UUA President the Rev. Peter Morales and profile [First Parish Cambridge, Unitarian Universalist](#) to better understand what Unitarian Universalism offers to meet the spiritual needs of the growing population of "Nones"- or individuals who have no religious affiliation.

Watch the full video online at [CBSNews.com](#), join the conversation on the [UUA's Facebook page](#), and check your local listings to learn when the program will air in your area.

The changes in American religiosity were documented last year by the Pew Forum on Religion in Public Life, when they released a [poll](#) showing that 1 in 5 Americans do not identify with any religion. Despite this dramatic downward trend in religious affiliation, the number of people who identify as Unitarian Universalist has remained steady and some reports show [growth](#). Rev. Morales has also seen this trend and [written](#) about the unique opportunity this presents for Unitarian Universalism.

Press Release – Peter Mayer Concert – June 15, 2013

The Unitarian Universalist Fellowship of San Dieguito (UUFSD) is proud to present Peter Mayer in concert on Saturday, June 15, at 7:30 p.m. Peter Mayer ("Blue Boat Home") "writes songs for a small planet—songs about interconnectedness and the human journey; about the beauty and the mystery of the world. Whimsical, humorous, and profound, his music breaks the boundaries of "folk", and transcends to a realm beyond the everyday love song, to a place of wonder at the very fact of life itself." Visit www.petermayer.net for more on his music. Tickets are \$18 in advance and \$22 at the door. Tickets can be reserved by sending a check to UUFSD (P.O. Box 201, Solana Beach, CA 92075), noting "Peter Mayer" on memo line. UUFSD is located at 1036 Solana Drive, Solana Beach. For directions call 858-755-9225 or visit www.uufsd.org.