

*THE SCENE AT SUMMIT*  
Newsletter of Summit Unitarian Universalist Fellowship  
8778 Cottonwood Ave., Santee, CA 92071

Vol. 22 No. 4

April 2012

Monthly

Summit's services and programs are held at the address above, phone number, 619-562-0833. Our website is [www.suuf.org](http://www.suuf.org), where the Newsletter & Sermons can also be read. Mail should be sent to the office at the above address.

**Office hours: Mon. 9:00 am - noon, Tue. - Fri. 9:00 am - 4:00 pm**

### **Sunday Services - 10:00 am**

**April 1:** *"Turn Your Face to Jerusalem"*                      The Rev. Frank Placone-Willey

The Jewish season of Passover and the Christian story of Palm Sunday challenge us to find courage and determination in the face of hardship and injustice. In the context of these religious themes, Rev. Frank will invite us to reflect on the symbolism of the City of Jerusalem.

**April 8:** *"Our Vision Blooming"*                                      The Rev. Frank Placone-Willey

This Easter Sunday, our beloved community will celebrate a flower communion. With this sacrament we remember the Saints and Sages of the Ages, the Living Tradition they have passed on to us, and their call to build a new society that is ruled by a spirit of compassion, justice and environmental responsibility. All are encouraged to bring cut flowers to share.

**April 15:** *"Immigrant Dreams"*      The Journey Toward Wholeness Team and Summitarians

Members of First UU Church's Journey Toward Wholeness Team and Summit Fellowship will guide us toward a deeper sympathy for, and understanding of, those who cross borders to find a better life, reunite with family, and participate as working citizens in our communities. This service will be an active, multi-generational experience, and will serve as preparation for the upcoming General Assembly in Phoenix, June 20-24.

**April 22:** *"Met A Phors Be With You."*                      The Rev. Bonnie Tarwater

We are so happy to have former Summit Intern Bonnie Tarwater back as our guest preacher. On this Earth Day we will give thanks for our holy mother the Earth and to honor our dreams that have been a source of spiritual wisdom throughout human history. Bonnie will help us reflect on the new perspectives we have gained of our interconnected web of life, so that, as we return to whence we have come, we will do so with a new vision and appreciation to love and save this Earth.

**April 29:** *"The Gospel of You"*                                      The Rev. Frank Placone-Willey

Our UU ancestor and Transcendentalist Ralph Waldo Emerson exhorted, "Make your own Bible. Select and collect all the words and sentences that in your reading have been to you like the blast of triumph out of Shakespear[e], Senecca, Moses, John, and Paul." We Unitarian Universalists definitely have good news to share. Come find out what it is, and how each of us is perfectly suited to be a UU evangelist. [Note: This Sunday begins Rev. Frank's Candidating Week for the position of Summit's Settled Minister. Instead of Circle Discussion, Frank has requested that at 11:30 we return from the Salon Café to the Sanctuary and he'll answer any and all questions brought by members and friends of the congregation about him, his life and his call to ministry.)

—**ATTENTION**— *The Scene at Summit's May 2012 edition*

**deadline will be Monday, April 23<sup>rd</sup>.**

**FROM THE MINISTER'S ROLLTOP:**

This month we begin preparations and involvement in a whole new set of activities that will take us up to the end of the congregational year in June. In addition to our regular activities:

- We will observe the seasons of Passover and Easter.
- We will host our first on-site shelter for homeless people beginning Easter week.
- We will celebrate the marriage of Alan McQuaide and Betts Awes.
- We will continue our Journey Toward Wholeness with the help of our friends at First UU Church, San Diego.
- Our Youth will journey through their Coming of Age initiation.
- We will welcome a former Summit Intern, the Rev. Bonnie Tarwater who will lead us in an Earth Day reflection.
- The Fellowship will be voting on whether or not to call me as its Settled Minister on Sunday, May 6th.
- We will be reviewing and approving our program budget for fiscal year 2012-2013.
- We will send representatives to the annual Unitarian Universalist District Assembly in Los Angeles (April 27-28) and General Assembly in Phoenix (June 20-24).
- We will continue our Adult Educational series on "Immigration as a Moral Issue" and "Religions of the Axial Age" and have additional half-day retreats on "An In-troduction to the Bible for Unitarian Universalists" and "Liberation Spirituality."
- We will be preparing for a series of lay- and guest-lead services in June and July.

As we move into the busyness, it is important to remember that our inner work is just as important as our outer work, and that our outer work is necessary to support the inner work of being and becoming the change in each of us that we want to see in the people and the world around us.

A dry well is of little use to anyone. Above all I encourage each of us to stop on occasion, to take time out to breathe and restore and refresh the living waters we individually have to share, so that we can avoid burn out and continue to cultivate the spirit of beloved community within our own hearts and in our relationships with others. And if you see another member or friend of our community flagging or feeling alienated along the way, give them your love and support, and reach out to help them take care of themselves and others.

Thank YOU for the ways in which you help make Summit a hospitable and happening place! And may you find inspiration and aspiration with the coming of spring and the promise of new life!

Namaste, **Rev. Frank**

## FROM OUR SUMMIT LEADERSHIP

### *Message from the President*

I have always been good with numbers; I used to win multiplication contests in grade school. My reward would be another holy card from Sister Anne Marie. I remember, I collected enough of them to fill a cigar box. Each holy card has its own number; there might be a picture of a saint, and a little prayer. At the bottom of the card, there would be listed a number of days. If it said, "60", you could reduce your time in purgatory by 60 days, every time you read the little prayer. I never bothered to say these prayers. Nobody could tell me how to figure my total sentence in purgatory. Why should I waste my time on a 60 day prayer, if my total sentence was going to be 10,000 years?

On Saturday, April 21<sup>st</sup>, Larry Wheeler will conduct a workshop at Summit from 9 a.m. to 3 p.m.; everyone in the congregation is encouraged to come. We've talked about conducting a capital campaign, in 2013, to reduce or eliminate the mortgage. The workshop is intended, partly, to get peoples ideas and attitude about such an effort. However, it is much more than that. We want to obtain input on the goals and priorities of this congregation. This would include reviewing where we have been, and how far we have come. It would include people's visions for the future and, what they want to see done right away. It is a chance to build community amongst us. We share common ground, though with varied interests and priorities.

Finally, it will be a chance to take a good look at our numbers. We should have both a proposed budget and a pledge total, by then. I suspect that once again, the pledge numbers will demonstrate that our members and friends are, on the average, quite generous. Despite this, I believe the numbers will fall short, and we will not be able to raise our minister to 100%.

But, I am not disappointed. Unlike my sentence in purgatory, I believe these are numbers we can grasp, and attain.

Thanks, Pierre Vaughn

### **Board of Directors Meetings**

Third Thursday of each month from 7:00 to 9:00 p.m. in the Library at Summit. Observers are welcome. Minutes from recent meetings are posted on our website: [www.suuf.org](http://www.suuf.org)

### ***Staff Notes:***

**Parking Notice:** Please, only park in designated parking spots. Additional parking is available in the lot immediately across the street from the Salon as well as the doctor's office at 10158 Buena Vista Ave. The driveway areas need to be kept clear in case of emergencies.

**Senior and Visitor Parking:** We would like to ask our able bodied members and friends to use the above mentioned parking areas and leave the lot spaces for our designated seniors and visitors.

Thank you. SUUF Staff

## RELIGIOUS EXPLORATION FOR ALL

### **Children's Religious Exploration News**

It takes a village....

The expression "It takes a village to raise a child" may not seem to be true in our day to day lives as we rush around taking our children to school and going to work each day. However, when I take a moment to stop and see the interactions between my children and the other members of the global village that we are

part of, I realize the truth of this expression in contemporary society. Their “village” includes home, school, friends, clubs, Facebook, and Summit. My children interact with many folks other than our family on a daily basis. As a parent I have less and less control of who is in their “village” as they get older and start to make choices independently. My hope is that I have given them the tools to make good choices.

A faith home is an important gift we offer our children. It is part of their heritage. One of the gifts of working at Summit is that I am here almost every Sunday. Anya, Colin, and, when in town, Sean usually come too because they want see their friends and to participate in something that is going on. They care about being here. They have become involved with this community. Summit is part of their “village.” I’ve noticed that many of our families attend weekly as well. Parents are involved with various activities at Summit, modeling community involvement. Many Summit folk, who do not have children in our program, work with our children and youth by teaching, doing projects with them, or by being a friend. We all are in our own way playing a part in raising Summit’s children and youth.

Part of growing up and becoming an adult is being recognized by your “village” as no longer being a child. In the Unitarian Universalist culture this transition is celebrated as *Coming of Age*. This is celebrated at the beginning of young adulthood in the teen years. This year we will be offering *Coming of Age* for our 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> graders. This process involves a time of discovery, a challenge, and a celebration of who they are becoming. To guide our youth on this journey, adult mentors will work with them as they figure out who they are at this time. The discovery portion of *Coming of Age* consists of 4 sessions and one overnight. The challenge is the *Coming of Age* service followed by a celebratory feast. On April 15<sup>th</sup> our youth will start the journey that will be completed at the *Coming of Age* service on June 3<sup>rd</sup>.

I have just returned from my first Renaissance Module training. (These are the trainings that lead to becoming a credentialed DRE in the UUA) This module was on Unitarian Universalist Identity. Our identity as a religious community can be difficult to pin down as we don’t have a creed or a text that is universally followed. We do however value our community and work to make it a safe place to learn and to explore our individual spiritual paths. Summit UU Fellowship is an important part of the “village” raising our next generation of Unitarian Universalists. We share our history and our heritage with the children and youth of our community. What we do here is to share, teach and model to them what UU identity is by encouraging them to find their own.

### **Religious Exploration 2012-13 Dream Budget Update:**

It was with great trepidation that the Children’s Religious Exploration committee presented a “RE Dream Budget” to the congregation. Thank you for all of the positive feedback that we have received in support of our children and youth ministry vision. CRE received an extremely generous gift from a member to support funding the unfunded portions of the “Dream” for the next two years. This gift in addition to the funding already included in the proposed 2012-13 budget will allow our level of programming to continue. Thank you for your support and for your vision!

Peace, Mary Carter-Vail  
Director of Religious Exploration for SUUF  
[Summitdre@gmail.com](mailto:Summitdre@gmail.com)

## **Adult Religious Exploration**

### **"Twelve Steps to a Compassionate Life" Study Group**

These workshops meet at 10:30 a.m. and 6:30 p.m., and are open to anyone. However it is expected that attendees will arrive on time and have read the book before participating in discussion.

Note the **BIG CHANGE** in the Compassionate Life Study Group schedule. The Groups will not meet April 19th, but will next gather for a final meeting on Thursday, May 10th INSTEAD OF Thursday May 24th. At the last meeting we will be discussing both steps 11 and 12.

Groups will meet in the Summit Meeting House/sanctuary.

Contact Linda at [summitunitarian@sbcglobal.net](mailto:summitunitarian@sbcglobal.net) or call the Summit office at 619-562-0833 to register.

### **“Immigration as a Moral Issue:”**

The course will be offered from 6:30 to 8:00 PM and will be facilitated by Mar Cárdenas and others, and is sponsored by Summit’s Social Action Committee. The last class will be:

**April 6<sup>th</sup>** – Seeking Solutions

You will receive an email a week before each session with the assigned readings. Please read them **before** class.

### **Freethinkers**

**Religions of the Axial Age (800 BCE to 200 BCE) will continue-**

In a short 600 years, the philosophic foundations of the major religions were independently developed throughout the world. This series of five presentations will explore those from Eurasia, South Asia, and East Asia.

**April 16:** *Hinduism and Jainism: India*, presented by Jai Ghorpade

**May 20:** *Buddhism: India*, presented by Neal Biggart

**June 18:** *Confucianism and Taoism: China*, presented by Neal Biggart

**July 16:** *Assessment of Current Religious Attitudes*, presented by Jai Ghorpade

Third Monday each month, 7:00 to 9:00 pm in the Salon

**Writers Workshop/** Lois Santalo: This group meets every Tuesday morning, 9:30 to noon, in the Salon.

**Memoir Writing Group /** Lois Santalo: Friday, April 13<sup>th</sup>, 10:00 a.m. to noon, in the Summit Library. This is an ongoing workshop. Everyone is welcome.

**Poetry Workshop Rescheduled:** Saturday, April 28<sup>st</sup>, 10:00 a.m. to noon in the Summit Library. Come play with words and discover the poet within. All levels of writing experience welcome. If you have any questions please call Margo Mariana. No registration necessary.

If you have questions about the ARE classes, please contact Margo Mariana.

## **SUMMIT MINISTRIES**

### **Caring Committee**

We would like to remind everyone that Juana Page and JoAnn Swanson are the "ride coordinators" for our committee. If you need assistance with transportation to Summit or appointments, call them, preferably a few days ahead of time.

## **Loving Hands Ministry meets Tues., April 3<sup>rd</sup> , at 1:00 p.m.**

If you like to knit, crochet, or quilt, please join us in the Salon. The Loving Hands Ministry works on blankets for Linus Project, dishcloths for Crisis House, comfort shawls for Summitarians in need of comfort, and is always open to new ideas for outreach projects. Contact Laurel Bernstein for more info.

## **Social Action Corner - *Service Is Our Prayer* Helping Others in East County and Beyond**

### **Summitarians helping out in East County:**

**A reminder- food collection basket:** Crisis House is in need of food pantry donations, which have decreased in recent years even as the need has increased. Please remember that a basket is always present in Summit's greeting room to receive your canned and boxed food items- why not pick up one or two extra items this week while doing your grocery shopping, and drop them in the basket on Sunday?

**Interfaith Shelter:** Summit will be an Interfaith Shelter Network host for the first time ever from April 7-14! Summit's teens have put together hygiene packs containing basic toiletries and supplies which will be given to our shelter guests, and will have these available for "sale" on April 1. For \$10.75 you can underwrite the cost of a hygiene pack, which our shelter guests can take with them when they leave Summit. Extra packs will be donated to Crisis House for their homeless outreach program.

### **Summitarians helping out globally:**

**Amnesty International:** April's Social Action collection will go to Amnesty International to support their work to protect human rights worldwide. The East County Chapter (Group 692) of Amnesty International meets at Summit in the Salon on the fourth Monday of the month at 7 pm. Chapter founder and coordinator, Viraj Ward, encourages your participation and would be happy to answer questions

### **How Can You Help Summit's Social Action Efforts?**

**Environmental:** It is no longer allowable to dispose of your used household batteries in the trash- they must be recycled appropriately. Rather than letting them accumulate in your garage, you can bring them to Summit and we'll dispose of them safely for you. Look for the collection basket in the greeting room.

**Financial: Fair Trade Coffee and Chocolate – April 15.** Put Your Money Toward A Great Cause – Purchase Fair Trade coffee and chocolate! You can also place a special order to make sure you never have to go without. Summit's teens are now running this program- if you have any questions, please contact Gary Baldwin.

**Social Action Sunday: The third Sunday of the month (April 15) is Social Action Sunday.** Please join us on that day for the next **Social Action Committee meeting** in the library at 8:30 a.m. Newcomers are always welcome! Questions? Contact Rosemary Morrison.

### **Wonderful Progress on our Summit Shelter:**

To date we have 67 + volunteers assisting with their helping hands and loving hearts during the Summit Easter Shelter, April 7-14! We are well prepared to make our guests comfortable and to feed them with delicious food in the Salon. Our Chaldean dinner partners have confirmed. We will pick guests up at the Santee Trolley Station around 5 PM, drop them off at the Santee Trolley Station around 7 AM, and take them to the laundromat twice during our week. We have a solid plan for converting the RE area and the Greeting Room into sleeping quarters. The guests will be sleeping well on double high single air beds in those areas as well as have a small "living room" with RE couch and chairs to read or relax. They will also have our new laptop computer available. This computer belongs to Summit permanently all year round. These are just some of the highlights. Huge thanks to our entire Summit Fellowship!

Summit's office has a new three page Shelter hand out available to everyone. This is informative and interesting information from the Shelter Executive Office. Good reading! Stop by and pick up a copy (volunteers received this via email).

Barbara Brooks Nutter and the Shelter Task Force

## WITHIN THE CONGREGATION

### **Member & Friend News**

- ♥ Please remember Jim and Valerie Sims in heart and mind as they both wrestle with illnesses.
- ♥ Remember Elly and Mike Dostseth as they continue to deal with Mike's illness and upcoming layoff.
- ♥ Also, remember Harriet Nissenbaum at this time.
- ♥ Our 2012, toga clad Auction MC is recovering from pneumonia. We told him this could happen! Get well Mark Wheeler!

### **SUUF Community Classifieds**

We've hung a bulletin board in the hallway next to the Greeting Room for members and friends to post their business cards, services, and/or notices of items wanted or for sale. Please be courteous with your postings and remember to take them down in a timely manner.

### **From Your Membership Committee**

We, of the Membership Committee would like to ask your help with a problem that arises quite often. At Summit we have fairly narrow walkways and a small greeting area and when we members get busy talking with our friends, it is often difficult for visitors and others to get through so that we can greet them at the Visitors Table. So please be aware of that and try to make room for our visitors. We certainly don't want them to run around and go home (it has happened).

We would also like to draw your attention to the article in the latest UU World Magazine by Peter Morales, President of the Unitarian Universalist Association. In it he says, *"If I have the power to issue an edict that all UUs would immediately obey (what a delicious fantasy) I would command everyone to smile and say Hello to people they do not know at church... Make hospitality a religious practice, not just the job of the membership committee and the staff... Smile Say good morning. Start a conversation! You are about to meet some wonderful people!!!"*

Thank you, Elaine Harper

### **Who will next be caught Standing on the Side of Love?**

Who would you like to nominate? If you would like to recognize someone for their loving and faithful service in our Fellowship, please send an e-mail to member Donna Daum describing who and why you would like to have them publically acknowledged during Community News time during Service on the 2nd Sunday each month. If you don't have email, pick up a form in the office or Greeting Room. You can leave them in the office or snail-mail them to Donna.

## SUMMIT'S POTPOURRI OF PROGRAMS

### **I'm Not Done Yet!**

The next "I'm Not Done Yet!" discussion group will be on April 24th at 2:30 pm in the Salon. If you would like to be on the list for these meetings contact Neal Biggart.

At the INDY Tea in March we had, among other treats, a Mediterranean dessert called revani. It was made of yogurt, semolina, flour, coconut, eggs, lemon juice, pure cane sugar, natural almond extract, and water. Oh, oh, yum...

## **Book Club**

**Local Author To Visit Summit Book Club** - For Summit's April book club meeting, local author, Jeanne Peterson, will be present to answer questions concerning her book "Falling To Heaven." All are invited to join us on Tuesday, April 3rd at 7 pm in the Salon.

**Next month**-Please join us in discussing our next book, "*All's Quiet on the Western Front*" by Erich Remarque at 7:00 pm on Tuesday, May 1st in the Salon. Contact Gwen Baldwin if you are interested or have questions.

## **Choir Notes...**

Choir practice meets at 7:00 pm in the Sanctuary on Wednesday nights. If you have questions contact Jill Reis, Choir Director, at 619-244-6965, or jillerinr@gmailcom.

## **Hiking Club**

You are invited to join us for a hike on Sunday April 15. Come enjoy the great outdoors with fellow Summitarians. We will meet at 12:00 noon outside the library at Summit. We are planning to hike Oakzanita Peak in Cuyamaca Rancho State Park. We'll have maps and directions available there. The hike is roughly 4.5 miles, with 1200 feet of elevation gain and loss, and is considered a moderate hike. It should take about 3 hours. For more information contact Kerstin Crowe by phone or email.

## **Meditation - Wed., 8:30 AM -Salon; Sunday, 8:00 AM -Sanctuary**

Why meditate? "It's like coming home." Meditation is pausing to join to that which feels missing, and enlarges or completes us when we find it. We meditate to find, to recover, to come back to something of ourselves we only dimly and unknowingly had and have lost without knowing what it was or where or when we lost it.

Meditation is a practice, and needs to be practiced, like anything worth doing. We sit in chairs, in meditation and/or silent prayer for the concerns of our hearts or of others who have asked to be remembered. You needn't be experienced. We are lifted by the shared intention and spiritual energy of one another.

## **Parents & Friends of Lesbians and Gays**

We meet in the library at 7:00 pm on the second Monday of each month. PFLAG is an international organization ([www.pflag.org](http://www.pflag.org)) created by families and friends to gain understanding of and support for our gay loved ones.

Our mission is to promote the health and well-being of lesbian, gay, bisexual, and transgender persons, their families, and friends through support. Our role is to be good listeners, to share some of our experiences when appropriate, and to acquaint them with other resources. For more info contact Bob and Mary Dryden.

## **Piano Club**

If you like to play piano, and for others to listen as you do, please join us on April 19th, at 4:30 at a Club member's home. Contact Ed Davis or Roy McDonald for information and this month's location.

**Don't forget to check out Summit's Gift Shop - Now Open!** in the Salon. There are a variety of items for sale, with profits going to support Summit and all of our many efforts. Summit artists and crafters will be providing a steady supply of gift items and cards. Currently, there are several of Lois



Santalo's books available for \$10 each. Payment is on the honor system -- just slip your money through the slot at the top of the locked wooden cashbox.

Diane Slagle is coordinating the "shop." Artists and crafters who are interested in contributing items, please e-mail Diane.

## **UPCOMING EVENTS**

### **An Invitation:**

#### **Dear Summitarians,**

Everyone is invited to an outdoor pot luck gathering to celebrate the one week wedding anniversary of

***Betts and Alan McQuaide***

at

*The home of Suzanne and John McQuaide*

*on Saturday, April 14th at 3:00 pm*

Your potluck contribution will be your gift. Beverages and dessert will be provided.

\*If it rains, the celebration will be moved to the  
Salon at Summit UU Fellowship.

### **Another Salon Event!**

Saturday, April 21st, 7:00 p.m. - 9:00 p.m. in the Salon, \$5. at the door. Please join us for an evening of beauty and enchantment as musicians Theresa Rochelle-Ross, Rachel Amov, and Scot Ryder combine their talents for a musical presentation of mystic tales and magical realms, woven with old world melodies and uplifting, joyous tunes.

The show will consist of a solo performance by Scot on guitar, a duo performance by Rachel and Theresa as "Glancing Love", and then the three together comprising the new incarnation of "Enchanted Realms."

Notes on the musicians:

Theresa Rochelle-Ross – Vocalist, Folk Harp, Recorder, Penny Whistle, Percussion

Rachel Amov – Violin and Viola

Scot Ryder- Acoustic Guitar

If you enjoy music rich with luscious sound-scapes evoking beautiful imagery and inspiring feelings of a sweeter, gentler time you will love the sounds of the new Enchanted Realms. You can see a recent backyard concert performance at:

[www.youtube.com/enchantedrealmstrio](http://www.youtube.com/enchantedrealmstrio)

More information to follow in the eNews, or contact Pam Kerr

### **Summit Women's Retreat 2012**

Women's Retreat, "*Woman I Am*", October 12 -14 at Camp Stevens. Registration starts May 1.

### **The 2011 Auction is still Giving!**

Summit's Annual Auction was a great success! If you missed the fun, it is not too late. There are 2011 Auction items still available. To learn more, go to [www.suuf.org](http://www.suuf.org), click on "Auction", and download "2011Auction-StillAvailable." If you would like to participate in any of these events, please call the office, 619-562-0833 and ask to have your name added to the list. Linda will send you an invoice for the item(s) you request.

Here's a summary with catalog numbers and titles:

**#163** *Night Club Two-Step Dance Workshop* - \$15 per person, \$25 per couple, TBA; In this 2-hour workshop you will learn the easy three step partner dance. “The Waltz” of night club dancing.

**#171** *Summer Latin Fiesta* - Sat., July 21 - \$25 per person; You can expect yummy, delectable Mexican food, perfect margaritas, and a dynamite outdoor party atmosphere at the “party” home of Greg and Stephanie Williams.

**#325** *High Tea with Neal & Nancy* - \$35 per person, Memorial Day weekend; Come have tea and scones in the Biggart’s beautiful garden setting!

These offerings come from Dr. Shannyn Fowl, and have been reduced to \$5 per person. Dr. Shannyn practices Naturopathic Medicine which offers natural healthcare options in lieu of pharmaceuticals and surgery. Naturopathic Doctors (ND) are trained in the medical sciences, standard medical protocols and pharmaceuticals just as their MD colleagues in addition to nutrition, botanicals, homeopathy and many other tools. Finding the cause, using the power of nature and prevention are a few of the tenets that give NDs a completely different way of looking at healthcare for the individual.

**#107** *Natural Health Topic of Your Choice* - Sat., April 28th at 10:00 am in the Salon. Topics may include Stress Management, Wellness, the Immune System, your choice!

**#170** *Osteoporosis & Bone Health* - Sat., May 5 at 10:00 am in the Salon. Come learn how to protect your bones and the natural tools available.

### **Summit has two membership directories;**

...a paper edition and an edition on Summit’s website ([www.suuf.org](http://www.suuf.org)). To make the directories identical, members and friends listed in the paper edition must register personally on the website. If your name is in the paper edition and you have not registered, please do so. If you are registered on the website and your address, phone number, or email address has changed, please update it. *It is important to keep the website directory up-to-date as Members and Friends often use the directory when contacting other Summitarians.* Instructions for registering and updating your information can be found by selecting Member Login on the website.

LaMar Rogers, Web Editor

## **FROM THE SAN DIEGO UU CLUSTER**

### **!!! NEW!!! Drumming Circle at UU Fellowship of**

**San Dieguito - Sat., April 14th, 5:30 - 7:00 pm**

Frank Lazzaro, well-known San Diego drummer/drum circle facilitator, will be leading a one and a half-hour circle at the (Solana Beach) Fellowship in Founders Hall. He will bring drums and other percussion instruments. Bring your drum (BYOD) if you have one. Suggested donation: \$5.00. Contact Marylou Gibson at: [mlggibson@sbcglobal.net](mailto:mlggibson@sbcglobal.net) or [office@uufsd.org](mailto:office@uufsd.org) The fellowship is located at 1036 Solana Drive, Solana Beach, CA.

## **Another Way to Stay Informed**

The newsletter you are reading is our monthly *Scene at Summit*.

If you wish to receive the weekly Summit Enews in your email, contact Pam Kerr at [Suuf\\_volunteer@sbcglobal.net](mailto:Suuf_volunteer@sbcglobal.net) and I will be happy to add you to the email list.

## **Summit's Office Information**

**Minister: Dr. Frank Willey:** 619-562-0833, ex. 203 / [UUFrankPW@aol.com](mailto:UUFrankPW@aol.com)

Emergencies and appointments: 619-889-0312

Office Schedule: Tues. - 9:00 a.m. - 12: noon and 1:00 p.m. until 5:00 p.m.

Thurs. - 1:00 p.m. - 4:30 p.m.

**Children's Religious Exploration:** DRE, Mary Carter-Vail, 619-562-0833, ex. 205 / [summitdre@gmail.com](mailto:summitdre@gmail.com)

**Office Admin.:** Linda Peck, 619-562-0833, ex. 202 / [summitunitarian@sbcglobal.net](mailto:summitunitarian@sbcglobal.net)

**President:** Pierre Vaughn, [pv@pierrevaughn.com](mailto:pv@pierrevaughn.com)